Central Life



Reflections from the Rocking Chair What a beautiful week it was in Montreat for the Arts and Crafts Week. This is my fourth time attending, and my second time in taking drawing botanicals with colored pencils. The teacher, Stephanie Sipp has a specific method to drawing and it works every time. The fun of it is to choose a subject, then lay it out on the paper in pencil. After you have made sure all the pieces are in place where you want them, you trace the lines with a sepia brown permanent marker. Then you erase all those pencil lines leaving clear outline for your picture. The fun begins with figur-

ing out the colors and blending the colors with the pencils. As I was drawing a picture of knockout roses, I realized that in the roses themselves, there were 9 different shades of red/pink/orange in the flowers. But that is what gave it depth.

Each evening, our conference participants were watching the development of Hurricane Helene on the TV Weather Channel. There were people attending who were from Tallahassee area, and were worried about getting home after the storm. There were others from the Atlanta and Nashville areas who were trying to calculate what they needed to be doing. All of us were more concerned if the storm took a slight move to the east and headed right up for Asheville, which it actually did. So on Wednesday night, the conference leadership and Montreat Staff began informing us that they would be monitoring the storm and make an announcement at breakfast.

On Thursday morning, we were told the conference would be concluded a day early, and the final auction of art items and the show-and-tell time would be at 2 p.m. The Montreat staff encouraged everyone to be heading home no later than 5 p.m. so no one would be in the dark as the heavy rain and winds arrived. The storm looked to be coming right at Asheville area. (Up to that point, we had already had close to 5 inches of rain since Tuesday.) I went on to class and our teacher was unable to leave her home located on one of the mountains for fear she might not get back home. I met with two of the remaining students and we spent the morning drawing, talking, keeping an eye on the Weather channel. We shared about where home was, and plans on leaving.

After lunch and our time of sharing our work with one another, we packed up and headed home. Barbara and I arrived in Bristol at 5:30 and the weather was amazingly calm. Then the bottom fell out of the sky, and the rains fell and the winds blew, and life changed all over our area and over large sections of the Southeast, especially in Asheville, Black Mountain and Montreat. The pictures that were coming in were unbelievable, and yet people were still there. As roads washed out, and trees toppled and power lines broke, we all saw the great devastation. Even in our own area, we had lots of storm damage and power outages. Mostly we were all in shock.

Now the time has come to respond. We can respond in several ways. One very secure and helpful way is through the PCUSA Presbyterian Disaster Assistance program. This group uses 100% of the money donated to a relief situation for those people in need. You can make a donation through the website: https://pda.pcusa.org/situation/hurricane-helene/ or send your gift to Central Presbyterian Church and mark it for Hurricane relief. Then we will send in a large contribution on behalf of our church family. Other options include:

Black Mountain Presbyterian Church is providing shelter, meals, showers and basic needs for those in that area (https://bmpcnc.org/give 100% goes to hurricane relief).

Montreat Conference Center is seeking to be a site for distributing donations and items to help with clean up and care for those who live there (https://montreat.org/ and click on the Hurricane relief link).

There are all kind of places to make donations, just be sure to know where your gift is going. This is a time for us to help our neighbors in need in the present, but also, we will need to continue our support and care for months (maybe even years). Thank you for your generosity and willingness to share with those who have lost so much.

Grace and Peace,

Ann



SOWING THE SEEDS OF PEACE.

ZECHARIAH 8:12

Our gifts to the Peace & Global Witness Offering on **Sunday, October 6** are helping our neighbors in need --- those who live next door, down the street, and across the globe.

25%

of this Offering stays with our congregation to support peacemaking and reconciliation in our own community.

25%

of this Offering goes to our mid-council to join with other congregations to support peacemaking work in our region.

50%

of this Offering supports the work being done by Presbyterians across the globe.

WHEN WE ALL DO A LITTLE, IT ADDS UP TO A LOT. THANK YOU! For more information, go to www.pcusa.org/peace-global/

Central Life



October 6

Let Them Come to Me

World Communion Sunday

Mark 10:13-16 Communion will be served and the Hunger Offering collected.

