### THE EPHESUS EXPERIENCE

The Spirit of the Sovereign Lord is on me because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives, and release from darkness for the prisoners, to proclaim the year of the Lord's favor! Isaiah 61:1-2

#### SABBATH SERVICE

Saturdays at 11:00 a.m.
Ephesus SDA Church – San Antonio
4123 E. Houston Street
San Antonio, TX, 78220

TALK TO US

Ephesus4123@gmail.com

#### **COMMUNITY SERVICE**

Providing practical help and support to individuals and communities in need

#### FROM THE PASTOR'S DESK

God is still in the delivering business. The Bible is clear that God wants His people to be set free. As we prepare for our first revival here at Ephesus. The Holy Spirit has led us to have a "Break Every Chain" Revival. What does it mean to break every chain? What are the implications suggested through the theme? First, one must admit even though it is not talked about much that many of God's people are chains. Not physical chains but spiritual chains. Many of God's people are in bondage. But, one can argue. They look happy, they look good, they have money in the bank and the list goes on. Having material things does not mean that a person is not in bondage. They can be in bondage to lying, stealing, lust, fear, doubt, drugs, alcohol, pride, cell phones, video games, gossip, and so many other things.

Jesus is coming back for a church without spot, wrinkle, or blemish. This means Jesus will be looking for individuals who are filled with the Holy Spirit. Individuals who have been set free from the cares and spiritual wickedness of this world.

God's people can be set free. If they want to be set free. Through the power of prayer and the Holy Spirit, God's people can be delivered from every spiritual attack or addiction of the enemy. Let's Break every chain together through the power of the Holy Spirit!











#### **COMMUNITY SERVICE**

The Community Services Department provides food, services and other needed items to individuals of the community and church members who are in need. Portrayed on the left is a donation of items from the San Antonio Food Bank hosted by our Ephesus Community Service Team Members.

Contact Sis. V. Cruz to be a part of the Community Services Department or help out with the Food Pantry.

#### **Vegetarian Tacos**



- Vegan ground "beef"
- Vegan Nacho Cheese Sauce OR Nut Free Cheese Sauce, if needed to pour on top if needed
- · Vegan Sour Cream
- Diced avocado or guacamole
- Diced tomatoes, or pico de gallo
- Sliced jalapeños, fresh or jarred
- Chopped cilantro (I can't get enough cilantro on anything)
- Chopped green onions, or red onions
- Drained and rinsed black beans
- Salsa
- Hard or soft taco shells

#### Instructions

- Season vegan ground beef to your liking
- Season black beans to your liking
- Prepare all the rest of the optional ingredients you wish to use.
- Assemble your ingredients in your hard or soft shell and enjoy

#### What's Happening at Church?

#### Anril 2025

2- Soup Kitchen/Wednesday Ephesus Experience at 7pm

5- Baptism

9-13th Break Every Chain Revival at 7pm

12th Divine Hour

13th Prayer Service at 9am. Also -13th, Church Picnic at Starcke Park in Seguin 10am.

14th-18th at 7pm Week of Prayer via zoom (except Wednesday in person at church)

14th-Board Meeting at 6pm

16th Soup Kitchen

18th Food Pantry

19th Baby Dedication

20th Singles' Ministry Mtg at 2pm

22nd WM Zoom Mtg Part II

26th Holy Communion and WM Prayer Circle

29th Food Pantry

## April Challenge - Try Composting

Composting offers numerous benefits, including enriching soil, reducing waste, and promoting a circular economy, while also lowering reliance on chemical fertilizers and pesticides, and improving plant health.

Some Ephesus members have started composting! Would you like to start too? Please speak to Dr. Robert Norwood, and he will direct you to the right individuals to help you in this endeavor.







# April is STRESS AWARENESS MONTH

Do these three things to help relieve stress:

- watch a funny video to make you laugh
- take a quick walk for exercise
- try journaling