The Church With The Warm Heart

June 13, 2021



Wesley United Methodist Church

201 East 95th Street Chicago, Illinois 60619

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Bishop John Hopkins (Interim)

District Superintendent Rev. Dr. Jacques A. Conway

"Play the Game of Life with Gratitude"

In John Ortberg's book, When the Game is Over It All Goes Back in the Box, there is a chapter entitled "Play With Gratitude." The message of the chapter is simply "Live life with an attitude of gratitude and it will be more fulfilling than you could ever imagine." In that chapter, the foundational scripture is Luke 17:11-19, the story of Jesus healing ten lepers but only one returning to give thanks. The Lukan story shows us that ingratitude is a sin and a travesty. Gratitude is our ability to open up our hearts, eyes, and minds to recognize the goodness of God in all that God has blessed us with. Only through the lens of gratitude can we appreciate all that God has provided for us. Counting our blessings gives us the opportunity to be more thankful to God for things ranging from the simplest to the complex.

Sometimes we take the simple things for granted but we need to remember that God has been good to us in a number of ways that for the most part we have failed to appreciate. One of the ways we express gratitude to God is through praise and worship. Praise is a form of gratitude that is expressive and unmistakably intentional. Praise is something we do in the church and outside of the church, but especially in the church. If we were grateful to God for everything God has provided for us, then this church would be "jumpin" every Sunday morning.

I am grateful for Wesley United Methodist Church. I am grateful for the all of the challenges that we are confronted with because adversity doesn't build character it reveals character. We have some 'sho-nuff' character at our church. We are strong saints. We are mature saints. We understand that the church's mission is to be witnesses for Jesus everywhere and to make disciples of Jesus Christ for the transformation of the world. I am grateful because I know that if God be for us who can be against us? I am grateful because I know "that all things work together for good to those who love God and are called according to His purpose." I am grateful because "we can do all things through Christ who strengthens us." I have learned to be grateful for everything God has placed in my pathway because it all has helped me become the man of God I am today. The same applies to you also. You would not be who you are today if God had not allowed you to experience some good, some bad, and some ugly. Be grateful for what God is doing in your life. Whatever God is doing n your life, it is for your own good.

Your gratitude plays out in how you live your life also. A grateful person uses whatever God has given him or her and maximizes those talents for the glory of God. Grateful people are full of great potential and possibility. Grateful people can see possibilities in people, places and things that ungrateful people can't see. Grateful people can look at a glass and see it as half-full while ungrateful people can look at the same glass and see it as half-empty. Viewing life through the lens of gratitude allows us to live strong and accomplish great things for the glory of God. A healthy attitude empowered by gratitude can lift us to the altitude we want to get to. Have a great week!

THIRD SUNDAY AFTER PENTECOST

Please check the church website, now our 'virtual church,' and your email regularly for ongoing updates.

www.wesleyumcchicago.org

SPIRITUAL THEME FOR June: "Fearless Living"

ORDER OF WORSHIP

COLOR: GREEN

Scripture for the month: "For God has not given us a spirit of fear, but of power and of love and of a sound mind." (2 Timothy 1:7)

Call to Worship

Invocation

Scripture Isaiah 61:1-7 see video, or page 4

Psalm of Praise Psalm 72:1-14 see video, or page 5

Announcements

Offering

Pastoral Prayer

Today's Message"Reasons to Rejoice"
Rev. Stephen Thurston, Jr.
Salem Baptist Church, Chicago, IL

Invitation to Christian Discipleship

Affirmation of Faith

Benediction

WEEKLY ATTENDANCE				
Worship Video (06/06/21)	44 (views)			
Worship Conference Call "	31 (callers)			
Sunday School "	16 (callers)			
Prayer Group	5 (callers)			
Bible Study (AM: 11 PM: 7)	18 (viewers/callers)			
United Methodist Men Meeting	9 (viewers/callers)			
TOTAL	123			

Morning Scripture

Isaiah 61:1-7 (NKJV)

¹ "The Spirit of the Lord GoD is upon Me, because the LORD has anointed Me To preach good tidings to the poor; he has sent Me to heal the brokenhearted, To proclaim liberty to the captives, and the opening of the prison to those who are bound;

> ² To proclaim the acceptable year of the LORD, And the day of vengeance of our God; To comfort all who mourn,

³ To console those who mourn in Zion, to give them beauty for ashes, The oil of joy for mourning, the garment of praise for the spirit of heaviness; That they may be called trees of righteousness, The planting of the LORD, that He may be glorified."

