

*Central Presbyterian Church  
September 21, 2022*

It is time to get back to church community life:  
All are welcome to join us on

# **Sunday, October 2, World Communion Sunday**



For two worship services and  
Sunday school classes for all ages

**9:00 a.m. Worship in Central Hall**

**10:00 a.m. Sunday School for all ages**

**Preschoolers:** Nursery, Room 111

**Elementary:** Upstairs, Room 205

**Adults:**

**Standard Lesson Bible Study:** Parlor

**Contemporary Issues:** Room 100

**The 5 Love Languages:** Small Dining Room



**11:00 a.m. Worship in the Sanctuary**

## Are you speaking in the right “Love Language?” Bible Study

We all know how exhausting these last two years have been for everyone and recognize it may be a good time to practice some self-care and focus on our own wellness. The 5 Love Languages Adult Bible Study will help get you back on track, not only for yourself, but also your relationships with your family and friends.

We will be working through the international bestseller, “The 5 Love Languages,” written by Dr. Gary Chapman, senior associate pastor at Calvary Baptist Church in Winston-Salem, NC. The objective is to identify your “love language” and the type of personal interactions that fill your “love tank” and therefore, enhance your own feelings of happiness and well-being and strengthen relationships with loved ones. This is also applicable to children and helps to ensure you are speaking their “love language” to promote communication.

**Please join us starting Sunday, October 2, at 10:00 a.m. in the Small Dining Room to discover ways to live your best life!**

## Let’s go to Lunch Together: Sunday, September 25



Everyone is welcome to join your church friends at Red Pepper Indian Cuisine for lunch on **Sunday, September 25**, after worship. This is a new Indian restaurant at 215 Gate City Hwy, but has items on the menu that are not spicy. This is a great time for fellowship, conversation, and a time to invite friends to join us.

PHOTOS, PHOTOS, PHOTOS!

WE NEED YOUR PHOTOS!



We ask everyone to please take pictures of any church activities or events and send them to Josie Russell, Social Media Coordinator, to post online. Thanks!

[josieannrussell@gmail.com](mailto:josieannrussell@gmail.com)



Join us for the weekly Wednesday supper and program! **This week, September 21, Ann Aichinger will share highlights from her trip to Europe.** Kids will join their friends for Wednesday Night Kids Club with music and fun activities.

**Menu for Sept. 21:** Italian Night with Spaghetti or Ziti casserole, salad, & dessert

**Menu for Sept. 28:** Mexican Night with Tacos, black beans and rice, salad, & dessert

September 28: Making Blessing and Hygiene Kits

## Peace and Global Witness Offering

The Peace & Global Witness Offering is one of the main offerings that we collect in the year, and offers light to those in the shadows and guides us all into the ways of peace. We will be collecting it on Sunday, October 2, as a part of our observance of World Communion Sunday. We come together to promote the peace of Christ by addressing systems of injustice in our own communities and around the world. Twenty-five percent of this Offering stays with local congregations and 25% with mid councils to unite congregations to support peacemaking in their regions. You can make a gift by check or online at the church website. Please make checks to Central Presbyterian Church Memo: Peace offering.



As we go out into the world in joy and are led forth in peace, we are called to take decisive and bold action for peace. You are invited to be a part of making a difference in our community and world. *Blessed are the peacemakers for they will be called children of God. Matthew 5:9*

## Youth Group

### Football Game Outing

September 23rd

Abingdon High School vs Tennessee High School (at Abingdon)

Game starts at 7:00 p.m. Josie will be at the church at 6:15 p.m. for any youth who need a ride to the game, and for anyone who wants to follow/carpool.

Let's go support our youth who are involved in cheer and band at both schools!

### Youth Group

Wednesday, September 21st

5:30 p.m.-7:00 p.m.

Dinner and hearing from Pastor Ann about her trip

Sunday, September 25th

2:00 p.m.-4:00 p.m.

Lesson about forgiveness, games, and service project planning

Wednesday, September 28th

5:30 p.m.-7:00 p.m.

