

Central Presbyterian Church
October 6, 2021



Reflections From a Rocking Chair

This past week, I spent 5 days at the Creative Arts Workshop in Montreat. It was a conference delayed from last year due to COVID. There were 8 different areas of creativity explored: stained glass, dulcimer making, basket weaving, textile dyeing, metal jewelry, photography, pottery and creative writing. I chose to explore my creative side in creative writing.

Each morning our class of writers would gather, and our instructor would have us write on various themes and prompts. Basically, she was getting us to think quickly and jot down our thoughts. One exercise was to write on an experience with ice cream. But before we wrote, she had us list 40-50 words that we might use in our writing. On the list were things like creamy, cold, gooey, melted, cone, sprinkles, churn. Then she said that our writing could not include any of these words (including ice cream) as we shared our experiences! It meant that I had to rethink how to describe ice cream in new words rather than the usual words. I came up with my story, as did everyone else, but it sparked in me a reminder that it is easier to go with the familiar rather than seek the unexpected way, or word, or experience.

As we are moving into autumn, we are starting to see some of the changes around us in nature: colors of trees, leaves beginning to fall, evening darkness creeps in earlier, and cooler breezes are whispering the changes of the coming season. I love autumn with the oranges and yellows, and the cooler days and nights. Every day as I drive home or am out and about, I have noticed new decorations being put up, whether for Halloween or harvest season, and even a few Christmas reminders! But I have had to slow down and be willing to pay attention to these changes around me, otherwise I would just pass them by without another thought.

Our lives are filled with the ordinary. Our routines of each day have a specific rhythm. Our conversations have ordinariness about them as well where we talk about the same topics or issues. And yet the people we are with, the places we go to like work or school offers an opportunity to see and experience the extraordinary. It is a matter of us paying attention in a new way, or traveling a different road, or asking a different question. To see the tiny flowers blooming while out for a walk. To hear the sound of a different bird as it migrates through. To smell a neighbor's fire pit in the evening, which is different than in the summer. To taste the warmth of hot tea or a fresh spiced muffin. It takes intentional awareness to see the extraordinary in the ordinary parts of life.

Jesus saw the extraordinary in the ordinary. He paid attention to the least noticeable people: a blind man on the side of the road, a woman at the well in the heat of the day, a man sitting in a tree. Jesus was one to point out to us in his teachings the ordinary things that would point to the extraordinary things of God's kingdom with such things as the birds of the sky, the seeds sown on different soils, or a fig tree that didn't bear fruit. Jesus was one who didn't want his followers, including us, to just go through life expecting the ordinary and normal. Instead, his way is actually an invitation to look, to smell, to taste, to feel the extraordinary of normal life.

So as we have begun a new month and a new season, I invite you to pay attention to the extraordinary in your life. To notice that which seems to be insignificant and the people who are ignored or unseen. I believe that in being intentional in seeing the extraordinary around us, we actually will see the hand of God at work and glimpses of God's kingdom in our midst. Keep watching for those incredible, wonderful gifts all around us.

*Grace and peace,
Ann*

Congregational Joys and Concerns...

At Home: Bob and Becky Ingram and Bessie Kitts.

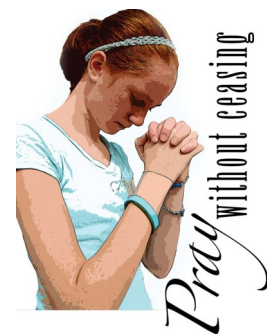
At Brookdale Bristol: Carol Duhaime, Jean Thomason, and Mary Kay English.

At Dominion Senior Care: Hugh and Linda Wise

At Oakmont: Allen Vance and Dora Webb

Pastoral Concerns:

- ◆ Maxine Howell, who fell and broke bones in her hands and cracked her forehead and is at home;
- ◆ Doris Crabtree had surgery to reattach her retina today, October 6;
- ◆ Bob and Becky Ingram as Bob continues to deal with serious back pain and breathing issues;
- ◆ Joy Briggs will be having wrist surgery on October 12 and will be out of commission for a few weeks. She has been recording music on the organ to use for worship services when we go back to in-person. She will then be able to simply push a button to play the music.



