



God Didn't Say, "A Little Guilt is Good for You."

11.5.23

God has done everything to keep us from feeling guilty.

Guilt makers

#1 PEOPLE

They crush you with impossible religious demands and never lift a finger to help ease the burden." –Jesus (Matthew 23:4, NLT)

#2 RULES

Why do you obey such rules as, "Don't handle this," "Don't taste that," "Don't touch the other"? These are only man made rules and teachings. Col. 2:20-22 (Good News)

#3 ME.

What does guilt do?

- I stop being truthful.
- I become more concerned about my outside than my inside.
- I isolate and hide from God and others.

"I heard you, so I hid. I was afraid...." Genesis 3:10 (NIV)

Fear has to do with punishment. 1 John 4:18 (NIV)

Guilt Breaker

God's GRACE

*For all have sinned; all fall short of God's glorious standard. Yet now God in his gracious kindness declares us **not guilty**. He has done this through Christ Jesus, who has freed us by taking away our sins. For God sent Jesus to take the punishment for our sins and to satisfy God's anger against us. We are made right with God when we believe that Jesus shed his blood, sacrificing his life for us. Romans 3:23-25*

So now there is no condemnation for those who belong to Christ Jesus. Romans 8:1

Listen to what God says

The accuser of our brothers and sisters has been thrown down; he who accuses them and keeps bringing charges of sinful behavior against them before our God day and night. Revelation 12:10

When you sin replace guilt with sorrow.

Godly sorrow brings repentance. 2 Corinthians 7:10

Forgive those who are controlling me

Get rid of fear by experiencing how much God loves you.

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 1 John 4:18

But those who fail to develop in this way are shortsighted or blind, forgetting that they have been cleansed from their old sins. 2 Peter 1:9

Everyone who believes in him (Jesus) is freed from all guilt and declared right with God. Acts 13:3

For your LifeGroup and personal growth...

Each person share one thing that was terrific in this past week.

Romans 3:23-25 has been called one of the more powerful and clear explanations of what God did to free us from sin. Read this passage together and talk about what it is saying and what it means. What does Ephesians 2:1-9 add?

If God has done so much to keep us from guilt, why do you think we still sometimes feel guilty? Do we ever think that we should sometimes feel guilty just because we don't deserve grace? Why?

Do you ever feel that somehow you are still NOT doing enough for God? How should you work through that?

2 Corinthians 7:10 says, "Godly sorrow bring repentance." What is the difference between guilt and sorrow and how is sorrow actually a better way to handle sin (between you and God and you and others)?

What would you say to a new Christians who keeps sinning and feels guilty about it?

Are you saying the same things to yourself?

If you'd like to grow in your faith and connect with others, LifeGroups are a great place for you. For more information, drop us your name and we'll get back to you (emma@marinerscc.org)