Dinner and helping assemble blessing bags and hygiene kits

Sunday, October 2nd

2:00 p.m.-4:00 p.m.

Games and movie at the church





Ann will be away **September 25-30** to the Montreat Arts and Crafts Week as a part of her annual Study Leave. Please call the church office with any pastoral concerns.

## Upcoming Sermons...



September 25 (10 am, Sanctuary)

October 2 (9 & 11 am)

October 9 (9 & 11 am)

Have You Noticed?

The Art of Remembering

A Life of Gratitude

Luke 16:19-31

Exodus 12:11-14,

Luke 22:14-20

Luke 17:11-19

## Calendar for September 21 to October 6, 2022



Wednesday, September 21	12:00 Noon 1:30 p.m. 5:30 p.m.	Central Life published Widow's Grief Group Wednesday Night Supper and Ann's Trip Recap
Saturday, September 24	10:00 a.m.	PW Fall Gathering at Fairview Pres. Church
Sunday, September 25	9:00 a.m. 10:00 a.m. 11:30 a.m. 2:00 p.m.	Adult Sunday School Worship - Sanctuary Lunch Bunch at Red Pepper Indian Cuisine Youth Groups
Tuesday, September 27	7:30 p.m.	Sabbatical Dream Team
Wednesday, September 28	5:30 p.m. 7:00 p.m.	Wednesday Night Supper and Activities Sanctuary Choir Rehearsal
Sunday, October 2	9:00 a.m. 10:00 a.m. 11:00 a.m. 2:00 p.m.	Contemporary Worship - Central Hall Sunday School for all ages Traditional Worship - Sanctuary Youth Groups
Monday, October 3		Thriving Communities Team to Montreat, NC
Wednesday, October 5	1:30 p.m. 5:30 p.m. 7:00 p.m.	Widow's Grief Group Wednesday Night Supper and Activities Sanctuary Choir Rehearsal
Thursday, October 6	10:30 a.m. 4:00 a.m.	Meals on Wheels delivery Care and Concern Committee



## Reflections From a Rocking Chair

So what was the best part of your trip to Europe? That is a hard question to answer, because for me, all those places I went in Austria, Germany, Italy (a day trip), and Switzerland, were new places for me with new sights. I was excited to go to Salzburg where *Sound of Music* was filmed. I was wondering what Zurich and the connections with the Reformer Zwingli would teach me. I was wondering about the Passion Play (6 hours in German of the events of Holy Week), and how that would invite me to new reflections on scripture and who Jesus is. As I went by myself, I wondered about connecting with my tour group, but I ended up leading morning singing on the bus. Seeing the gorgeous mountains of the Swiss and Italian Alps as well as the deep valleys where villages and cities were nestled often took my breath away.

This tour was through Educational Opportunities, and was titled Alpine Wonders. I was with a group of 38, and daily we were invited to consider what caused wonder for us. How and where did we see the glory of God in the sights, sounds, and relationships we encountered? I intentionally did not sign up for all the extra excursions, but instead created some free days for myself. I spent Sunday, September 11, at the hotel in Austria by myself, resting, writing and walking in the area. Another day, I ventured with two new friends across the border to Italy for Pizza and gelato. The amazing thing is that we made it back to Austria, even though we had boarded the wrong train.

Travel is one of those things that broadens perspective on life. To see how others live in this world, and to experience the history that goes back over 1200 years allowed me to be grateful for my own history and education as well as to be grateful for my life here in Bristol. The pillows were flat. I melted my curling iron (forgot about converting the electrical power). Tried some different kinds of foods (I'm still not convinced about brussel sprouts and sauerkraut). But I found a new confidence for myself in being able to navigate big cities like Munich and Zurich as well as the quaint villages of Matrei, Austria and Vipiteno, Italy.

But for me travel makes me appreciate home even more: the comfort of my own bed and pillows; to be with friends and my cats; not having to try to figure out a menu in German, or street signs. Home is that place where you can be yourself. Home is a place of rest and welcome. Home is a place where people are glad you are there.

