

First Presbyterian Church

601 Pine Street, Klamath Falls, Oregon 97601 March 2019

What is something new in your life?

And when that new thing happens, do you see it as positive or negative?

Our response may very well depend on how significant or life altering it is. *New can be exciting, eye opening and thought-provoking. New can be challenging, disrupting, and tricky to navigate. We might smile and yet brace ourselves all at the same time.*

A few weeks ago, at our annual congregational meeting, I introduced something brand new. It is First Presbyterian Church's new logo, vision and mission statement. It will probably prove to be a bit of all the descriptors I said above about something new.

The goal of a logo, vision and mission statement is to provide direction and clarity as to who we are and where we are going. So here it is:



Vision: Love God well, Love ourselves well, Love others well.

Mission: Discovering, experiencing, and showing the goodness and love of God.

For any sort of organism on our planet, growing and reaching are signs of life. Our church has amazing signs of life. It is centered on God, the Father, the Son and the Spirit. This growing and reaching is for us, those who will be a part of our church, and even those who we encounter outside of the church.

Our vision is what we aspire to and what we believe God is calling us to do. It comes from Matthew 22:36-40 when Jesus tells the whole world what life is really about. We are called to love God with all that we are and to love others as we love ourselves. It begins with God. His love for us enables us to love ourselves and then overflows to loving others. If we get this right most everything else will take care of itself.

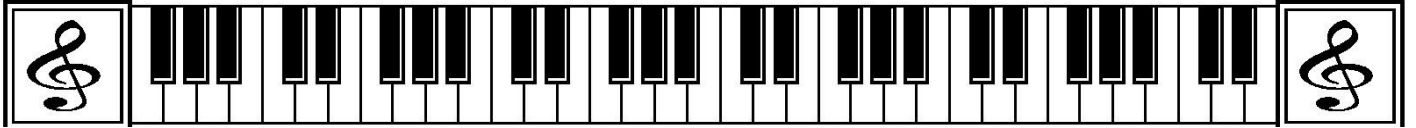
Our mission becomes the means by which we accomplish our vision. Notice that the end game is the goodness and love of God. We discover it. We experience it. We show it. The order is pretty critical. In terms of our relationship with God, you cannot show or demonstrate in your lives what you have not first experienced. You cannot experience or grow in what you have not discovered or encountered. They are mysterious in that they are sequential and yet they continue to happen simultaneously.

For our Elders and Deacons and other leaders in our church, this is going to be the lenses we look through to determine what First Presbyterian Church should be doing.

Enough said for now. I'm sure you will hear this again.

In God's grip, because His is always the strong one.

Pastor John



Our Cup Runneth Over

"My Cup **Runneth** Over" (Psalm 23:5)
"I have more than enough for my needs"

Over the years, FPC has been the beneficiary of material gifts which have enhanced it's ministries. In 1933 a Behning upright piano was gifted to the church in memory of Harriet Roberts, a charter member of First Presbyterian Church.

While the piano is still playable, it is no longer being used. If anyone in our church family could help us locate Mrs. Roberts family, we would be happy to offer it back to them with our sincere appreciation.

In the event no one in the family can be located, the church would like to give it to an FPC family. If you are interested, please contact Belinda Reno in the church office at (541) 884-7781.



Did you miss a week of church?

Are you wondering what Pastor John's sermon was about, or upcoming events?

Check out our website at
www.klamathfpc.com

You will find so much information!

- ◇ Sermons
- ◇ Bible Studies
- ◇ Group Get Togethers
- ◇ All Ministries
- ◇ All Current Happenings
- ◇ A full church calendar
- ◇ Lot's of pictures!



* We also have CD's of the sermons, check with the office for these copies.

Monthly Finance Report

Our giving for January and February totaled \$80,060.

Need each month: 39,000

At our annual meeting Pastor John asked each giving unit to consider donating an additional \$15 a month beyond what people normally give.

These extra gifts help support many areas of our church life, especially our youth department.

We want to say thank you to those who have helped in this way and we would like to encourage the rest of us to join in as we are able.

The finance committee is so thankful and grateful for the way you support the ministries of FPC.

