**God’s Design for the Church (1 Timothy)**

**Discipline Matters (1 Timothy 4:6-11)**

**Recap**

* **Finish Chapter 1**
* **Finish Chapter 2**
* **Finish Chapter 3**
* **Danger Ahead (1 Timothy 4:1-5)**
  + **The Danger Apostasy or Falling Away**
  + **The Danger of Spiritual Warfare and Deceitful**
  + **The Solution: Perspective for Perseverance**
* **1 Timothy 4:6-11**
* **For us to become Discipline, we must train. Like an athlete or if you ever worked out you must stay disciplined to get ready for an event or get the results you want. But that takes training, may not be as much as physical training, but psychological training.**
* **To be spiritually disciplined, we must train as well. Today let us look at the training we need to become spiritually disciplined.**

1. **Train yourself to speak and follow boldly (v. 6a)**
   1. **“If you put these things before the brother, you will be a good servant of Christ Jesus,”**
   2. **Leaders of the church need to speak boldly, but all of us should follow leaders who speak the truth boldly.**
   3. **Do not let fear be a driving factor in life.**
   4. **Why does fear drive us?**
      1. **We fear people’s opinions.**
      2. **We fear we are not smart enough.**
      3. **We fear negative consequences.**
2. **Train up your Faith and Doctrine (v. 6b)**
   1. **“being trained in the words of faith and of the good doctrine that you have followed.”**
   2. **Train up the Words of Faith (The Gospel)**
      1. **We are Sinners.**
      2. **We have separation from God.**
      3. **Jesus becomes a baby, lives a perfect life, and goes to calvary to die for me and you and his resurrection on the third day.**
      4. **One day he is coming back.**
   3. **Train up in Good Doctrine (Understanding God)**
      1. **Reading the Word**
      2. **Prayer**
3. **Train up your Godliness (vv. 7-9)**
   1. **“Having Nothing to do with irreverent, silly myths. Rather train yourself in godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and life to come. The saying is trustworthy and deserving of full acceptance.”**
   2. **Growing has Christians.**
      1. **Reject Falsehood**
      2. **Train in Godliness>Physical**
      3. **Think Bigger Picture**
   3. **Question: Are you training in Godliness?**
      1. **Striving to grow in specific areas**
      2. **Are you sharing your Christian Walk with other Christians?**
      3. **Do you care about or living for your Savior?**
4. **Train Up your Future Hope (v. 10)**

**Conclusion:**

* **Why does it matter?**
* **Eternity is at stake!!!**
* **This alone should discipline us to start training today.**
* **As the Household of God. We should:**
  + **Train ourselves to speak and follow boldly.**
  + **Train ourselves in faith and doctrine**
  + **Train ourselves in Godliness**
  + **Train ourselves in our Future Hope**
* **Training takes discipline. Are you disciplining yourself in the spiritual?**