



# DNA

## START-UP GUIDE

*How to Start A DNA Group*

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1. **GET TRAINED.** Every potential leader should experience DNA Training and/or Mentoring through their current DNA leader. Talk to your DNA Leader, MC Leader, or Pastor about training.
2. **PRAY.** Spend a couple weeks asking God whom He might want you to invite on this journey. Allow His Spirit to show you whom He may be leading you to ask, and be aware of who He's placed around you.
3. **ASK.** Relying on the Spirit, ask each prospective member to join you. Hope for a "Yes," but be ready for a "No." Either way, it's ok! God will give you the right "Yes." And who knows? Some "No's" may actually be "Not Yet's." We find it best to ask one person first and together determine when the two of you can meet. Then ask a third person if they can join you for one of your available times.
4. **LET US KNOW.** When you're ready to start, click **I'M READY TO START MY GROUP** at [theexchangecommunity.org/gatherings/dna-groups](http://theexchangecommunity.org/gatherings/dna-groups).
5. **GET COMMISSIONED.** We would love to celebrate with you, pray for you, and encourage others in DNA!
6. **FOLLOW THE MEETING PLAN BELOW.** This will help you to start strong!

## FIRST MEETING

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- Hang out together and get to know each other or catch up if you're old friends (10-30 mins)
- Determine the best time & place for your regular meeting (10-15 mins)
- Make sure that each person has access to the "Making Jesus the Hero" story guide (5 mins)
- Before the first meeting, use the "Making Jesus the Hero" story guide to craft your own story. As the leader, go first in sharing your story as an example of what each person will do the following weeks (15-20 mins)
- Give the assignment that each person will prepare a version of their story with Jesus as the Hero for your next 1-2 meetings, and answer any questions (10 mins)

## SECOND/THIRD MEETING

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- Review God's Story:



Creation



Fall



Promise



Redemption



Church



Restoration

Give a simple 2-3 minute retelling of each part of the story. Don't give lecture-type commentary, but ask questions like, "What do we learn about who God is, what He has done, and who we are in this part of the story?" (20-30 min)

- Share your own stories following the Creation, Fall, Redemption, Restoration format (30-60 min) using the **Making Jesus The Hero of Our Stories** document.

## FOURTH MEETING

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- Introduce **The Story of God in a Year** reading Guide (5 mins)
- Walk through an overview of Discover, Nurture, Act process using the **DNA Group Process Guide** (20-30 min)
- Choose 1-2 short/simple passage(s) of Scripture to practice answering the 4 Questions with the **Fruit to Root Worksheet** (20-30 min)

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- Each week thereafter, follow the DNA Group Process using the Fruit to Root Guide.
  - Try to incorporate **Prayer & Scripture Memorization** into your regular rhythm of life together.