Continued Prayers for:

Beverly Bosch, Randy Broyles, Travis Campbell, Doris Crabtree, Bob and Becky Ingram, Jim and Joan Keith, Dr. Darlene Litton, Mark McCord, Don Miller, Fred Osborne, Alice Owenby, Jean Thomason, Allen and Retta Vance, Dora Webb, and Rev. Mike Weller.

Prayers for Family Members:

Barbara Mann's brother, Ken in Indiana, is having radiation treatments.

Please call the church office (276-669-3157) with any pastoral concerns, and please feel free to contact Ann Aichinger or any of the Elders through email, Facebook, or by phone.

We Extend Our Christian Sympathy to...

"Blessed are those who die in the Lord; they will rest from their labors and their deeds will follow them."

Revelation 14:13

The family and friends of Ellie Rampe, who passed away September 15, 2021. A memorial service will take place on November 6, 2021 in New York. The family has asked that any memorials/donations be directed to the local Humane Society. Cards may be sent to:

Washington Heights Fire Department
Attn: Todd Graves, Fire Dept. Chief
10 Ohio Place
Middletown, NY 10940

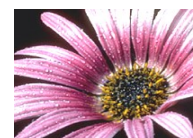
Mike Barnes and family, in the death of Mike's mother, Barbara Barnes who passed away on September 30, 2021 in Bristol.

Memorials...

To the Memorial Fund in Memory of Eugene White, given by Jean Thomason.

Upcoming Sermons...

October 10	What is missing off the Checklist	Mark 10:17-31
October 17	Seeking Glory and Honor	Mark 10:35-45
October 24	Forward in Faith	Mark 10:46-52
October 31	Firm Foundations for Growth	Mark 12:28-34 (Reformation Sunday)
November 7	Faithfully Generous	Mark 12:38-44
November 14	Finishing Strong in Christ	2 Timothy 4:1-8 (Commitment Sunday)



The monthly Presbyterian Women's meeting will be Tuesday, October 12, 2021 at 11:00 a.m. Ann Aichinger will be leading the Bible Study discussion, Lesson #2 on "What My Grandmother's Taught Me". We will be learning from the example of Tamar in Genesis 38. We will meet in-person in the small dining room and on Zoom. There will also be a recording of the study posted to the church website and can be emailed to any who would like to receive it. The Bible Study books are \$10 and are available in the church office. All women are welcome, and we hope you will join us!

For this month's Bible study, you are asked to bring a wedding picture to share. It can be of your wedding or the wedding of a family member or friend. Also, with our **Right Now Media** subscription for the church, there is a video class that looks at the stories of the women in Matthew's genealogy. There are 7 lessons taught by Christy Fay, and the title is *Reclaimed: Uncovering Your Worth*. Ann Aichinger will incorporate some of these into our gatherings. Please look at them at your convenience as well.

Co-Moderators,
Mary Ann Blevins and Thais Sikora



Join PW Bible Study Zoom Meeting

<https://us02web.zoom.us/j/84146926389?pwd=Tyt3ZVZZUzFBZW1IM01WZ0I4OVBmQT09>

Meeting ID: 841 4692 6389

Passcode: 545123



COVID-19 VACCINATIONS AND PFIZER BOOSTER SHOTS

Available at our annual Health Fair!

UPDATE: due to the weather, the vaccination clinic for October 6 and 7 has been moved inside. Please check-in at the upper level and wear a mask.

Through a partnership with Ballad Health's "Take a Shot on Life" initiative and ETSU Quillen College of Medicine, we are offering Pfizer-BioNTech's COVID-19 Vaccinations and Pfizer-BioNTech Booster Shots at our Annual Health Fair at **no charge**. Everyone is welcome regardless of insurance or income status.

When: Wednesday, October 6th and Thursday, October 7th from 9:00 a.m. to 3:00 p.m.