October 13

What is Missing off the Checklist? Mark 10:17-31

Calendar	October 2 - October 23	
Wednesday, October 2	Central Life Delivered	
	1:30 p.m.	Widows' Grief group
	5:30 p.m.	Dinner - Baked Spaghetti, fruit, salad, roll, dessert
	6:00 p.m.	Program - Study of Psalms
	7:00 p.m.	Choir practice
Thursday, October 3	10:00 a.m.	Meals on Wheels delivery
	7:00 p.m.	Christian Education meeting
Sunday, October 6	9:00 a.m.	Adult Sunday School
	10:00 a.m.	Worship in Central Hall - Communion
		Cents-ability offering
	2-4 p.m.	3 Blessing of Animals services
Monday, October 7	7:00 a.m.	Men's Bible study - at Perkins, Exit 7
	4:00 p.m.	Care & Concern meeting
	6:30 p.m.	Mission meeting
Tuesday, October 8	11:00 a.m.	Presbyterian Women Bible study
		(small dining room)
	7:00 p.m.	Gamers meet in Central Hall
Wednesday, October 9	4:00 p.m.	Finance Committee meeting
	5:30 p.m.	Dinner - Deli Sandwiches
	6:00 p.m.	Program - Study of Psalms
	7:00 p.m.	Choir practice in Sanctuary
Saturday, October 12 Tri-Pride Day in Bristol		
Sunday, October 13	9:00 a.m.	Adult Sunday School
	10:00 a.m.	Worship in Sanctuary
	11:00 a.m.	Youth - "Choose to Speak Up"
Monday, October 14	7:00 a.m.	Men's Bible study - at Perkins, Exit 7
Tuesday, October 15	12:00 p.m.	Staff meeting
	7:00 p.m.	Session meeting
Wednesday, October 16	1:30 p.m.	Widows' Grief group
	5:30 p.m.	Dinner - Baked Potatoes, chili & fixings, salad
	6:00 p.m.	Program - Study of Psalms
	7:00 p.m.	Choir practice
Sunday, October 20	9:00 a.m.	Adult Sunday School
	10:00 a.m.	Worship in Čentral Hall
	11:00 a.m.	Youth - bag candy for Halloween on Euclid
Monday, October 21	7:00 a.m.	Men's Bible Study - at Perkins, Exit 7
Wednesday, October 23 Central Life Delivered		elivered
• •	5:30 p.m.	Dinner - Beef Stew with cornbread, salad
	6:00 p.m.	Program - study of Psalms
	7:00 p.m.	Choir practice
	-	-

Sunday, October 6
No Youth - Fall Break!

Sunday, October 13

"Choose to Speak Up" 11:00 a.m. - 12:00 p.m.



Sunday, October 20

Fill candy bags 11:00 a.m. - 12:00 p.m.



To All Presbyterian Women: Monthly Bible Study

Date: Tuesday October 8

Time: 11:00 a.m.

Place: small dining room. Subject: "Land Justice"

The perception "that All the Earth is God's"

- led by Rev. Ann Aichinger

We hope to see you there! Mary Ann Blevins & Thais Sikora, co-chairwomen

We will have a presence this year at the **Tri-Pride event** in Cumberland Park, Bristol, VA on Saturday, October 12, 12:00 - 4:00 p.m. We will have a table with items to give away and information about the church. If you would like to help staff the table, please talk with Ann Aichinger.





Trunk or Treat: October 27, 3:30 - 5:00 p.m. in the church parking lot. It's your chance to wear your favorite Halloween costume and hand out candy to our neighborhood children. Last year, we had about 150 children and families participate. It is a great time to be together and also to connect with our community.

Thursday, October 31: Halloween on Euclid 4-7 p.m. Feel free to wear a costume and come give out candy and information about the church to those who are trick or treating on Euclid Ave. We will have tables set up at the end of the alley with candy and goodies to hand out.



Saturday, November 9: Montreat Day has been cancelled due to Hurricane Helene damage to the area.