> ⁴ And they shall rebuild the old ruins, They shall raise up the former desolations, And they shall repair the ruined cities, The desolations of many generations.

⁵ Strangers shall stand and feed your flocks, And the sons of the foreigner Shall be your plowmen and your vinedressers.

⁶ But you shall be named the priests of the LORD, They shall call you the servants of our God. You shall eat the riches of the Gentiles, And in their glory you shall boast.

⁷ Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion. Therefore in their land they shall possess double; Everlasting joy shall be theirs.



Are you ready to **RETURN** to **CHURCH**?

We're getting excited as we work to plan a fantastic return! Look for information on new protocols that are being followed whenever entering the church. A registration process will be required to ensure we remain in compliance with any attendance limits that might be in place when we return **July 18**th!

Psalm of Praise

(R) Defend the needy and the poor; let justice and peace abound.

¹ Give the king your justice, O God, and your righteousness to the royal son!

² May he judge your people with righteousness, and your poor with justice!

³ Let the mountains bear prosperity for the people, and the hills, in righteousness!

⁴ May he defend the cause of the poor of the people, give deliverance to the needy, and crush the oppressor!

⁵ May he live while the sun endures, and as long as the moon, throughout all generations!

⁶ May he be like rain that falls upon the mown grass, like showers that water the earth!

⁷ In his days may righteousness flourish, and peace abound, till the moon be no more!

⁸ May he have dominion from sea to sea, and from the river to the ends of the earth!

(R) Defend the needy and the poor; let justice and peace abound.

⁹ May his foes bow down before him, and his enemies lick the dust!

May the kings of Tarshish and of the isles render him tribute, may the kings of Sheba and Seba bring gifts!

> ¹¹ May all kings fall down before him, all nations serve him!

¹² For he delivers the needy when they call, the poor and those who have no helper.

¹³ He has pity on the weak and needy, and saves the lives of the needy.

¹⁴ From oppression and violence he redeems their life; and precious is their blood in his sight.

(R) Defend the needy and the poor; let justice and peace abound.

PASTORAL ANNOUNCEMENTS

Please check your email weekly for a full list of announcements, scripture readings and updates.

- Multiple ways to worship! Our worship services are now available online! Go to:
 www.wesleyumcchicago.org and click/tap SUNDAY SERMON. The videos are also available on
 other platforms, such as our church app (see SERMONS), our YouTube channel (Wesley UMC
 Chicago), and will be posted on our Facebook page each Sunday afternoon
 (@WesleyUMCChicago). For those who prefer a more personal experience, join the Weekly
 Worship Conference Call at 10:30 am each Sunday! Call-in info: 1-425-436-6348: code 672500#
- Do you have the *GivePlus+* app? Electronic giving just got easier!! Vanco's *GivePlus+* app makes it as easy as 1-2-3! Just download the **GivePlus+** app, (click for **Apple**, or **Google**) complete your login and profile using your email address and password, provide your bank information and that's it! You can setup a recurring payment or enter the amount each time.
- NEW FEATURE! GivePlus+ also allows you to make contributions with a quick text message! Simply send a text to our <u>DEDICATED</u> text number, 1-833-595-0705, with the amount you would like to contribute. Make sure to include the dollar sign before the amount. Example: \$25. Within a few minutes, you'll be sent a text with a link to register. Click on the link and enter your cardholder name and credit or debit card information. Once your registration is complete, you will receive a text verification and a receipt via email.
- Opening Up after COVID-19 As our city, state and our church prepare to open up, we urge our members to be conscientious and discerning about minimizing possible exposures during this confusing time. Those who have been fully vaccinated may still decide to wear masks as an extra level of protection, as there is currently no protocol for confirming vaccination status.
- Father's Day Gift Bags for Men Living in Shelters The United Methodist Men have taken a page from the United Methodist Women and will be distributing health and hygiene packages to the men at two area shelters. They are asking all United Methodist Men and friends to please support this outreach project. A donation of \$35 will allow them to purchase the needed supplies to fill a laundry bag. To donate, or to request more information, please contact UMM president Verner "Skip" Geddes at verner0104@att.net.

