



The Heart of the Matter Series (Sermon on the Mount)

“Why Worry!” Matthew 6:25-34

Intro:

***Recap**

***Finish Chapter 5**

***Chapter 6**

***Being Discreet (Matthew 6:1-8, 16-18)**

***The Model Prayer (Matthew 6:9-15)**

***Two by Two by Two (Matthew 6:19-24)**

- 1. Two Treasures (vv. 19-21)**
- 2. Two Sets of Eyes (vv. 22-23)**
- 3. Two Masters (v. 24)**

Notes

- I. Worrying about the superficial is unnecessary for you as a Christian (vv. 25-30).**
 - A. Life is more important than food. For the body than clothes (v. 25)**

B. A Lesson from the Birds (vv. 26-27)

- 1. Your Heavenly Father feeds them. Are you not much more valuable than they?**

***Psalm 145:15: The eyes of all look to you in hope: you give them their food as they need it.**

***2 Thessalonians 3:10: Even while we were with you, we gave you this command: “Those unwilling to work will not get to eat.”**

- 2. Worry does not change a thing**

***Psalm 39:4: “Lord remind me how brief my time on earth will be. Remind me that my days are numbered how fleeting my life is.**

***Psalm 139:16: You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.**

C. A lesson from the Flowers (vv. 28-30)

- 1. God clothes the grass of the field. Will he not much more clothe you?**

***Psalm 127:2: It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones.**

- 2. Worrying about the superficial is incompatible to faith.**

Notes:

- II. Worrying about the Superficial is unworthy of you as a Christian (vv. 31-33)**
 - A. The Pagans run after these things.**

B. We are to seek first the Kingdom and Righteousness

C. Your Heavenly Father will provide all these things as well.

***Romans 8:32: Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else?**

***Philippians 4:19: And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.**

Notes

III. Worrying about the Superficial is unproductive for you as a Christian (v. 34)

A. Worry has to do with the future

B. Each day has enough trouble of its own.

***Lamentations 3:22-23: The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning.**

Notes:

Conclusion:

***1 Peter 5:7: Give all your worries and cares to God, for he cares for you.**

***Philippians 4:6-7: Don't worry about anything; instead, pray about everything.**

Tell God what you need and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

***Why Worry? Why Worry about the Superficial? Let's Go to God. And our theme for the new year as we continue to move forward? "Being Rooted in Christ"**

***John 15:5: "Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing.**

***Let's be rooted in Christ, and give our worries and cares to him.**