Backpack Wednesday night packing night. We have planned to have a group packing time on November 20 at 6:00 p.m. We serve 140 students per week! Make plans now to come for dinner, stay to help!



Candy donations may be placed in the tote near Ann Aichinger's office door. Thank you!





Central Life

Pastoral Concerns:

- * Josie Russell is dealing with some medical tests;
- * Elodie Blevins has walking pneumonia;
- * Barbara Mann's daughter-in-law, Pamela, has been diagnosed with early onset Lewybody dementia;
- * Terri & Larry Surber are at UVA Medical Center;
- * Niki McGrew is at home, recovering after a heart attack;
- * Ken Hale is doing well after his surgery;
- * Caroline Jones had a heart procedure;
- * Nancy Arnold has continuing issues with balance.



Continued Prayers for:

Guy Briggs, Ken Brittle, Randy Broyles, Doris Crabtree, Dick Gordon, Bob and Becky Ingram, Jim and Joan Keith, Heather Kiser, Missy McCord, Woody McGlothlin, Ken Moss, Archer Parsons, Jean Thomason, Ed Updyke, Frances Van Dyke, and Linda Wise.

Prayers for Family Members and Friends:

Wes Ritchie's work-friend, Johann Coetzee; Guy Briggs' daughter, Tracey Patterson; Donnie Spurell's sister, Barbara; Glenn Myers' cousin, Heather; Joy's friend, Ginger; Peggy Callison's son, Orion; Sandy Wilson's aunt, Connie Perry; Doris Hall's aunt, Mildred Rutherford, and Doris' good friend, Becky.

Please call the church office (276-669-3157) with any pastoral concerns, and please feel free to contact Ann Aichinger or any of the Elders through email, Facebook, or by phone.

Barbara Mann donated to the Butterfly Garden in memory of Maxine Howell.

Alice Blanton donated to Healing Hands in memory of Dave Wilson, donated to Backpacks in memory of Bessie Kitts, donated to the Butterfly Garden in memory of Maxine Howell.

Tyler & Jeannie Franklin donated to Presbyterian Disaster Assistance.

Ann Aichinger donated to the Butterfly Garden in memory of Maxine Howell.

Congratulations to Peter and Brianna Morison who were married on Saturday, September 21. Their address is:

17037 Brookwood Dr Bowling Green, VA 22427





Blessing of the Animals - Sunday, October 6 - You may bring your pet with you as long as you have them either on a leash or in a carrier or cage, or you can bring a picture of your pet(s) to be blessed. There will be three opportunities for blessing services at 2:20, 3:00 and 3:40 p.m. Leave any snakes in your vehicle. They may be blessed from afar.

331 Euclid Avenue Bristol, VA 24201 Phone: 276-669-3157 Fax: 276-669-7362

E-mail: office.cpc@bvu.net

How to Keep in Touch:

www.facebook.com/CPCBristol: You do not have to sign-in or log on. Just click "not now" and the site will pop up. Scroll down to find the latest message.

www.CentralPresBristol.org: Click on "View Sermons" then scroll down to see Pastor Ann's videos for each day.

Options for giving to the work and ministry of Central Presbyterian:

You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church 331 Euclid Avenue Bristol, VA 24201-4013

- You can give through your online banking to Central.
- You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- You can TEXT to CentralPres (no spaces and Capital C and P) to 73256. You will be directed to make your donation through Realm.
- Use the QR Code to connect to the website and the "Give Online" link.
- You can give one time, or regularly, through your **Realm Connect** profile.



Presbyterian Church US/

How to contact us:

Ann Aichinger, Pastor ann.cpc@bvu.net

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Newsletter Editor

Kim Profitt, Finance Director finance.cpc@bvu.net

Jeremy Kline, Kitchen Coordinator

Michelle Blankenship, Dir. of APPLE Academy applepreschool@yahoo.com

Nursery Staff

Office Hours:

The current office hours are:

9:00 to 3:00 Monday—Friday

Please call 276-669-3157 for office hour changes and updates.



Serve the Lord with Gladness