

## **Victory 21 Day Fast 2022** **Isaiah 58:6-14**

### **A. First seven days Tuesday, January 11th thru Monday, January 17, 2022**

**One meal (you choose which meal of the day to eat).**

January 11<sup>th</sup> - Adoration of God (Psalms 150:1-6)  
January 12<sup>th</sup> - Confession of Sin (1 John 1:9)  
January 13<sup>th</sup> - Thanksgiving (Psalms 107:1-2, 8)  
January 14<sup>th</sup> - Supplication (Matthew 7:7-11)  
January 15<sup>th</sup> - Those in Authority (1 Timothy 2:2)  
January 16<sup>th</sup> - Family (Joshua 24:14-15)  
January 17<sup>th</sup> - Goals (Matthew 6:25, James 4:13-15)

### **B. Second seven days Tuesday, January 18<sup>th</sup> thru Monday, January 24<sup>th</sup>**

**Fruits and vegetables only – no desserts**

January 18<sup>th</sup> - Marriages, (Hebrews 13:4)  
January 19<sup>th</sup> - Soldiers/Military (Exodus 15:1-3)  
January 20<sup>th</sup> - Peace of Jerusalem (Psalms 122:6)  
January 21<sup>st</sup> - Health/Diet (Exodus 23:25)  
January 22<sup>nd</sup> - Pray against violence in our neighborhoods, city and nation (Luke 10:17)  
January 23<sup>rd</sup> - Economy/Finances/Debt Cancellation (Malachi 10:10-12)  
January 24<sup>th</sup> - Reformation of our School Systems (Elementary, High School & College) (Isaiah 54:13)

### **C. Third seven days Tuesday, January 25<sup>th</sup> thru Monday, January 31<sup>st</sup>**

**6:00am to 6:00pm Fast – No Desserts**

January 25<sup>th</sup> - Laborers into God's Harvest (Luke 10:2)  
January 26<sup>th</sup> - Vision of the Church (Habakkuk 2:2-3)  
January 27<sup>th</sup> - Wisdom and Direction (2 Chronicles 1:11-12)  
January 28<sup>th</sup> - Ministry Leaders (1 Timothy 2:2)  
January 29<sup>th</sup> - Church Members (1 Corinthians 12:18-27)  
January 30<sup>th</sup> - Pastors (Jeremiah 3:15)  
January 31<sup>st</sup> - Favor (Psalms 5:12)

**Note!** In lieu of the things you will be giving up through your fasting, you should spend as much time in prayer and bible reading as possible. Don't forget to expect a more supernatural year in 2022.

**Pastor Eric Susberry**