

# MARINERS CHURCH



## Hope in the Day to Day March 2-3, 2019

Why are you in despair, O my soul? And why are you disturbed within me? Hope in God, for I shall again praise Him, The help of my countenance and my God. Psalm 43:5 (NASB)

**Hope is the assurance that God is in charge of life, and MY life, and that no matter what happens, whether good or bad, I will be OK.**

We have this hope as an anchor for the soul, firm and secure. Hebrews 6:19

### **If I sometimes lose hope remember: I'm normal.**

We do not want you to be uninformed, brothers, about the hardships we suffered in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired even of life. 2 Corinthians 1:8 (NIV)

"Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will." -Jesus, Mark 14:36 (NIV)

### **I need to be aware of the "hope gap."**

Be still and know that I am God. Psalm 46:10

### **I'll need to constantly look for God's bigger picture.**

For God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And he gave us this wonderful message of reconciliation. 2 Corinthians 5:19 (NLT2)

## God works on my future, my present, and my past.

### **My future...**

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord. Romans 8:38-39

### **My present...**

What shall we say about such wonderful things as these? If God is for us, who can ever be against us?

Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? Romans 8:31-32 (NLT2)

### **For my past...**

Therefore, there is now no condemnation for those who are in Christ Jesus, Romans 8:1 (NIV)

### **TALK IT OVER With your LifeGroup or accountability partner**

Talk about your 'hope quotient' (how much hope you have) right at this moment. Why is it "Up" or "Down"?

What have you found to be the biggest hope builder in your life?

Read through Romans 8, section by section. Through each section underline and talk about the things that give you hope.

This series is taken from Ray Johnston's book, *The Hope Quotient*. It's an excellent read and available online.