



Becoming a Joy Filled Person

11.17.2024

HAPPY comes from what is happening to me.

JOY is deep seated contentment, peace, and hope that comes from experiencing and dwelling in God's presence and resting in his bigger plan and purpose.

A relationship with God solves the challenge of being joyful in a world that can bring a lot of unhappiness.

"A time is coming and in fact has come when you will be scattered, each to your own home. You will leave me all alone. Yet I am not alone, for my Father is with me. I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." -Jesus, John 16:32-33

Joy comes from taking time to look beyond the reality of problems to plans and purposes of God.

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. James 1:2-4

In your presence there is fullness of joy. Psalm 16:11

The joy of the lord is my strength. Nehemiah 8:10

Give yourself permission to walk through the time it takes to find the joy.

Weeping may last through the night, but joy comes with the morning. Psalm 30:5

My joy is wrapped up in my closeness with God.

Our fellowship is with the Father and with his Son Jesus Christ. And we are writing these things so that our joy may be complete. 1 John 1:3-4

I have learned to be content regardless of my circumstances. I know how to live humbly, and I know how to abound. I am accustomed to any and every situation—to being filled and being hungry, to having plenty and having need. I can do all things through Christ who gives me strength. Philippians 4:12-13

"I have spoken these things in order that my joy may be in you, and your joy may be made complete." -Jesus, John 15:11

The Lord will delight in being good to you. Deut. 30:9

My mind and my body may grow weak, but God is my strength; he is all I ever need. Psalm 73:26

Weeping may last through the night, but joy comes with the morning. Psalm 30:5

Those whom you have rescued will return with gladness, singing and shouting for joy. They will be happy forever, forever free from sorrow and grief. Isaiah 51:11

You will go out in joy and be led forth in peace; the mountains and hills will burst into song before you, and all the trees of the field will clap their hands. Isaiah 55:12

But let all who take refuge in you rejoice; let them sing joyful praises forever. Spread your protection over them, that all who love your name may be filled with joy. Psalm 5:11

We print these notes out so you can remember the principles and passages of the Bible. But most importantly, so you can share what you are learning and how you are growing with others. If you'd like to grow in your faith and connect with others, LifeGroups are a great place for you. For more information, go to our website (marinerscc.org) or fill out the blue card in the seat in front of you and write "Life Group."

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