Where: In our parking lot at 245 Midway Medical Park, Bristol, TN (Ballad Van)

No Appointment is Needed

If this is your first COVID-19 Vaccination: Your second shot will be on Thursday, October 28th between 9:00 a.m. to 3:00 p.m.

If you are receiving your Pfizer-BioNTech Booster Shot:

- You are required to bring your COVID-19 vaccination card. Your initial vaccine must have been Pfizer and have been received at least 6 months prior to the date of your booster shot.

- The CDC recommends that certain populations receive a booster shot of the Pfizer-BioNTech's COVID-19 Vaccine at least 6 months after completion of their 2-dose Pfizer-BioNTech vaccine series. See full details [here](#).

Reminders of Upcoming Events...

Central Life



Dr. Maria Liston, an anthropologist from the University of Waterloo in Canada, will deliver a lecture at Central Presbyterian on **Wednesday, October 13, 2021** at 7:00 p.m. We hope that you will join us in welcoming Dr. Liston, and supporting the King College Lecture Series. Please visit Dr. Liston's website for additional information about her work and to access her video lectures.

<https://uwaterloo.ca/anthropology/people-profiles/maria-liston>



The Mountaintop workshop will take place on Saturday, **October 16, 2021 with registration** beginning at 9:00 a.m. at the Royal Oak Presbyterian Church in Marion, VA. The Rev. Dr. Ray Jones, III who is the Director of Theology, Formation & Evangelism (TFE), Presbyterian Mission Agency, PC(USA) will be the main speaker.

You can sign up by contacting the **Presbytery office at 276-378-7688, or email April DiYorio at the Presbytery office at april@abingdonpresbytery.com**. ** Be sure to indicate that you are from Central Presbyterian.

If you would like to have a lunch at the workshop, the cost will be \$5.00 in advance or \$10.00 at the door.

It is hard to believe but the Christmas season is upon us! Where has the year gone...again.

One of the annual events at Central is the creation of our own *Advent Devotional*. Over the years, many people have submitted devotionals, poems, and drawings to be included. And it is now time to begin working on our 2021 *Advent Devotional*.

The theme this year is ***The Gift I Received***. We would enjoy receiving a short story, a poem, a drawing or some thoughts about a significant Christmas gift you received and why it was so meaningful to you. We are asking for 28 submissions from you. We hope that those of you who contributed last year will do so again, and we hope to also receive some new sharing!

If you are interested in writing a brief devotional to share (250 words maximum), please send to Lynn Gilbert at office.cpc@bvu.net. This will ensure that we receive everyone's contribution.

We MUST receive your devotionals no later than Monday, November 1.



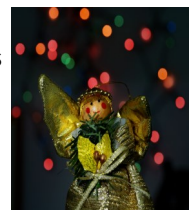


Calendar for October 6 - 20, 2021

Wednesday, October 6	12:00 Noon	Central Life
	5:30-6:00 p.m.	M.S. Zoom
	6:00-6:30 p.m.	H.S. Zoom
Thursday, October 7	9:00 a.m.	Backpacks
	10:30 a.m.	Meals on Wheels
	4:00 p.m.	Care and Concern Committee Meets
	7:00 p.m.	Christian Education Committee Meets
Saturday, October 9	9:00 a.m.-6:00 p.m.	Youth Groups to Montreat
Sunday, October 10	ONLINE Worship	
		NO Youth Group Meetings
Tuesday, October 12	11:00 a.m.	Presbyterian Women Meets (In-person/Zoom)
	6:00 p.m.	APPLE Meeting
Wednesday, October 13	12:00 Noon	Finance Committee Meets
	5:30-6:00 p.m.	M.S. Zoom
	6:00-6:30 p.m.	H.S. Zoom
	7:00 P.m.	Dr. Maria Liston Lecture - King College Series
Thursday, October 14	9:00 a.m.	Backpacks
Saturday, October 16	9:00 a.m.-3:00 p.m.	MOUNTAINTOP Workshop - Marion
	9:00 a.m.-10:30 a.m.	Gardening Groups Meets at Church
Sunday, October 17	ONLINE Worship	
	12:30 p.m.	Worship Committee Meets
	3:00-4:30 p.m.	Middle School Youth - In-person
	4:30-6:00 p.m.	High School Youth - In-person
Tuesday, October 19	12:00 Noon	Staff Meeting
	7:00 p.m.	Session Meeting
Wednesday, October 20	12:00 Noon	Central Life
	7:00 p.m.	Bible Study resumes on Zoom
	5:30-6:00 p.m.	M.S. Zoom
	6:00-6:30 p.m.	H.S. Zoom

