

*Central Presbyterian Church
January 18, 2023*



Sunday, January 29, 10:00 A.M. 5th Sunday Unity Service in Central Hall

Central Presbyterian has gathered for one worship service
on 5th Sundays in the year.

This affords us the opportunity to be together to worship God.

We hope you can join us!

We will have refreshments available as well.

**Following worship, there will be a congregational conversation
with the Renewal Team to discuss
what the Sabbatical/Renewal time is all about
and what will happen in 2024.**

Let's Go to Lunch—January 29



Sunday, January 29, 11:45 a.m. **Southern Craft Bar-B-Que, Bristol, VA**

This is a great time to get together with others from the church as well as invite friends to join us for lunch and fellowship. We have reserved a table for our group and would like to know if you are planning to join us. Please sign up on the welcome desk at worship or you can call the church office to put your name on the list (276-669-3157).

SOUPER BOWL OF CARING 2023

JANUARY 1 - FEBRUARY 12

January Souper Bowl of Caring Food Collection Challenge

During the month of January until February 12, Central Presbyterian Church will be engaged in a six week Souper Bowl food and money collection



challenge to support the Bristol Emergency Food Pantry. This year we are inviting the whole congregation to work together to meet the **goal of 5,000 food items and/or dollars**. Each food item counts as \$1 toward the goal. Sheree Taylor will be encouraging everyone to participate.

There will be Food Pantry Barrels in the entry area, and blue buckets for your monetary gifts at the doors to worship areas. We will keep the donation amount posted for all to see. Then on Sunday, February 12 (Souper Bowl Sunday), we will conclude our formal collection. But we hope that this will encourage us all to continue to contribute to the Food Pantry as they help so many in our local area who have food insecurity issues.

Though our efforts will be within our church family, the real winner will be Bristol Emergency Food pantry. This is something every one of every age and ability can participate in. Let's make a difference, and continue to be about the work of Christmas (caring for the needy, feeding the hungry, and welcoming the stranger).

Items needed: (PLEASE no glass jars or containers)

Most Needed Items are marked with an " * "

- Pancake and muffin mix that **only require water** * Spaghetti sauce (no glass jars)
- Canned soups * Canned meat (tuna, ham, chicken, beef stew)
- Canned pasta meals (ravioli, spaghetti, etc.) * Canned fruit (no fruit cups)
- Dry Rice or Pasta * Peanut Butter and Jelly
- Canned vegetables (no green beans or corn) * Cat and Dog Food (Canned &/or Dry)
- Canned pork and beans, or pinto beans * Macaroni and cheese (preferably not needing milk or butter)
- Instant mashed potatoes (plain or flavored) * Cereal (hot and cold)
- Pantry staples (small containers of flour, salt, pepper, oil, Catsup, etc.)

PLEASE DO NOT BRING RAMEN NOODLES!

If you have any questions, please talk to Sheree Taylor or Ann Aichinger.

Let's work together to meet the GOAL!!!

We currently have collected 563 food items and dollars as of Jan 15, 2023. GO TEAM CENTRAL !!!!

For more information about the Souper Bowl of Caring, see the website: <https://tacklehunger.org>



SM Mark Your Calendar and join us on February 12

On **Sunday, February 12**, we will have one worship service at 10 a.m. in the Sanctuary, and then gather for a soup lunch in Central Hall. *Everyone is invited to bring either a pot of soup, or salad, or sandwiches or dessert to share.* We will get our final total for our food challenge.

Also at the lunch time, there will be an opportunity to ask questions about the Renewal grant and process to the Renewal team and Ann Aichinger.



Central Life

Join us for: Wednesday Night Fellowship and Program 5:30 P.M. Dinner/ 6:10 P.M. Program

January 18	Building Congregational Vitality	Dinner: Chicken Casserole
January 25	Game Night	Dinner: Tacos
February 1	Stump the Pastor (Plus)	
February 8	Dismantling Systemic Racism	
February 15	Eradicating Systemic Poverty	

* Our children and youth will have their gatherings, and there will be a nursery available during these times *

ATTENTION GAMERS

The Centralite Gamers will begin meeting next week.

Regular meetings will be on the second Tuesday at 7:00 PM in Central Hall and on the fourth Friday at 9:00 A.M. at the home of Patty & Tommy Caldwell (13 Harrow, Bristol, TN 37620).

That makes the first meeting on Friday, Jan. 27 (9:00 A.M. at the Caldwell's).

