



Congratulations to our Graduates!

On Sunday, May 19, we celebrated our graduates as a part of worship. Each of these individuals have accomplished much and have very bright futures. We hope you will celebrate with them and continue to pray for each of them as they are moving into their next stage of life.

From High School:

Callie Eckley from Tennessee High and will be attending University of Tennessee, Knoxville
Ada Ritchie from Tennessee High and will be attending University of Tennessee, Chattanooga
Maddie Harris from Tennessee High and will be attending University of Tennessee, Chattanooga

From College or University:

Claire Morison from Appalachian State with a Masters of Music Therapy and a Masters of Arts in Clinical Mental Health Counseling;
Clark Wilson from Middle Tennessee State University with a degree in Audio Production;
Lindsey Hale from East Tennessee State University with a degree in finance and accounting.
Hannah Mashkin from Ukraine with a teaching certificate in early childhood education

From Seminary:

Victoria Krebs from Union Presbyterian Seminary with a Masters in Christian Education and a Masters of Divinity.

Cents-Ability Offering (formerly known as Five Cents a Meal Offering)

Over the years, as a church family, we have been engaged in helping those who are in need of food. We participate with the Bristol Emergency Food Pantry by offering canned and dry goods as well as financial support. But we also have participated in the PCUSA Hunger program through the Cents-Ability Offering (formerly known as Five Cents a Meal Program). This is an opportunity for everyone of all ages to participate in sharing from our abundance with those who are in need.



Cents-Ability originated in 1976 as Two-Cents-A-Meal, a project begun by Presbyterian Women to involve individuals and families in a corporate response to world hunger. Over the years, presbyteries have developed similar programs entitled Pennies for Hunger, Nickle a Meal, etc. Many of these programs benefit local hunger ministries as well as the national and global projects of the Presbyterian Hunger Program (PHP).

On the first Sundays of the month, there will be blue buckets available for you to drop in your coins and offering. Of course you can give by check or cash or make a gift online for the hunger offering. Cents-Ability is a small step in the battle against hunger and poverty. Everyone is invited to contribute a few cents at every meal. This simple act is an expression of thanks for what we have received. It is also a commitment to share with others in response to Jesus' command "You give them something to eat." You are invited to consider giving at least five cents a meal. If you eat three meals a day for a month, that totals \$4.50. For a family of four that would be \$18 for a month. These small acts of faithfulness can add up. By doing this as a church family we can make a difference. This is an opportunity for us all to remember and give thanks for all that God has given us. So make a plan now to share with those in need by giving monthly to the Hunger Offering, and let's make a difference in our world---together.



May 26:	Life in the Spirit: Children of God	Isaiah 6:1-8; Romans 8:12-17
June 2:	Sharing Good News: Welcome	Ruth
June 9:	Sharing Good News: Prayer	Acts 3:1-10; Matthew 6:7-15
June 16:	Sharing Good News: Justice	Acts 6:1-7; Micah 6:8
June 23:	Guest Preacher: Patricia Neel (CLP)	
June 30:	Sharing Good News: Teaching	Matt 28:16-20; 2 Timothy 3:16-17

Thursday, May 23 at 9:00 a.m. will conclude the BackPacks Ministry for this school term. We hope the team will join us at that time for our Thank You packing and party. Y'all have accomplished so much to help feed hungry children in our community this school year. All of the work that goes into purchasing food, getting it delivered, organizing the food into meal plans, packing the bags, and delivering the bags to the different schools has been amazing. A huge pat on the back to all involved.



WE WANT YOU to join us for Sunday School!

The Bible Study Sunday School Class will be starting a new lesson book on June 2. We study the "Standard Lesson Commentary" from the International Sunday School Lesson series. We read how the authors interpret the scripture (usually 10-15 verses) and then we see what different ideas we might have. Upcoming topics include: *Love Completes, Law Falls Short* (from Luke and John), *Faith Triumphs, Law Fails* (from Romans and Galatians), *Christ Frees, Law Enslaves* (from Acts and I Corinthians). Later units are *Faith That Pleases God, Examining Our Faith*, and *Hope in the Lord*.

If you cannot attend every week, don't worry, each lesson stands on its own so that we all can come and go as we are able. Donnie Spurell andCarolynn Anderson are the facilitators, but everyone is encouraged to participate in the discussions. We usually find something enlightening in each lesson. So join us! The class meets in the Parlor (Room 104 on the main floor) at 9:00 a.m. each Sunday. Lesson books are available there. Everyone is welcome.

On May 26, we will have a Service of Remembrance as a part of worship to remember Mary Kay English, Alice Owenby, and Bessie Kitts. We have not been able to celebrate their lives with a service at Central and will do so on this date.



Don't forget...APPLE will be closed for classes the week of May 27 - 31 to prepare for Summer Session.

The office will be closed Monday, May 27 for Memorial Day.



Sunday, May 26

Memorial Day Weekend - no Youth group!