Ash Wednesday Service

Wednesday,
March 6th 6:30 PM

FPC YOUTH
AND CHILDREN'S
MINISTRY FUNDRAISER

BINGO

WEDNESDAY, MARCH 20TH

FROM 6:00-7:30 PM

Your Kitchen Remodeling Committee

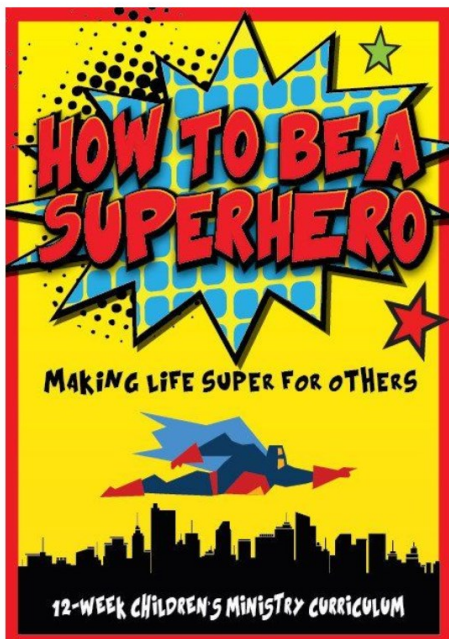
We are planning to completely reorganize the kitchen with commercial appliances and a few changes to make it a welcoming, group friendly space. The old stove top will be replaced with a large commercial 6 burner range, the 4 small ovens will be gone and replaced with a pantry and to the left of that a new commercial refrigerator and two large stacked ovens. (Cont. on page 8)

**Did you hear the Good News?
Our Good News Club at Conger
started on Wednesday, February
20th. We are excited that we are
able to bring the Gospel message
to unchurched children from our
neighborhood. Please keep
praying for this outreach ministry.**



**If you have any questions or would like to volunteer
your time on Wednesday mornings from 8:00-9:00
please contact Mary Kern at marykern@hotmail.com.**

**On Wednesday nights we are continuing with our
exciting curriculum, How to Be a Superhero. Because
of Ash Wednesday, Bingo Night and spring break, we
will only have King's Kids one time in March.**



- 3/6 NO KING'S KIDS**
- 3/13 Lesson- Move Fast**
- 3/20 Bingo Night**
- 3/27 NO KING'S KIDS**
- 4/3 Lesson- Local Heroes**
- 4/10 Lesson- With Great Power**
- 4/17 Soup Supper**
- 4/24 Game Night / Trivia**

Christ-focused fellowship for middle and high schoolers

FPC
the collective
YOUTH

Wednesdays. 5:15 – 7:15 P.M. Dinner provided.

- FPC Youth is officially calling itself The Collective now
 - * This is important for group identity
 - * It helps foster oneness and cohesion
- We held a Super Bowl Party as our February event
- We are continuing to meet every Wednesday from 5:15-715
- Our first fundraiser for summer camp, Parent's Night Out, was successful

What's ahead for The Collective:

- More fundraisers
 - * Bingo Night March 20th
 - * Soup Supper April 17th
- Messages for the next few weeks
 - * 3/6 Deliverance Week 1 - Noah
 - * 3/13 Deliverance Week 2 - Abraham, Sarah, and Isaac

Prayers to consider

- Pray for a specific student
- Pray for growth and extended reach
- Pray for changed lives



NEW

Men's Group

2nd & 4th Thursdays

March 14th

&

March 28th

Meeting in the Fellowship Hall

Pastor John will be leading this group

What does Compounding have to do with Health?



If someone asked you if you would rather have a penny doubled each day for a month or a million dollars, what would you choose? What fool would turn down a million dollars, right? However, you would be dismayed to know that a penny doubled each day for 30 days equals \$5,368,709.12 by month's end! But what does the principle of compounding have to do with health; as it turns out, everything!

Previously, I discussed the importance of knowing your "why" and last month touched on goal setting. Now that we have some foundational principles of creating health, let's start setting some building blocks. These building blocks are like that penny when added to daily begin to create a lifetime of health. The first is so simple yet disregarded by many and that is the importance of eating breakfast! It is a well-known fact that breakfast is an essential way to start the day. Translated, breakfast is literally "break the fast"; that is, to end our nightly slumber. Many Americans skip breakfast either for the sake of calories or time. It has been shown that individuals that miss breakfast tend to smoke more, drink more alcohol and exercise less than those who do begin their day with a healthy breakfast.

If that isn't enough to make you think twice, how about this; a Harvard study found that people who miss breakfast are four times more likely to become obese. These breakfast naysayers were more inclined to overcompensate for the loss of key breakfast nutrients and eat more fat-rich, calorie-dense foods later in the day. In fact regular breakfast eaters consumed an average of 100 calories less per day. And a 2005 study showed that women that skipped breakfast for two weeks ate more during the rest of the day and developed higher "bad cholesterol" levels than their counterparts that started the day with a meal. And lastly, according to a study of teens ages 13-20, high energy foods can help boost short term memory while high calorie breakfasts may actually hinder concentration. (from Dr A's Habits of Health)

As you can see, making time for a healthy breakfast can alter the course of your day and your life! So tomorrow, begin compounding the beneficial effects of this one truly important habit of health and see how much better you feel in thirty days! Next month we will add another building block to your foundation of health and by starting small and creating successes think how different you could look and feel in a year!