Since the second Tuesday in Feb. is Valentine's Day, that week's meeting will be on Monday, Feb 13 (7:00 P.M. in Central Hall).

The meetings will last between two & three hours depending on when we get finished with the games. Please be on time as you may have to wait and watch if games are already in progress when you arrive. An **RSVP to Tommy Caldwell (423-366-5165 or Tom.Caldwell@Charter.net)** would be helpful but is not required.

A Christmas Thank-You from the Worship Committee

The church was beautiful this past Advent and Christmas season with the wreaths, trees, window decorations, poinsettias, and Advent wreaths. There are so many people who help make it that way each year. There is a dedicated crew who gets all the decorations out and sets everything up in a timely way.

After Epiphany this year, the call went out for helpers to take down the decorations and trees. And members and friends leaped up to answer that call. Thank you so much for everyone who stayed after worship on Jan. 8 to undecorate and store everything. And special thanks to those who took down the Chrismon trees and stored them for next year - that's always a big job.

We appreciate you all!



Winter Weather reminder:

When we have snow or ice on Saturday night or Sunday morning, the church family is reminded to please check emails, Facebook, texts for updates concerning Sunday activities. We want everyone to be safe this winter. We will do our best to have it as a part of the WCYB schedule changes as needed.

Save the Dates:

Let's Go to Lunch:

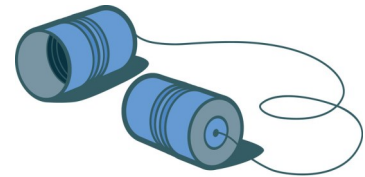
Sunday, February 26 at Bella's, Bristol, VA

Sunday, March 26 at Drake's at the Pinnacle

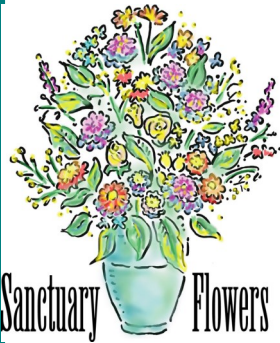
Sunday, April 23 at Buddy's Bar-be-que at the Pinnacle

Sunday, May 21 at 123 Tex Mex at Linden Square (buffet)

Menu will be posted on bulletin board outside of the Church Office prior to the Lunch Date.



Spread the Word



The **2023 Flower Calendar** is now posted outside the church office. If you would like to place a flower arrangement in the Sanctuary or in Central Hall as a part of worship, you may do so by:

- ⇒ Reserving your desired date on the flower calendar;
- ⇒ Speak with Brenda Lester who will place your order with the local florist;

Arrangements start at \$75.00 if ordered through the church and you may request certain colors or flowers to be included in the arrangement.

Thank you in advance for your offering of beautiful flowers to enhance our worship space.



Abingdon Presbytery will be having their quarterly meeting, **at Central**
Thursday, February 9.

We will be hosting representatives from the other PCUSA churches and welcoming them to our church.

We will need those willing to help with parking (8:30-9:30 a.m.), welcoming in the entry area (9-9:45 a.m.), and with setting up and serving lunch (11:45-12:30).

If you are willing and able, please sign up on the sheet in the office or call the church office (276-669-3157).

Calendar for January 18, 2023 - February 7, 2023

Central Life

Wednesday, January 18	12:00 Noon 1:30 P.M. 4:30 P.M. 5:30 P.M. 7:00 P.M.	Central Life Published Widow's Grief Group Finance Committee Meeting Wednesday Night Dinner and Program Choir Rehearsal
Sunday, January 22	9:00 A.M. 10:00 A.M. 11:00 A.M. 2:00 P.M. 2:00 P.M.	Contemporary Worship—Central Hall Sunday School for all ages Traditional Worship—Sanctuary Youth Group—King Cakes Session Retreat at Church and Stated Meeting
Tuesday, January 24	7:00 P.M.	Thriving Community—Zoom
Wednesday, January 25	5:30 P.M. 7:00 P.M.	Wednesday Night Dinner and Program Choir Rehearsal
Sunday, January 29	10:00 A.M. 11:00 A.M. 11:45 A.M. 2:00 P.M.	Unity Worship Service—Central Hall Congregation Renewal Conversation Let's go to Lunch—Southern Craft Youth Group—Valentines for Veterans
Wednesday, February 1	1:30 P.M. 5:30 P.M. 7:00 P.M.	Widow's Grief Group Wednesday Night Dinner and Program Choir Rehearsal
Thursday, February 2	4:00 P.M. 7:00 P.M.	Care & Concern Committee Christian Education—Zoom
Sunday, February 5	9:00 A.M. 10:00 A.M. 11:00 A.M. 2:00 P.M. 3:00 P.M.	Contemporary Communion Worship— Central Hall Sunday School for all ages Traditional Communion Worship— Sanctuary Youth Group Confirmation Class
Tuesday, February 7	6:00 P.M.	APPLE Committee—Small Dining Room

Ann Aichinger will be away on vacation time in Montreat from Monday, January 23-29.