Sunday, June 2

Leave for Montreat! (Senior High)

Thursday, June 27

Just Jump! with the kids

Wednesday, July 17

Leave for Montreat! (Middle School)

Thursday, July 25

Youth and Kids night at the church - dinner, games, and prep for Youth & Kids Sunday

Saturday, August 10

Practice for Youth & Kids Sunday

Sunday, August 11

Youth & Kids Sunday

Saturday, August 24

Picnic in the Park from 9:30 - 2:30 p.m.
Steele Creek Park, Pavilion G



MONTREAT YOUTH CONFERENCE: June 2-8 Planting Peace

It is once again time for our youth to head to Montreat for Conferences. From June 2- June 8 we have three youth and three adults going to the High School Conference: Kiera Hamrick, Becka Reese, and Nikita Mashkin, Josie Russell, Kelly Hamrick and Ann Aichinger. The theme this year is Planting Peace, which is a message our lives and our world needs to hear. So in our week together we will be considering ways to plant peace, to cultivate peace in our lives, in our homes, at school, and in our world. We ask for your prayers as we go, and hope you will look forward to us sharing our learnings as a part of the Youth and Children Sunday Worship on August 11.



Dave Wilson	1	Mark Ellis	18
Ellena Dodson	1	Retta Vance	19
Linda Barker	2	Ann Landis	21
Bob Scott	4	Cheryl Clark	22
Elise Allen	6	Terry Graybeal	23
Stella Kite	6	Patty Caldwell	28
Mike Ellis	10	Kloe Thomas	28
Brian Alderman	16	Barbara Pyle	29
Alisa Harris	17		



The Session met on Tuesday, May 21 for our regular monthly meeting. Linda Waldron shared the opening Devotion and prayer, and the members of session shared an experience of kindness extended to them. John Dodge and Ann Aichinger reported on the Abingdon Presbytery meeting in May and the changes that are coming to the Board of Pensions plan. There was not a quorum, so no action was taken, but reports were given and there was some discussion.

Ann Aichinger presented the pastor's report and highlighted upcoming events. She proposed that we consider working with Cause Inspired to participate in the Google Ad Grant program. She reviewed the calendar through mid-June.

Lemonade in the Shade will start on June 2 and different committees are scheduled through July to host those opportunities.

After sharing the pastoral concerns, Patty Caldwell closed the meeting with prayer.

Sharing Good News

In Scripture, we are called to rejoice with one another. So we invite you to share your good news with the church family. Maybe you have had a promotion or gotten a new job? Maybe there's a new baby in your family, or your child was given an award or had an accomplishment? This is not about boasting, but about sharing so that we can rejoice with one another and celebrate life together. So if you have something to share, send it in to the church office (office.cpc@bvunet or call 276-669-3157) so we can include it in upcoming newsletters.

Pastoral Concerns:

Frances Van Dyke is having follow up appointments;

Valerie Coker cut her hand badly;

Larry Surber is in the hospital recovering from a bad fall where he broke his leg in two places. He will be in Rehab facility for 10 weeks.

Archer Parsons fell and broken one ankle and fractured the other; no surgery needed, but will be off her feet for 6-8 weeks;

Thais Sikora is struggling with breathing issues and has been in the hospital this last week;

Dick Gordon has fallen several times;

Dave Wilson is going to Cleveland Clinic this week for tests and procedures;

Vicki Myers is slowly improving in her health;

Andrew Clark is dealing with cancer treatment for a mass in his leg;

Woody McGlothlin has been taken off the transplant list due to change in his numbers and condition;

Maxine Howell has returned to Bristol, Tennessee;

Ken Brittle has been in the hospital; no visitors.



Continued Prayers for:

Randy Broyles, Doris Crabtree, Tyler Franklin, Bob and Becky Ingram, Jim and Joan Keith, Heather Kiser, Missy McCord, Woody McGlothlin, Niki McGrew, Jean Thomason, Ed Updyke, Frances Van Dyke, and Linda Wise.

Prayers for Family Members and Friends:

Donald Tadlock, brother of Marvin Tadlock, has heart and lung problems that are difficult to treat because of his liver transplant; Christy Blevins' father, Roger McGhee; Peggy Callison's son, Orion; Sandy Wilson's husband, Dave, is now having dialysis at home; Sandy Wilson's aunt, Connie Perry and her uncle, Junior who are dealing with health issues; Doris Hall's aunt, Mildred Rutherford; Josie Russell's cousin Carey Jo Davis who is cancer free; Mike Ellis' cousin's son; friend of Paige Thompson, Eric Martin who is dealing with brain cancer, and whose wife is pregnant.

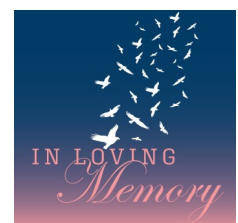
Please call the church office (276-669-3157) with any pastoral concerns, and please feel free to contact Ann Aichinger or any of the Elders through email, Facebook, or by phone.