Some Breakfast ideas

- Veggie omelet and a slice of whole wheat toast
- Whole wheat English muffin with low-fat cheese, a scrambled egg and tomato slice
- Smoothie made with fruit and low fat yogurt; Greek yogurt is an especially good choice as it contains more protein
- Salmon on half whole grain bagel with light cream cheese
- Whole grain cereal with fresh fruit and low fat milk
- Oatmeal with skim milk, raisins and nuts and a grapefruit, high in Vitamin A and C. In fact, oatmeal has been shown to help improve children's memory and attention skills when compared with ready to eat cereals.
- Low-fat yogurt and a piece of fruit
- Hard-boiled egg and banana; eggs can't be beat for creating a sense of fullness or satiety which in turn can decrease food consumption later in the day



Valerie Picard
Independent Health Coach

Heartwood

Heartwood is the new Life Group name for the "Young Adults Get Together Group."

We are excited about our new Life Group. We are just taking flight in the leading of God's direction.

The "heartwood" is the core and strength of the living tree. We long to have our roots grow deep into the truth of God's word and sustaining cornerstone of his church. As our branches spread, our prayer is that we bend in the direction of his leading as we raise our children, grow in our careers, develop our skills and passions, grow in our marriages, strive towards our calling, and follow the path at our feet.

If you have spent a little time journeying on life's road, but hope towards future years of learning, we welcome you to be apart of our group! Our goal is to become like the early church and work together to become the hands and feet of Jesus to our families, community, Klamath Falls, country, and world. We may be tired from staying up all night with young children, or living life at the pace of soccer practice and homework, but together we are stronger. We remind each other of our ultimate calling. Join us if you dare! HaHa - It is probably not safe, but we will seek truth! Be prepared for member leadership (this means that everyone is a leader and will have a chance to facilitate the group time)

Practically, we will start with meeting once a month and share a dinner together with a dialogue / discussion about life or what Pastor John is talking about. Our next planned meeting is on 3/17/19 from 430 - 630. (We need to confirm this date and location with Linda and CJ Riley and Belinda and Dan Scales) Stay tuned for where this will be -
Away we go!

Jon Fitch

Senior Ministries

The Senior Luncheon was a big success this month. Thirty-three people, lots of food provided, but we did almost run out of potatoes at the Potato Bar!!! That's a first!

The Potato Bar was a new idea to some, but they seemed to enjoy the variety. As usual, several folks especially Denny Fullerton and Gloria Sweezy were there early to assist in the preparation and later for the clean-up and Carol Mick jumped in there too!

Our Speaker was Laura Hartshorn from Home Instead Senior Care. She had a short video and then spoke about the services they provide and the concept of helping seniors remain in their homes where they are comfortable and have learned how to navigate the spaces safely.

Important to note is that these folks do not handle Meds. They can remind folks to take their meds, but they do not handle the meds at all at least until they hire a RN in Klamath Falls.

Watch for news about the next Senior Luncheon on March 18, 2019. We will have an interesting speaker and a wonderful lunch. Come, meet and enjoy the company of a lively bunch of folks.

Barb Dehlinger

Session Meeting Summary 2/21/2019

Pastor John opened the meeting with prayer. Using the practice of lectio divina, the elders read aloud, meditated upon, and shared thoughts on Psalm 23. Belinda Scalas shared her faith story.

The following items were discussed and approved as required:

- A safety plan for the church is to be developed led by Ryan Finney and Keith Stone.
- Fifteen people have been trained in use of AED unit. Kris Bienz is working with Gerald Howard to develop the protocol for use.
- Topics on the agenda for the combined elder/deacon meeting on 3/8 include: getting to know each other, parish coordination and how we promote the mission and vision of the church.
- Based on a suggestion at the congregational meeting, a class on ways to give assets to the church beyond regular giving will be organized.
- A project manager is needed who can provide oversight for long-range planning of the maintenance and updating of the building.
- Plans have been drafted for the kitchen remodel. The committee (Steve Waterberg, Steve Hamlin, Belinda Scalas, Barb Dehlinger, Linda Riley, and Katie Mengis) will meet to finalize plans and set a work schedule. Recruiting workers is ongoing.
- The kitchen remodel is being funded by a gift from Dorothy Proctor. Because this gift is in monthly installments over 5 years, money will be borrowed from “gifts for special projects” and from “sabbatical funds” with repayment as money comes from Dorothy Proctor’s gift.
- Upcoming events include:
 - Ash Wednesday service March 6th 6:30 pm
 - Pastor John attending a continuing education conference April 3-7. Luke will preach in his absence.
 - National Day of Prayer May 2nd. A community-wide event is being planned. Elders will be reading and discussing monthly the book Pursuing God's Will Together.
 - A monthly report on the financial status of the church will be placed in the newsletter.
 - A bingo night, a fund-raiser for kids going to camp, will be held March 20th.
 - Welcome bags are almost ready to begin giving to visiting families.

