**A Meal with Jesus Series**

**Just Say No**

**Mark 1:29-39**

**Recap:**

* **Bad People (Luke 5:27-32)**
* **Surprise Guest (Luke 7:36-50)**
* **A Loaded Roster**
  + **Cordially Invited (Wedding Feast vv. 7-11)**
  + **My Invitation List (vv. 12-14)**
  + **God’s Invitation List (vv. 15-24)**
* **Mark 1:29-39**
* **Just Healed a Man in the Synagogue with an Uncleaned Spirit.**
  + **More Scandal. Happen to on the Sabbath.**
* **Healed Peter’s Mother-In-Law**
  + **Happen on the Sabbath.**
* **Thoe Whole City gathered, and He healed many who were sick with various disease and cast out many demons.**
* **And He would not permit the demons to speak, because they knew him.**
  + **He did not wish that the truth should proceed from unclean mouth-Athanasius.**
  + **Timing** 
    - **More difficult for Jesus to minister to individuals.**
    - **Enemies: He knew the ultimate revelation of who He was as God’s son would lead to his death.**
  + **Avoid Political Uprising.**
* **He took time to pray!!**

**Application:**

1. **Ability to Say No sets Boundaries (vv. 29-34)**
2. **Ability to say No allows us to Prioritize Needs and Values (vv. 35-39)**

**Saying No can be the best thing we ever do. But we must be careful.**

**What you say Yes to your saying No to something. What you say No to you are saying Yes to something.**