



Dealing with My Doubts

9.25.22

Two kinds of doubt:

Doubts of the heart.

Doubts in my head.

What do I do with my doubts?

Know what FAITH actually is.

Now faith is being confident of what we hope for, convinced about things we do not see. Hebrews 11:1 (New Heart Translation)

Faith isn't HOW I COME TO BELIEVE, it's WHAT I DO with my belief.

There is no need to suppose stark unreason on either side. We need only suppose error. One side has estimated the evidence wrongly. –C.S. Lewis, *About Obstinacy in Belief*

Be confident that there are answers.

The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they reveal knowledge. They have no speech, they use no words; no sound is heard from them. Yet their voice goes out into all the earth, their words to the ends of the world. Psalm 19:1-4

When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, What is mankind that you are mindful of them? Human beings that you care for them? Psalm 8:3-5

Why faith?

And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him. Hebrews 11:6

Without trust, love is not possible.

“Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.” –Jesus, Matthew 11:28-30 (NIV)

Resources:

There are a lot of varied and good resources. Here are two books I recommend: *In Search of a Confident Faith* (J.P. Moreland & Klaus Issler) *Mere Christianity*. (C.S. Lewis)

For your LifeGroup and growth time.

Talk about some of the intellectual doubts you've had about faith and about God throughout your life. Are they resolved?

A great passage to study is Romans 1:18-25.

Talk about the 'wrath of God' (vs. 18). Why would He ever be wrathful? Do you think His wrath is right?

Why would people be 'without excuse' for not knowing about God? (vs. 20).

What does that passage say about the end result of not believing in God?

Talk about how the FAITH is a bit different than BELIEF. How does that make a difference when people claim 'Christians only have faith.'

Why has God chosen "faith" to be so important in a relationship with Him (and others)?

If you'd like to grow in your faith and connect with others, LifeGroups are a great place for you. For more information, drop us your name and we'll get back to you (emma@marinerscc.org)