**Lessons from the Belly of the Fish**

**Jonah 1:17-2:10**

**Recap:**

* **Running from God (Jonah 1:1-3)**
* **The Storm of Disobedience (Jonah 1:4-9)**
* **Wake Up Call (Jonah 1:10-17)**
  + **He attracts attention to our Rebellion (vv. 5, 7-10)**
  + **He brings us to Desperation (vv. 5, 11, 14-16)**
  + **He reveals Himself (vv. 4, 16-17)**

**Introduction**

* **Jonah 1:17-2:10**
* **Jonah’s Disobedience, The Storm and Being Swallowed by the Great Fish**
* **Throughout the story you see God’s Sovereignty and Grace even in Jonah’s disobedience**
* **Today we will see a journey from Rebellion to Redemption**

1. **Jonah’s Desperate Situation (v. 17)**
   1. **God provides the fish as both discipline and salvation.**
   2. **Jonah is trapped, symbolizing the consequences of disobedience.**
2. **Jonah’s Prayer of Repentance (vv. 1-7)**
   1. **Jonah prays from inside the fish, acknowledging God’s justice.**
   2. **He reflects on his distress and the depths of his despair.**
   3. **He recognizes God’s Mercy- “When my life was fainting away, I remembered the LORD, and my prayer came to you, into your holy temple (Jonah 2:7)**
3. **Jonah’s Renewal of Commitment (vv. 8-9)**
   1. **Contrasting idols to God’s faithfulness**
   2. **Jonah commits to obey God- “Salvation belongs to the Lord!” (Jonah 2:9)**
4. **God’s Deliverance (v. 10)**
   1. **The fish vomits Jonah onto dry land.**
   2. **A fresh start-God’s plan continues despite Jonah’s past failure.**

**Conclusion/Application**

1. **In Your Distress call out to the Lord.**
2. **God listens desperate prayers of desperate people in the circumstances of their own making.**
   1. **Psalm 145:18-19: The LORD is near to all who call on him, to all who call on him in truth. He fulfills the desire of those who fear him; he also hears their cry and saves them.**
   2. **Lamentations 3:22-23: The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.**
3. **God know discipline must be thorough to ensure we never run again.**

* **Jonah’s story teaches us about repentance, second chances and God’s relentless pursuit.**
* **Challenge listeners to consider their own obedience and trust in God’s mercy.**