Angel Tree...

Central will be a participating partner in the Angel Tree project this year. The program benefits the children of incarcerated inmates. There is no contact with the inmates, and the children are cared for by caregivers who will receive the gifts from your generous donations. There are 20 children this year who are in need of your support. Please call or text Carolyn Anderson at 423-723-4100 if you are interested in participating or have any questions.



Operation Shoebox...



Operation Shoebox project is underway. Carolyn Anderson is the church coordinator this year and she has shoe boxes available here at the church for pickup. If you are unable to pickup a shoebox at the church, please call or text Carolyn at 423-723-4100 to make other arrangements to get a shoebox. A \$9.00 suggested donation to help defray postage costs for the shoeboxes is greatly appreciated.

How to create a Kroger Rewards Account:

1. Create a digital account.

A digital account is needed to participate in Kroger Community Rewards. If you already have a digital account, simply link your Shopper's Card to your account so that all transactions apply toward the organization you choose.

First, go to www.kroger.com: To register your Kroger Plus card, select the "Register" box. Create your account by completing the required information: **email and password**, then select your preferred store. When this is completed you will add your Kroger Plus Card number or your alternate ID (your phone number.)

2. Link your Card to an organization.

Selecting the organization that you wish to support is as simple as updating the Kroger Community Rewards selection on your digital account.

1. Sign in to your digital account.
2. Search for your organization [here](#).
3. Enter the name (or NPO number) of the organization you wish to support.
4. Select the appropriate organization from the list and click "Save".

Your selected organization will also display in the Kroger Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.



If you have any questions, please contact our [Customer Service Center](#).

MEALS ON WHEELS RESCUE...



A couple of weeks ago, Central received a call from Vicki Clark, the city-wide Meals on Wheels coordinator.

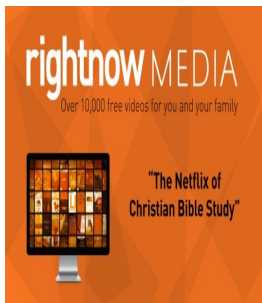
Woodlawn Baptist Church had an outbreak of COVID-19 and they were unable to do their regular Meals on Wheels day and were looking for a church to take their day. Patty Caldwell, Central's MOW coordinator, was contacted to see if Central might be able to help. We then checked with our MOW drivers and decided that "Yes, we can do it." After a trip to Sam's Club, a good meal of chicken salad, potato salad, applesauce, chips, rolls, and cookies was prepared and delivered to the Bristol Meals on Wheels recipients. Everyone involved were happy to be able to jump in and take care of those folks in need.

Even though they could not prepare and deliver the meals themselves, Woodlawn Baptist Church sent a generous donation to Central's Meals on Wheels Fund, and a special thank you goes to them for their generosity.

"There is something so special in the early leaves drifting from the trees—as if we are all to be allowed a chance to peel, to refresh, to start again."

— Ruth Ahmed





RightNow Media...A resource to help you to grow in your Biblical knowledge and faith.

Central Presbyterian Church has renewed our annual subscription to **RightNow Media**, which is like the "Netflix of Video Bible Studies," and has a HUGE library of faith-based videos that you can access whenever and wherever you want—on your phone, iPad, computer, or at home on your TV. Everyone in our church family has access to this extensive, new video library. There are videos for children, youth and adults. There are conferences you can attend. Plus, there are helpful ways to read and understand the Bible.