Attention to all!!!! Flat Jesus wants to travel or just “be” with you as you go through your day. Flat Jesus is ready to join you. **Anyone may pick up a Flat Jesus.** Take pictures of your Flat Jesus on your adventures. Tell the stories of who he's met and where you've been. Flat Jesus loves to garden, go fishing, travel, meet new people, have meals with you, meet your pets, wash your car (but he doesn't like to get too wet), go to church, pick out veggies and goodies at Farmer's Markets, watch your favorite television shows with you...the list is endless where Flat Jesus may be found.

Where will we find Flat Jesus this Summer? Send pictures and stories to josieannrussell@gmail.com.

Presbyterian Women made a donation to Backpack Ministry in memory of Thais Sikora's brother, Emil George.



Calendar

May 22 - June 5

Wednesday, May 22	Central Life Delivered	
Thursday, May 23	9:00 a.m.	Backpack final packing & thank you party
Friday, May 24	9:00 a.m.	Gamers - at Caldwell's
	12:00 p.m.	Office closed
Sunday, May 26	9:00 a.m.	Adult Sunday School
	10:00 a.m.	Worship in Sanctuary -Service of Remembrance
	11:00 a.m.	Healing Service
	3:00 p.m.	MECCA HYE Bon Voyage Concert in Sanctuary
Monday, May 27	Office Closed	
	APPLE Closed all week	
	7:00 a.m.	Men's Bible Study - at the church (Central Hall)
Wednesday, May 29	1:30 p.m.	Widows' Grief Group
Sunday, June 2	9:00 a.m.	Adult Sunday School
	10:00 a.m.	Worship in Central Hall - Communion
	11:00 a.m.	Lemonade in the Shade - Admin Committee
	1:30 p.m.	Youth Leave for Montreat
Monday, June 3	7:00 a.m.	Men's Bible Study - Perkins, Exit 7
	4:00 p.m.	Care & Concern committee meeting
Wednesday, June 5	Central Life Delivered	
	1:30 p.m.	Widows' Grief Group
	7:00 p.m.	Choir Rehearsal
Thursday, June 6	9:00 a.m.	Meals on Wheels

MECCA HYE Bon Voyage Concert is scheduled on May 26 at 3:00 p.m. in the Sanctuary. HYE choir will be traveling to France for their "Allied Voices Tour," named partly due to the name of their specially-commissioned piece, *The Day of Allied Voices*, and partly because they are collaborating with two French choirs while there. They will be traveling with thirty-three choir members, including several alumni, and will feature concerts in:

- The American Cemetery
- Cathedral de Saint Julien de Tours
- L'eglise de la Madeleine
- Rouen Cathedral
- St. Aubin-sur-mer
- Saint Pierre du Mont Saint Michel.



Save the date...We're having our **Picnic in the Park** on August 24 at Steele Creek Park, Pavilion G from 9:30 a.m. until 2:30 p.m. (Donnie, you don't have to walk in...you can actually drive all the way to the picnic site!) More information will be forthcoming.

ANOTHER Save the date! Allen Harris and Angel Anderson are getting married! July 27, 4:30 p.m. in the Sanctuary. All are invited to their wedding.

May 22, 2024

Central Life



Healing Hands Health

In partnership with



ETSU Health
QUILLEN COLLEGE OF MEDICINE



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COMMUNITY PROGRAMS**
Quillen College of Medicine
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23 & 24
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CARE OFFERED

- **Medical Exam** (Includes blood pressure check, blood sugar check, and labs)
- **Mental Health Screenings/Consults**
- **EKGs**
- **Mammograms (Friday May 24th only)**- Patients must email Suzanna.Hale@balladhealth.org to schedule their mammogram appointment

Complimentary meal and giveaway opportunities for attendees!



245 Midway Medical Park Bristol, TN 37620



www.healinghandshealth.org

Late note from Healing Hands...Chest X-Rays are also available. You need to make an appointment for an X-Ray.

331 Euclid Avenue
Bristol, VA 24201
Phone: 276-669-3157
Fax: 276-669-7362
E-mail: office.cpc@bvumet.edu

How to Keep in Touch:

www.facebook.com/CPCBristol: You do not have to sign-in or log on. Just click “not now” and the site will pop up. Scroll down to find the latest message.

www.CentralPresBristol.org: Click on “View Sermons” then scroll down to see Pastor Ann’s videos for each day.

Options for giving to the work and ministry of Central Presbyterian:

- * You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church
331 Euclid Avenue
Bristol, VA 24201-4013

- * You can give through your online banking to Central.
- * You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- * You can TEXT to **CentralPres** (no spaces and Capital C and P) to **73256**. You will be directed to make your donation through Realm.
- * Use the QR Code to connect to the website and the “Give Online” link.
- * You can give one time, or regularly, through your **Realm Connect** profile.



How to contact us:

Ann Aichinger, Pastor	ann.cpc@bvumet.edu
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Michelle Blankenship, Dir. of APPLE Academy	applepreschool@yahoo.com
Kyndall Bradley, Nursery Staff	

Office Hours:

The current office hours are:

9:00 to 3:00 Monday—Friday

Please call 276-669-3157 for office hour changes and updates.



Serve the Lord with Gladness