Rev. Elizabeth Patrick will be preaching on Sunday, Jan 29 for the UNITY SERVICE at 10 A.M. Ann will be back to play in the band and be a part of the Renewal Conversation after worship. She will then return to Montreat Sunday afternoon to attend the Matthew 25 Conference until Wednesday, February 1, at noon.



Youth Schedule

Wednesday, January 18

5:30 p.m.-7:00 p.m.

Dinner: Chicken Casserole and activities

Sunday, January 22

2:00 p.m.-3:30 p.m.

King Cakes and lesson

Wednesday, January 25

5:30 p.m.-7:00 p.m.

Dinner: Tacos and game night

Sunday, January 29

2:00 p.m.-3:30 p.m.

Games and making Valentines for Veterans

Wednesday, February 1

5:30 p.m.-7:00 p.m.

Dinner and then hanging out with the kiddos

Confirmation Class

This year we will be having a confirmation class for those youth and young people who are interested in joining the church.

We will be having a series of classes through March and then have them formally join the church on Easter Sunday at the 9 a.m. worship service.

At this time we have Bella Ritchie, Becka Reese, and Kiera Hamrick in the class. But there are others who are eligible to prepare to become members of the church.

Feel free to reach out to Ann Aichinger or Josie Russell if interested in being a part of the classes. They will be working with them in these classes.

Central Life

It's Time to Reserve Your Spot for Montreat Youth Conference!

Montreat High School Conference

June 4th-10th

You will need to submit a \$150 non-refundable deposit to secure your spot by April 1.

Ages: rising 9th graders through graduated seniors

Here is a little description about the theme:

“What does it mean to experience deep, authentic joy? It can often feel inaccessible or artificial yet opening ourselves up to it provides new possibilities and stretches our boundaries. Join us as we explore the sources and meaning of authentic joy, grounded in the light of God’s love and healing power through worship, music, learning, and of course, play.”

In addition to all the amazing things that the actual conference can offer, youth also get to look forward to: Ann’s yummy cooking, a hike up Lookout Trail with Josie, lots of laughs, ice cream every night during Back Home Group, shopping in Black Mountain, Candlelight by Lake Susan (you have to see it to believe how beautiful it is), new friends, new memories, and a deeper connection with God that you just seem to feel when you enter that iconic Montreat gate. Who’s in?



Congregational Congratulations & Concerns...

Pastoral Concerns:

Susan Campbelle recovering from cataract surgery on 1/18;
Ray Vaughn Cassell, brother of Phyllis Morris, having serious health concerns;
Valerie and Matt Coker as their baby will be delivered on Monday, January 23, in Johnson City;
Ken Moss had a successful surgery this last week and all seems to be going well.

Continued Prayers for:

Randy Broyles, Travis Campbell, Bill Canter, Mike Ellis, Bob and Becky Ingram, Jim & Joan Keith, Jeanne Kiger, Niki McGrew, Alice Owenby, Ed Updyke, Retta Vance, Diana White, Linda Wise.

Prayers for Family members and friends:

Jamie Butcher & her family, with their home restoration; Orion Callison, III (son of Peggy Callison); Roger McGhee (Christy Blevins' father); Connie Perry (Sandy Wilson's aunt); Mildred Rutherford (Doris Hall's) aunt who is in rehab at NHC recovering from a fall and a broken hip and ankle; Roy Smith (Cathy White's father); Eugene Waldron's sister, Joy, with serious health concerns.

Deepest Sympathy for:

William and Mary Wampler, in the death of William's mother, Mary Baker Stuart, on Friday, January 13.
Funeral services were held on January 16, 2023 at Sinking Springs Presbyterian Church, Abingdon, VA.

Please call the church office (276-669-3157) with any pastoral concerns.

Abingdon Presbytery Update from Ann Aichinger:

Abingdon Presbytery met on January 12 by Zoom for the purpose of dealing with the 33 amendments to the Book of Order. The meeting lasted about 90 minutes and all amendments passed in Abingdon Presbytery.