Reports were given by these committees and individuals: Lay Pastor, Deacons, Finance, Physical Resources, Missions, Children's Ministry, Christian Education, and Congregational Care. Minutes of meetings are available on request.

The next regular meeting is Thursday, March 21st at 6:45 p.m. Meetings are open. If there are items a person would like Session to address, please contact an elder in the week prior.

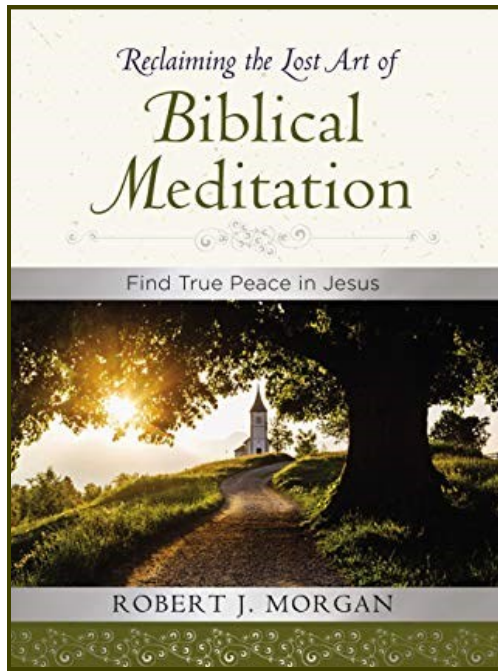
Gay Woods Clerk of Session

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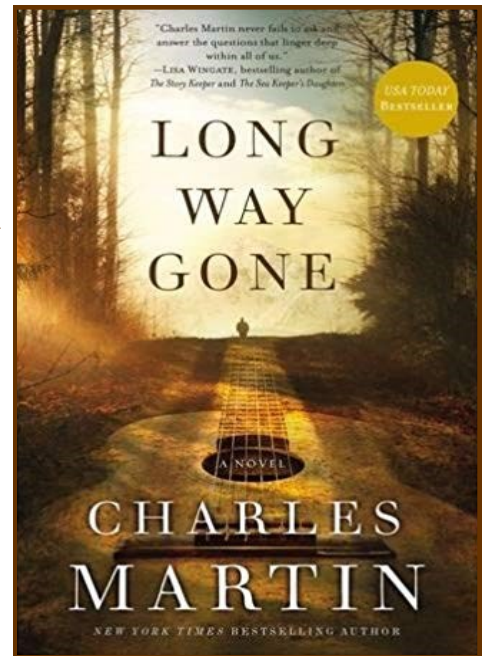
The old dish washer will be replaced with 3 sinks; washing, rinsing, and sanitizing.

As soon as we have the final floorplan, we'll have it available for all those who would like to see what's happening. Steve Watterberg is the chair with Belinda Scalas, Steve Hamlin, Katie Mengis, Linda Riley and Barb Dehlinger on the committee. Watch for more information as it is available.

Barb Dehlinger



New Library Books & DVD!



Pastor Robert Morgan leads us through a journey into Biblical meditation, which, he says, is *thinking* Scripture not just *reading* Scripture or *studying* Scripture or even thinking *about* Scripture—but *thinking* Scripture, contemplating, visualizing, and personifying the precious truths God has given us.

The practice is as easy and portable as your brain, as available as your imagination, as near as your Bible, and the benefits are immediate. As you ponder, picture, and personalize God’s Word, you begin looking at life through His lens, viewing the world from His perspective. And as your thoughts become happier and holier and brighter, so do you. *Amazon.com*

New DVD - A Man Called Jon

Jon Terrell Carson loves to worship God, but his way of showing it is a bit unconventional which creates conflict in his church to the point where the members of the congregation petition and have him removed from the church. Jon’s Bishop sends him to a new church that better fits his style of worship and the new congregation loves Jon, but there are some unresolved issues at his new church home that cause new problems for Jon. This is an endearing, light-hearted dramedy, with a fun, yet powerful message of unconditional love and acceptance that will have you reexamining how you look at others and what is truly considered normal. *Dove Approved and is in the Christian Film Database.*

“No matter where you go, no matter whether you succeed or fail, stand or fall, no one is too far gone. You can always come home.”

