

# Transformation is a Mental Thing

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Romans 12:1-2; Romans 8:5

- The Mind is a Key Influencer
- The Mind is a Battleground

**Key Truth: Both Satan and the Spirit are battling for control of your mind.**

2 Corinthians 10:3-6

Important Behaviors for Living Your Best Life

1. \_\_\_\_\_

Hebrews 10:24-25

2. \_\_\_\_\_

2 Timothy 3:16-17

3. \_\_\_\_\_