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iChoose

## iChoose to Resist (Temptation)

8.14.22

**Temptation: Things luring us and hijacking our hearts away from what God wants.**

*I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. I love God's law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. Oh, what a miserable person I am!*

*Who will free me from this life that is dominated by sin and death? Romans 7:15-24*

*Each person is tempted when they are dragged away by their own evil desire and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. James 1:14-15*

**I am more susceptible to temptation when I am not allowing God to fill the deepest needs of my life.**

*Instead, clothe yourself with the presence of the Lord Jesus Christ. And don't let yourself think about ways to indulge your evil desires. Romans 13:14*

**I make the reality of a relationship with Jesus central to every part of my life.**

*Clothe yourself with the presence of the Lord Jesus Christ. And don't let yourself think about ways to indulge your evil desires. Romans 13:14*

*But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22-23*

**Be afraid.**

*Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. James 1:14-15*

**Get out of there.**

*Flee from youthful lusts. 2 Timothy 2:22*

*Flee immorality. 1 Corinthians 6:18*

**Get others around you.**

*Try to live a holy life, because no one will see the Lord without it. Hebrews 12:14*

*No temptation has seized you except what is common to everyone. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide an escape, so that you can stand up under it. 1 Corinthians 6:13*

*My dear children, I am writing this to you so that you will not sin. But if anyone does sin we have an advocate who pleads our case before the Father. He is Jesus Christ, the one who is truly righteous. 1 John 2:1*

**Talk it Over! For my thoughts and LifeGroup\***

Don't worry, we're not going to be sharing what our greatest temptation!!

Read together 1 John 2:12-17. There are a number of cool concepts here about sin, help, and temptation.

What is 'the world' that John is talking about?

What are the three kinds of "temptations"? What do they mean to you?

How do they tempt you in YOUR life?

Look at James 5:16. What's it saying about talking to others about sin and why would this be so important?

Read 1 Corinthians 6:13. Have you ever seen and felt God giving you an "escape" hatch from a temptation?

What do you do to let God fill the deep needs in your life? Does it help?

Pray for each other!!

\*A LifeGroup is a group of people who are committed to loving each other and growing through times like these. For more information, connect with the church office at [marinerschurch@marinerscc.org](mailto:marinerschurch@marinerscc.org)