So, to give a bit of explanation as to what this meeting was all about, I want to offer a lesson in Presbyterian Polity (the way we do things in the PCUSA). With any amendments to the Book of Order (our denominational constitution), each of the 166 Presbyteries will vote on these amendments over the next several months. In order for there to be a change in the Book of Order, 2/3 of the Presbyteries (or 59) has to approve them, and then they are brought before the next General Assembly in 2024 for consideration and approval. With a simple majority by the General Assembly, they can be added to the Book of Order.

One major change that is coming to the Book of Order is that the Rules of Discipline (Section D) is being changed to Christian Discipline with some different ways of going about correction and dealing with difficult situations. This was one of the 33 amendments that were proposed. Other changes were in wording or in clarification as well as the addition for paid family leave up to 12 weeks for installed pastors. But we still have some time before these changes take place.

If you have any questions about this process or what else might have happened at this meeting, please talk to Ann Aichinger.



Healing Hands
Health Center

13th Annual



Valentine's Day Fundraiser

Help us Surprise Healthcare Heroes & Seniors
with a delicious cupcake from Blackbird Bakery!

Deliveries to Local Hospitals and Senior Living Communities.

Your donation of \$50 per cupcake will provide quality healthcare for the uninsured in our region.

You may also order & self deliver! Pick up your cupcakes at our J.D. & Lorraine Nicewonder Education Center, 234 Midway Medical Park, Bristol, TN on Tuesday, February 14th between 9 AM and 3 PM. Make your own special delivery! We are no longer able to offer delivery service.

Ordering



Please order online by scanning QR code or go to www.healinghandshealthcenter.org or contact Jodi Kemple at 423-573-4327 or jodi@healinghandshealthcenter.org

Deadline to order:
THURSDAY, FEBRUARY 9th



Sponsors



Blue Stocking Club
Charitable Work for Our Community
United Way Member Agency



February Birthdays



Happy birthday! Happy birthday! Happy birthday! Happy birthday!

Phebe Campbell	2
Todd Pruett	2
Diane Abbey	3
Jerry Otis	4
Cole Lewis	9
Evan Moore	9
Ann Pratt-Proctor	9
Cathy White	9
Valerie Coker	9
Jack Wagner	9
Bob Smith	10
Caitlyn Otis	10
Scott Mercer	10
Lynn Butcher	10
Andrew Clark	12
Kim Pruett	12

Barbara Mann	15
Dick Gordon	16
Lydia Clark	16
Judith Conn	18
Josh Kite	18
Vivian Wycoff	18
Randy Broyles	20
Lauren Eckley	20
Will Wade	21
Rose Van Zyl	25
Vicki Myers	26
Peyton Boyd	28

Happy birthday! Happy birthday! Happy birthday! Happy birthday!

Happy birthday!

Happy birthday!

331 Euclid Avenue
Bristol, VA 24201-4013
Phone: 276-669-3157
Fax: 276-669-7362
E-mail: office.cpc@bvu.net
www.CentralPresBristol.org

CENTRAL LIFE

How to Keep in Touch:

www.facebook.com/CPCBristol: You do not have to sign-in or log on. Just click “not now” and the site will pop up. Scroll down to find the latest message.

www.CentralPresBristol.org: Click on “View Sermons” then scroll down to see Pastor Ann’s videos for each day.

Options for giving to the work and ministry of Central Presbyterian:

- * You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church
331 Euclid Avenue
Bristol, VA 24201-4013



- * You can give through your online banking to Central.
- * You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- * You can TEXT to **CentralPres** (no spaces and Capital C and P) to **73256**. You will be directed to make your donation through Realm.
- * You can give one time, or regularly, through your **Realm Connect** profile.

How to contact us:

Ann Aichinger, Pastor	ann.cpc@bvu.net
Robert Campbelle, Music Director	robertcampbelle@gmail.com
Joy Smith-Briggs, Organist	gvbjovb@btes.tv
Josie Russell, Youth & Young Adult Dir. Social Media Coordinator	josieannrussell@gmail.com
Brenda Lester, Administrative Assistant, Newsletter Editor	office.cpc@bvu.net
Mary Moffatt, Finance Director	finance.cpc@bvu.net
Sumer Lowry, Kitchen Coordinator	sumerlowry83@gmail.com
Michelle Blankenship, Dir. of APPLE Academy	applepreschool@yahoo.com

Office Hours:

The current office hours are:
9:00 to 3:00 Monday—Thursday
9:00 to 12:00 Friday

Please call 276-669-3157 for
office hour changes and updates.