Currently, the youth are using the Tim Tebow series on "Who are you and finding our identity in Christ." The Presbyterian Women Bible Study will be using the monologues of the women of Matthew's genealogy which is found in the *Reclaimed* series. *The Bible Project* is a great way to get a large overview of the Books of the Bible as well as to see the themes within each book. The Wednesday evening Zoom group will be studying *Psalm 23* using the Matt Chandler videos.

As a church staff and leadership, we're looking for ways to help you develop and strengthen your faith and your knowledge and understanding of the Bible. We believe that **RightNow Media** will be a tool to serve you as you live out your faith at home, at work and in your neighborhood. RightNow Media has videos for everyone—kids, youth, parents, married couples, college students, single adults, working professionals—all aimed at helping you grow.

You should have an invitation in your email about accessing this wonderful resource. If you cannot find it, please let the church office know and we will resend that invitation. If you have family members or friends that you want included, please send their name and email address to the church office so they can receive an invitation. This is a gift that keeps on giving, and we can be strengthened in our faith and grow in our Biblical knowledge.



Wednesday Night Bible Study: beginning October 20, 7-8 p.m. by Zoom

As we continue to deal with the impact of the pandemic, we still want to have time for Bible study and discussion, as well as some prayer time together. Please join us on Wednesdays, by Zoom, for an in-depth look at Psalm 23. Most of us are familiar with this Psalm, but do we really know what it means by "his rod and his staff will comfort me?" Or, what is the purpose of the oil anointing my head?

Because we all know this Psalm so well, we often breeze through the words without slowing down long enough to rest in the assurance it offers. In this 5-part series on Psalm 23, pastor Matt Chandler introduces us to the great shepherd, the Lord, who promises to provide for every need of his flock. Though only six verses long, this psalm teaches us profound truths about our loving and protective God. By studying Psalm 23, we'll encounter a life-transforming question: "Do you trust the Lord to care for your needs?"

Zoom invite: (Used for the 5 weeks of this Study)

<https://us02web.zoom.us/j/83868128830?pwd=bnVaeHRVVjFUaCtUaEswa2toRGtvZz09>

Meeting ID: 838 6812 8830 Passcode: 579023

331 Euclid Avenue
Bristol, VA 24201-4013
Phone: 276-669-3157
E-mail: office.cpc@bvumet.net
www.CentralPresBristol.org

CENTRAL LIFE

How to Keep in Touch:

www.facebook.com/CPCBristol: You do not have to sign-in or log on. Just click “not now” and the site will pop up. Scroll down to find the latest message.

www.CentralPresBristol.org: Click on “View Sermons” then scroll down to see Pastor Ann’s videos for each day.

Options for giving to the work and ministry of Central Presbyterian:

- * You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church
331 Euclid Avenue
Bristol, VA 24201-4013

- * You can give through your online banking to Central.
- * You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- * You can TEXT to **CentralPres** (no spaces and Capital C and P) to **73256**. You will be directed to make your donation through Realm.
- * You can give one time, or regularly, through your **Realm Connect** profile.



Reminder: Please continue to send in your pledges and financial support for Central Presbyterian. Although the church building may not be fully operational, the work and ministry is still happening.

How to contact us:

Ann Aichinger, Pastor	ann.cpc@bvumet.net
Robert Campbell, Music Director	robertcampbelle@gmail.com
Joy Smith-Briggs, Organist	gjbjoyb@btes.tv
Josie Russell, Youth & Young Adult Dir.	josieannrussell@gmail.com
Lynn Gilbert, Admin. Asst. Newsletter Editor	office.cpc@bvumet.net
Mary Moffatt, Finance Director	finance.cpc@bvumet.net
Trish James, Food Service Director	tjames1234@charter.net
Becky Widner, Dir. of APPLE Academy	applepreschool@yahoo.com

Office Hours:

The current office hours are 9:00 a.m. to 2:30 p.m., Monday-Friday. Please call 276-669-3157 for office hour changes and updates.

