



<sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4:23-24

**As Jesus Followers, we clothe ourselves with the \_\_\_\_\_.**  
Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

Romans 13:14

(cp. John 15:5; Romans 8:10;  
1 Corinthians 15:22; Ephesians 1:13)

**The “New Self” is:**

**(a) a \_\_\_\_\_ Self.**

♦ **Kainos (kahee-nos’):** \_\_\_\_\_

**YOU CAN CHANGE THINGS YOU \_\_\_\_\_,**  
**BUT ONLY JESUS CAN CHANGE \_\_\_\_\_ YOU ARE.**

<sup>16</sup> At one time we thought of Christ from a human point of view. How differently we know him now! <sup>17</sup> This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

2 Corinthians 5:16-17 (NLT)

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2:20 (NIV)

**(b) Made to \_\_\_\_\_ Like Jesus.**

<sup>24</sup> We are to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4:24  
(cp. Romans 13:14)

♦ **Dikaiosynē (dik-ah-yos-oo’-nay):** \_\_\_\_\_

♦ **Hosiotēs (hos-ee-ot’-ace):** \_\_\_\_\_

**(c) Is \_\_\_\_\_ for Eternity with Jesus.**

<sup>11</sup> But when the king came in to see the guests, he noticed a man there who was not wearing wedding clothes. <sup>12</sup> He asked him, “Friend, how did you get in here without a wedding clothes?” The man was speechless. <sup>13</sup> Then the king told the attendants: “Tie him hand and foot, and throw him outside, into the darkness, where there will be weeping and gnashing of teeth.”

Matthew 22:11-13  
(cp. Hebrews 12:14)

**We “Put On” the “New Self” by \_\_\_\_\_ the spirit of our \_\_\_\_\_.**

<sup>23</sup> to be made new in the attitude of your minds; Ephesians 4:23

and have put on the new self, which is being renewed in knowledge in the image of its Creator.

Colossians 3:10  
(cp. Romans 12:2)

♦ **Ananeoō (ä-nä-ne-o’-ō):** \_\_\_\_\_  
(2 Corinthians 4:16,18; Colossians 3:2-3; Ephesians 1:18-19; 3:18-19)

**WHEN YOU KNOW \_\_\_\_\_ YOU ARE,**  
**THEN YOU KNOW \_\_\_\_\_ TO DO.**

**“New Self” Challenge:**

**1) \_\_\_\_\_ God’s Word**

**2) \_\_\_\_\_ on Who God says you are**

**3) \_\_\_\_\_ Jesus**



### **Discussion Questions**

1. What was your “A-Ha” from Sunday’s message? Why?
2. Read Ephesians 4:24, Colossians 3:10 and Romans 13:14. What does it mean to “put on the new self” or “clothe yourself with Christ”? What is the new self?
3. Is it possible to change conduct without a transformation of the heart (v.18)? Likewise, can the heart be changed without a resulting change of conduct? Why is that?
4. How do you “put on” the new self? Read Ephesians 4:25 - 5:20. According to Paul, what specific actions distinguish the lifestyle of Jesus-Followers from pagan lifestyle? Make a list of ways we can demonstrate our “new self,” as outlined by Paul.
5. How can the new self be renewed in knowledge in the image of its Creator? (Colossians 3:10) How are you renewing your mind? Pastor Shawn outlined a 3 Step Challenge for renewing your mind. How are you doing in completing this Challenge? Which step is easiest? hardest?
6. What does true righteousness mean? What does true holiness mean? How have you experienced these in your life? How can you demonstrate these in your life?
7. What is one way you have seen the contrast of the “old” and the “new” self in your life? What piece of “old life” clothing seems to be skin-tight and hard to remove now?
8. Where do you feel you are making progress in your Christian life at the moment? Why? How can your group help you to be successful?
9. Memorize Colossians 3:12-14 or Ephesians 6:13-18 or Ephesians 4:23-24 as a group.