

MARINERS CHURCH



I Feel the Earth Move

2/21/2021

"Be still and know that I am God." Psalm 46:10

When what is stable in my life falls apart...

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea, Though its waters roar and foam and the mountains quake with their surging. (Selah) Psalm 46:1-3

When what is unstable in my life gets worse...

God is our refuge and strength, an ever-present help in trouble.... Though its waters roar and foam and the mountains quake with their surging. Psalm 46:1,3

When what is personal comes under attack

*God is within her, she will not fall;
God will help her at break of day.
Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts. Psalm 46:5-6*

Jesus said to his disciples, "Let's cross to the other side of the lake." So they took Jesus in the boat and started out, leaving the crowds behind. But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water. Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?" When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a

great calm. Then he asked them, "Why are you afraid? Do you still have no faith?" The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!" Mark 4:35-41

Come and see what the Lord has done, the desolations he has brought on the earth. He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire. Psalm 46:8-9

*"Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth." Psalm 46:10*

Talk it Over! For my thoughts and LifeGroup*...

Sometimes it seems the world is being turned upside down. We worry and fret and strategize solutions. Call out some of the concerns that threaten to rock you each day.

Read Psalm 46. Talk about what you see in it.

How is God described in vv. 1, 7 and 11? What do each of these descriptions mean?

Vs. 2 says "We will not fear." On what basis can the Psalmist claim this?

What are some of the things you have sometimes taken refuge in other than God?

How does this Psalm help you find peace in the middle of all the troubles of the world?

*A LifeGroup is a group of people who are committed to loving each other and growing through times like these. For more information, connect with Pastor Len at len@marinerscc.org