As we are getting things going for the fall, and starting up activities, my hope is that you will make a plan to come and be a part of life at Central. These last two years have been difficult for all of us, and our "normal" routines have been greatly disrupted. This includes our life together as the community of faith at Central Presbyterian. Some have decided to be a part of the online experience with worship and education opportunities. Others have filled the time that once was considered church time with other activities. Plus the month of September brought two busy weekends for our local community which altered our schedules.

The season of autumn is a new time and a chance to reset our lives again. I want to issue an invitation to come home, and be a part of the church community. There are opportunities to grow in our relationships with one another and in our trust and faith in God. Why not invite someone who you miss seeing as a part of the church to join you? If you have not been a part of the church community in a while, you are welcome to come home. Let us welcome one another and rejoice in our time together. Come and reconnect, and be a part of the community of faith. I look forward to seeing you soon.

Grace and peace,

*Ann*

# October Birthdays



Happy birthday! Happy birthday! Happy birthday!

Cindy Hale	1	Doris Crabtree	18
Coleen Wheeler	5	Glen Van Dyke	18
Nelson Pyle	6	Lee Budd	20
Susan Campbelle	6	Becky Ingram	21
Ella Alderman	6	Trish James	21
CJ Lewis	7	Brenda Miller	22
Laraine Williams	8	Charles Rest	22
Quinton Repass	8	Allston Wade	23
Joe Davis	8	Richard Griffin	23
Hoye Vaughn	8	Helen Scott	24
Betty Whitehead	9	Amy Morris	25
Ed Whitehead	9	Danny McInnis	27
Jack Wycoff	10	Maxine Howell	28
Whit Morison	14	Sandi Hendricks	29
Brandon Reese	16	Heather Kiser	30
Blakeleigh Mathes	17	Ralph Davis	31

Happy birthday! Happy birthday! Happy birthday!

Happy birthday!

Happy birthday!

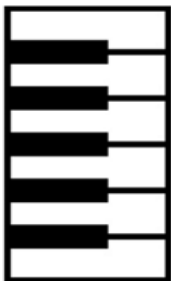
## Session Notes:

The session met on Tuesday, September 20. We shared about our hopes and dreams for Central in the coming years. The session received reports from committees and took action to approve the following items:

- Accepted the resignation of Kevin Lyons as Office Administrator;
- Increase in pay rate for the substitute Secretary. The session thanked Patty Caldwell and Diane Abbey for their service in the office in this transition time. Patty and Diane have agreed to serve in the office for up to 6 weeks until a new staff member is hired (note the change in office hours on page 10);
- The list of Sunday School teachers for the children and adults classes and the curriculum to be used;
- Evangelism Committee is working on some new ways to help connect with the local community;
- Fellowship and Dining reported that a new freezer was purchased to replace the large one in the pantry;
- Stewardship Season will begin on October 16 through Nov. 13, which will be Commitment Sunday;
- The security subcommittee is being re-established and will be getting information out to the congregation;
- The backpack program is seeking to join with Feeding Southwest Virginia in partnership;
- Two worship services will begin again on October 2, and there is a need for a keyboard player for the Praise band;
- John Barker brought a concern about seeking pastoral assistance for Ann Aichinger. A taskforce will be created to consider options;
- Pastoral concerns were expressed for many in our church family.

The next Session meeting will be on October 18 at 7 p.m.

### We are seeking a Piano/Keyboard player for the Contemporary Worship Service



The band rehearses an hour before the worship time, but all the music is distributed earlier in the week. There will be a stipend for the position. If you are able and willing, or know someone who might be interested, please have them contact one of the band members (Josie Russell, Jack Wagner, Jay Hall, Savannah McCord, or Ann Aichinger.)

### We are seeking an Office Administrative Assistant.



The person we had hired did not work out. If you know of anyone who may be interested in this part-time position, please contact Ann Aichinger or Briggs Allen.