Juneteenth Freedom Forum and Festival! The Chicago Black Methodists for Church Renewal (CBMCR) will host a Juneteenth celebration here at Wesley, Saturday, June 19, 2021, 10 am – 5 pm. There will be a forum from 10 am-12 pm and the festival will begin at 1 pm. Come out and enjoy live entertainment, food, games and MORE!

JUNE BIRTHDAYS

Lethell Magee	June 2 nd	Steve Smith	June 22 nd
Barbara Sanders	June 5 th	Hildegarde Burress	June 23 rd
Cheryl Cecil	June 7 th	Tondalaya Lloyd	June 25 th
Dwayne Cecil	June 8 th	Gloria Washington	June 29 th
Joshua Helm	June 10 th	Angela Curtis	June 30 th
Rivetta Goodrich	June 18 th	Sydni-Anne Pearson	June 30 th

PRAYER LIST

Below is this week's prayer list. Please keep these persons in your prayers!

(* = Church member, followed by Class Number)

<u>SHUT-IN</u>			
*Minnie Thompson (20)	*Bessie Alford-Moore (18)		
*Lucile Sanders (16)	*Doris Anderson (1)		
*Clarence Sanders (16)	*Spencer Plaxico (17)		
*Barbara Shepherd (18)	*Jessie Stokes (19)		
*Eric Geralds (3)	*Helen Tuck (7)		
*Fred Williams (20)			

GENERAL							
*Callie Dulaney & Family (12) Nannie Agnew Katherine Thompso							
*LaRue Grizzard (4)	Byron Agnew, Jr.	David Williams					
*Gloria Banks (20)	Annie Lois Robinson	Owen McPherson					
*Doris Echols (16)	Jessica Smith Crenshaw	Gregory McPherson					
*Mary Alice Lovely & Family (19)	Joyce Chisem-Davis	James Taylor					
*Diamond Jones (12)	Carolyn Ransom	James Curtis					
*Trinity Jones (12)	Sylvia Nichols	The Baker Family					
*Lawrence Moore (13)	Milton Kellum	Anna Young					
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*Wilena Campbell-Watkins (5)	Rosie Howard Natesha Smith	Dorothy Williams Lois Tucker					
*Mark Garrett and Family (5)							
*The Plaxico Family (17)	James Sanders	Katherine Evans					
*Denise Richardson (20)	Joanna Lennhardt	Carl Frazier					
*Clarence Rogers, II & Family (4)	Martha Muhs	Robert A. Watkins					
*Jessie Gilmore (16)	Muriel Bolden	Aaron Thomas, Jr.					
*Maurice & Faye Smith (17)	Gregory Simms	Michael Miller					
*Theresa Bradshaw (12)	Norbert Sanders	Angel Acosta					
*The Moss Family (13)	Brittany Porter	Vinelle Myrie					
*Charles & B.J. Curtis and Family	, ,	Alexandria Ward					
*Odis & Lucinda Franklin Family (·	Davion McNeal					
*Ena Davis (1)	Kathy Jenkins	Willie Moore					
*Doris Thompson (19)	Rebecca Merkson	Peaches Clark Larry Clark					
	*Helen York and Family (5) John Anderson						
*Dawn Funches-Fox and Family (2	·	Justin York					
*Chester Plaxico (17)	Rochelle Johnson	Russell York					
*Barbara and John Sanders & Fan	nily (3) The Ford & Robinson Families	Percy & Essie Hayes					
*The Porter Family (5)	Mila Kuntu	Mildred Forest					
*The Family of Lucious Smith (12)	Ron Birton	Takia Yearby					
*The Family of Heustis Williams (1) Aiden Combs	The Anderson Family					
*The Family of Sandra Lewis (16)	Rashaud Thompson	The Marshall Family					
*Daphne Hicks and Family (10)	Leslie Carey Kirk	The Weddington Family					
*Laniya Bradley & Family (7)	Douglas Hargray	James Williams					
*Donna Lomax and Family (13)	Robert Leach	Juanita Weatherspoon					
*Lillye Hart and Family (3)	Mwata Bowden	Rev. Gessel Berry, Jr.					
*Erica Clark & the Clark Family (1	ark & the Clark Family (1) Brenda Lewis Robert Leach						
	Ethan Carson	Lenora Omar					

Please remember to update the church office with needed changes to the prayer list!