At the age of eighteen, musician and songwriter Cooper O’Connor took everything his father held dear and drove 1,200 miles from home to Nashville, his life riding on a six-string guitar and the bold wager that he had talent. But his wager soon proved foolish.

Five years after losing everything, he falls in love with Daley Cross, an angelic voice in need of a song. But just as he realizes his love for Daley, Cooper faces a tragedy that threatens his life as well as his career. With nowhere else to go, he returns home to the remote Colorado mountains, searching for answers about his father and his faith.

When Daley shows up on his street corner twenty years later, he wonders if it’s too late to tell her the truth about his past—and if he is ready to face it himself.

A radical retelling of the prodigal son story, *Long Way Gone* takes us from tent revivals to the Ryman Auditorium to the tender relationship between a broken man and the father who never stopped calling him home. *Amazon.com*

A Little Bit of History about First Presbyterian Church

In the above picture, taken in 1920, the steeple of the Presbyterian Church of Linkville marks the furthest of the cities growth.

- In 1880 the community of Linkville organized weekly church meetings. (Sunday School)
- The Rev. Robert McLean, formerly a Presbyterian missionary in Chile, affiliated this group with the Presbyterian Church.
- The Organization of a congregation took place on February 27, 1884.
- Land for the first church was given by Mr. and Mrs. W.I. Nichols, 3rd and Pine St.
- The new church, a white wooden structure, was dedicated on November 15, 1885. Cost was \$2,810.79.
- The First Presbyterian Church of Linkville soon became the center of religious life and many social and educational activities in the community.
- The bell, first large bell in Klamath County, rang out not only to call the community to worship but for community meetings, fires, and funerals as well.
- For more than 20 years the church received money from the Presbyterian Board of Home Missions. After 1907 it became entirely self supporting.
- From 1884 to 1903 the church was led by 15 ministers.
- In 1912 the name of the church was changed to First Presbyterian Church of Klamath Falls.
- On August 22, 1919 the cornerstone was laid for the erection of the second church building at Sixth and Pine Streets.
- The second church, a red brick structure was dedicated April 19, 1920. Cost \$19,000.
- Our current building is the third church. It was built in three phases:
 - * 1950 Sunday School Wing
 - * 1953 Tower
 - * 1956 Sanctuary
 - * Cost exceeded \$300,000.00

Thank you Todd Kepple and Don Boyd!



Klamath County Museum - 1150.1977.000.0310

First Presbyterian Church
 601 Pine Street
 Klamath Falls, OR 97601

Return Service Requested

FPC Elders

Heidi Neel Biggs
 Thelma Cox
 Barb Dehlinger
 Craig Rappe`
 Belinda Scalas
 Andrew Smith
 Laura Stewart
 Mitch Stokes
 Rich Touslee
 Gay Woods



A Covenant Order of
 Evangelical Presbyterians

FPC Deacons

Randy Clark
 Bryan Coe
 Charlie Dehlinger
 Denny Fullerton
 Bill Kennedy
 Emily Mengis
 Terrie Mumford
 Valerie Picard
 Brooke Smith
 Judy Swan
 Lee Woods

Contacts at FPC

Pastor John Geiter -
 jgeiter@klamathfpc.com
 Luke Wehr - Youth Director
 Youth website:
<http://www.klamathfpc.com/our-ministries/youth/> & lwehr05@gmail.com



Mary Kern - Children's Ministry
 Director
 Childrensministry@klamathfpc.com
 Ashley Bocchi - Nursery & Toddler
 Room Coordinator
 bocchiak@gmail.com

Sheryl O'Neal - MOPS
 sheryloneal27@gmail.com

Kris Bienz - Financial Secretary
 kbienz@klamathfpc.com

Susan Scrimsher - Choir Director
 sscrimsher@klamathfpc.com

Mary Kern - Praise Team Director
 maryekern@hotmail.com

Belinda Reno - Administrative Assist.
 breno@klamathfpc.com

601 Pine Street
 Klamath Falls, Oregon 97601
 (541) 884-7781
 contact@klamathfpc.com

WEBSITE:
www.klamathfpc.com
 Our time of services are:
 9:00 Contemporary
 11:00 Traditional

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