Basic responsibilities are office management and being the front desk person of the church, working on documents like bulletins and newsletters, sending out communications, working with the staff on projects, and maintaining the data information for the church. We know that you are our first resource in connecting with those who might be interested in this position. Feel free to pass this on to those you know who might be interested, as well as posting it on your own Facebook page and other places to post positions. Thank you.



*Thank you to everyone at Central Presbyterian for your continued concern with prayers, calls, and cards. I love you all and keep you in my prayers.*

Mark McCord

To my Central friends:

*Thank you so much for the prayers for my son, Rusty. He is about the same and we are grateful for his being able to talk to us and the staff at the nursing home. Your prayers are much appreciated.*

Peggy Callison

*Thanks for Central's wonderful folks who have prayed, visited, brought meals, and called to check on me during my pacemaker surgery and recovery. I am improving, and hope to be back with you at Central sometime soon!*

*Love and Prayers, Joan Keith*

## Gardening Group

Thank you to everyone that has helped with the gardening group this summer. The church looks so much better because of your help. September seems to be a busy month so there doesn't seem to be a good time to schedule a gardening group meeting this month. However, if any of you have ongoing projects or anyone sees something that needs attention, please feel free at your convenience to work on that personal project. We'll try to schedule another group meeting/workday in the near future so stay tuned for future announcements.



## Spread the Word! Healing Hands Health Center is Hosting a Free Fall Health Fair!

The two-day Free Fall Health Fair is open to the public! Everyone is welcome regardless of insurance status! Mark your calendar for Thursday, September 29, and Friday, September 30. The event location is 245 Midway Medical Park, Bristol, Tennessee.

To view the list of services, resources, prizes and giveaways click (or copy & paste) the link below!

Appointments are required. We have a limited number and they fill up quickly so don't delay! Call 423-652-0260 ext. 3 to schedule your appointment.

COVID-19 Vaccine or Omicron booster will be available without an appointment.

Healing Hands Health Center is a charitable health clinic providing medical, dental, eye care, eyeglasses and medications to low-income, uninsured and underinsured residents of Northeast Tennessee and Southwest Virginia. [www.healinghandshealthcenter.org](http://www.healinghandshealthcenter.org)

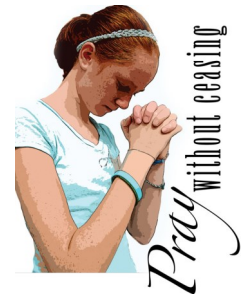
[https://lp.constantcontactpages.com/cu/azGsgx3/fallhealthfair?source\\_id=24f55a1f-2258-47cf-806b-a2d009bfd634&source\\_type=em&c=8hJFm5J9sK7Lpwe59Jfb13qy5XpwbgXfQSenUbLnoyheXLi7H6-Rng==](https://lp.constantcontactpages.com/cu/azGsgx3/fallhealthfair?source_id=24f55a1f-2258-47cf-806b-a2d009bfd634&source_type=em&c=8hJFm5J9sK7Lpwe59Jfb13qy5XpwbgXfQSenUbLnoyheXLi7H6-Rng==)



Note: Names will be on the prayer list for one month, unless otherwise requested. Please help us keep this list up to date and accurate by contacting the church office to add or remove names from this list. Thank you!

### Pastoral Concerns:

- ◆ Bob Ingram continues his recovery after a broken leg;
- ◆ Ken Moss will have surgery on October 14;
- ◆ Mark McCord is at home with home health & rehab after his heart surgery;
- ◆ Tim Landis, is doing okay after an episode with his heart;
- ◆ Robert Campbelle has completed his radiation treatments;
- ◆ Niki McGrew continues to deal with her health concerns.



### Continued Prayers for:

Randy Broyles, Bob & Becky Ingram, Bessie Kitts, Alice Owenby, Ed Updyke, Allen & Retta Vance, Linda Wise.