Please **NOTIFY** the church office of ALL meetings or events scheduled in the church buildings **or on ZOOM**.

JUNE 2021

Please check bulletin and emails **regularly** for schedule changes.

S	М	Т	W	Т	F	S
9 am Sunday School Call 1.605.475.4000 Access code: 260259# Remote Worship & 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	31 Memorial Day	1	Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	4	5 UMM Meeting (via Zoom) 9 am
9 am Sunday School Call 1.605.475.4000 Access code: 260259# — Remote Worship & 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	7	8	Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	11	UMW Meeting (via Zoom) 10 am
9 am Sunday School Call 1.605.475.4000 Access code: 260259# —— Remote Worship & 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	14	15	Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	18	Juneteenth! Chicago BMCR Juneteenth Freedom Forum and Festival 10 am-5 pm
9 am Sunday School Call 1.605.475.4000 Access code: 260259# Remote Worship & 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	21	22	Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	25	Board of Trustees Monthly Mtg 9 am
9 am Sunday School Call 1.605.475.4000 Access code: 260259# —— Remote Worship & 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	28	29	Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	2	United Methodist Men Monthly Mtg 9 am (via Zoom)

FOUR WAYS TO GET GOOD FATS

Replace saturated fats with unsaturated fats as part of a healthy eating pattern. Unsaturated fats can help lower bad cholesterol and triglyceride levels, and they provide essential nutrients your body needs. Here are four easy and delicious ways to get more of the good fats.



G | GO FISH

Eat at least 8 ounces of non-fried fish each week, which may be divided over two 3.5 to 4-oz. servings. Choose fatty or oily fish like albacore tuna, herring, lake trout, mackerel, sardines and salmon to get essential omega 3 fatty acids.



Munch on a small handful (about 1 oz.) of unsalted nuts and seeds for good fats, energy, protein and fiber. Good choices include almonds, hazelnuts, peanuts, pistachios, pumpkin seeds, sunflower seeds and walnuts.





6 ADD AVOCADO

Snack, cook and bake with avocado to add healthy fats, fiber and essential vitamins and minerals.

O | CHECK THE OILS

Use cooking and dressing oils that are lower in saturated fat. Good choices include avocado, canola, corn, grapeseed, olive, peanut, safflower, sesame, soybean and sunflower oils.



Social Commentary

Chicago's Gang Violence Makes All Of Us Less Safe, And Kids Are Paying the Price by Mary Mitchell



If a child were drowning in Lake Michigan, an adult would jump in to help without a second thought. Nothing is more urgent than saving the lives of our children. But we can't figure out how to save children growing up in neighborhoods in the grip of gang violence? That seems absurd. At this moment, when the nation's focus — at least the focus of those people who want to change the world for the better — is on healing the racial wounds inflicted on Black and Brown people, we are still losing too many lives in communities of color due to gang violence. And before you go there, it's not Mayor Lori Lightfoot's fault or the Chicago Police Department's fault or the alderman's fault that the gang structure still exists in Chicago.

During the past three decades, the city has tried targeting gang members with measures including the passage of the Chicago Gang Congregation Ordinance, which the U.S. Supreme Court ruled was unconstitutional, finding that it violated the 14th amendment and due process. After the feds' sweeping prosecution of Chicago's gang leaders on drug conspiracy charges in the early 1990s, things seemed to get worse, not better. With open-air drug markets flourishing on the West Side and South Side and territorial disputes being settled with guns, the city's aggressive policing strategy led to taxpayers being out millions of dollars to settle police brutality lawsuits.

Now, children as young as toddlers are getting caught in gang crossfire. The latest victim of this gang violence is a 14-year-old girl who was with her boyfriend walking her dog Wednesday in Back of the Yards when three gang members confronted her, asking whether if she was in a gang. We've heard enough about gang culture to know that neglected or abused children are at risk for joining a gang. Unfortunately, some children are growing up in homes where the gang culture is passed down as an inheritance, and others join a gang for the street protection it offers. But like poor housing, lack of jobs and bad schools, gang violence is turning people away.