### Prayers for Family Members and Friends:

Paul Cox (Jean Thomason's brother), is now in hospice care; Jane Davis Copenhaver, (Bobby Davis' sister) after knee surgery; Roy Smith (Cathy White's father); Roger McGhee (Christy Blevins' father) as he deals with some health concerns; Glenda Leonard (friend of Missy McCord); Kellen Napier Napier (7 month old with cancer); Connie Perry, (Sandy Wilson's aunt, who has cancer); Jamie Butcher and family (dealing with restoring their home after a fire); Orion Callison, III (son of Peggy Callison).

Please call the church office (276-669-3157) with any pastoral concerns.

## Sympathy to...

Tal McBride and family on the death of his father, Henry "Mac" McBride, on August 25, in Harrisonburg, VA;

Tim Ferguson and family in death of his sister, Elizabeth "Libby" Brown, on August 31, in Kingsport;

Sarah Poore and family on the death of her father, Jim Poore, on Sept. 3, in Bristol, TN (Sarah's address is 4720 Sussex Ct, Apt. H, Roanoke, VA 24018);

Ken Hale and family on the death of his mother, Lorraine "Roxie" Hale, on Sept. 17, in Bristol, TN.

## Memorials...

To the Backpack Ministry for Debbie Taylor by Eugene & Linda Waldron.



Don't forget that the 1st Sunday of each month, when we have communion, we also receive the 5 cents a meal offering. This goes to help hungry people locally, nationally, and globally through the PCUSA. Our own Backpack program has received much needed funds from Abingdon Presbytery through a 5 cents a meal grant.

331 Euclid Avenue  
Bristol, VA 24201-4013  
Phone: 276-669-3157  
Fax: 276-669-7362  
E-mail: [office.cpc@bvuv.net](mailto:office.cpc@bvuv.net)  
[www.CentralPresBristol.org](http://www.CentralPresBristol.org)

# CENTRAL LIFE

## How to Keep in Touch:

**[www.facebook.com/CPCBristol](https://www.facebook.com/CPCBristol)**: You do not have to sign-in or log on. Just click “not now” and the site will pop up. Scroll down to find the latest message.

**[www.CentralPresBristol.org](http://www.CentralPresBristol.org)**: Click on “View Sermons” then scroll down to see Pastor Ann’s videos for each day.

### Options for giving to the work and ministry of Central Presbyterian:

- \* You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church  
331 Euclid Avenue  
Bristol, VA 24201-4013

- \* You can give through your online banking to Central.
- \* You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- \* You can TEXT to **CentralPres** (no spaces and Capital C and P) to **73256**. You will be directed to make your donation through Realm.
- \* You can give one time, or regularly, through your **Realm Connect** profile.



### How to contact us:

Ann Aichinger, Pastor	<a href="mailto:ann.cpc@bvuv.net">ann.cpc@bvuv.net</a>
Robert Campbelle, Music Director	<a href="mailto:robertcampbelle@gmail.com">robertcampbelle@gmail.com</a>
Joy Smith-Briggs, Organist	<a href="mailto:gvbjoyb@btes.tv">gvbjoyb@btes.tv</a>
Josie Russell, Youth & Young Adult Dir. Social Media Coordinator	<a href="mailto:josieannrussell@gmail.com">josieannrussell@gmail.com</a>
Administrative Assistant, Newsletter Editor	<a href="mailto:office.cpc@bvuv.net">office.cpc@bvuv.net</a>
Mary Moffatt, Finance Director	<a href="mailto:finance.cpc@bvuv.net">finance.cpc@bvuv.net</a>
Sumer Lowry, Kitchen Coordinator	<a href="mailto:sumerlowry83@gmail.com">sumerlowry83@gmail.com</a>
Michelle Blankenship Dir. of APPLE Academy	<a href="mailto:applepreschool@yahoo.com">applepreschool@yahoo.com</a>

OFFICE HOURS: 9:00 a.m. to 2:30 p.m. Monday - Friday.

### Office Hours:

The current office hours are:  
9:00 to 12:00 Monday & Friday,  
9:30 to 2:30 Tuesday & Thursday,  
11:00 to 4:00 Wednesday.  
Please call 276-669-3157 for  
office hour changes and updates.