What I do know is that when children feel they are loved and protected at home, they are less likely to pick up a gun in the street. I salute Ald. Ray Lopez (15th), who has stood up and confronted gang violence in his ward even though that could put him in the line of fire. It takes courage to put your own well-being at risk to save someone else.

Little Known Black History Fact

JFK 'Civil Rights' Speech



While President **John F. Kennedy** became a symbol of civil rights after his assassination, that wasn't always the case for the former U.S. Senator and Congressman. On this day in 1963, President Kennedy delivered his famous" Report to the American People on Civil Rights" address on radio and television, which led to the signing of the Civil Rights Act of 1964.

Kennedy, like many politicians at the time, was at a crossroads in how the burgeoning civil rights movement set off a clash between those seeking equal rights and southerners who clung desperately to Jim Crow laws. In May of 1963, a federal judge approved the admittance of Vivian Malone and James Hood into the University of Alabama at the time open only to whites.

Malone and Hood's admittance into the university was blocked by Alabama Gov. George Wallace himself on June 11, which prompted President Kennedy and his team to deliver the address. The team had mere hours to complete the speech, carefully constructing the address in such a way as to not cause a rift with the South.

"This nation was founded by men of many nations and backgrounds. It was founded on the principle that all men are created equal and that the rights of every man are diminished when the rights of one man are threatened," Kennedy said in the speech, which aired live on all the major networks and radio stations. According to accounts, thousands of positive telegrams came in after the speech but there was still plenty of dissent from the South.

Rev. Martin Luther King Jr. also took in the speech while in Atlanta, famously saying to Walter E. Fauntroy, "Walter, can you believe that white man not only stepped up to the plate, he hit it over the fence!"

King sent a telegram to President Kennedy to praise him for the speech, and civil rights leader and future U.S. **Congressman John Lewis** also shared his approval.

While it has never been directly connected, after the speech, Mississippi civil rights activist **Medgar Evers** was gunned down in his driveway in the wee hours of the following morning.

Wesley United Methodist Church

201 East 95th Street Chicago, IL 60619 Rev. Charles A. Woolery, Sr., Pastor

SAVE these **Conference Call Numbers**

Sunday 10:30 am - LIVE Service Thursday 11 am - Prayer Call

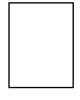
1.425.436.6348 Code: 672500#

Wednesday 11 am - Bible Study: 1.312.626.6799

ID/code: 295 101 7709# Passcode: 461427#

Sunday School 9 am – Conf Call: 1.605.475.4000

Code: 260259#



Scan the QR code on the left to donate to Wesley via smartphone or other mobile device!



Homebound Seniors and People with Disabilities

Chicago Dept. of Public Health is starting a program for in-home vaccination of seniors and people with disabilities who are homebound. This service is being provided by uniformed Chicago Fire Department community paramedics who can produce identification.

Call: 312-746-4835



2021 Daily Bible Readings (One Year Bible Reading Plan) Week of June 13th – June 19th

<u>June 13</u>

1 Kings 11:1-12:19 Acts 9:1-25 Psalm 131:1-3 Proverbs 17:4-5

June 14

1 Kings 12:20-13:34 Acts 9:26-43 Psalm 132:1-18 Proverbs 17:6

June 15

1 Kings 14:1-15:24 Acts 10:1-23 Psalm 133:1-3 Proverbs 17:7-8

2021

"The Year of Restoration"
(1 Peter 5:10)

June 19

1 Kings 20:1-21:29 Acts 12:24-13:15 Psalm 137:1-9 Proverbs 17:16

June 16

1 Kings 15:25-17:24 Acts 10:24-48 Psalm 134:1-3 Proverbs 17:9-11

<u>June 17</u>

1 Kings 18:1-46 Acts 11:1-30 Psalm 135:1-21 Proverbs 17:12-13

June 18

1 Kings 19:1-21 Acts 12:1-23 Psalm 136:1-26 Proverbs 17:14-15