



CENTRAL LIFE

Central Presbyterian Church
October 21, 2020

The Season of Autumn is one of my favorite seasons. I love the cool nights and the bright sunny days, and the occasional rainy (a nice day for a nap) days. Frank and I got married in October. While serving churches in North Carolina and Pennsylvania, I was known as the “pumpkin” lady because our church would sell pumpkins on the front lawn. I love to paint pumpkins, rather than carve them. I love Thanksgiving and all the fun of that, which includes Turkey Notes. (What are Turkey Notes? They are notes to each person at the Thanksgiving table that the turkey (before cooking) writes to remind each person of how blessed they are, and to remember to be thankful for so much.)

In the church schedule, Autumn is associated with Stewardship Campaign for the next year’s mission and ministry, and we set aside time to consider what it means to manage and care for what God has entrusted to each of us and to us as a church community. This year’s theme is **I’m IN**. We hope you will be **INvolved** in the church life even when we are not able to gather in person. We are trying to offer opportunities to connect and to build relationships with one another. We are **INviting** you to be **INvested** in Central Presbyterian’s on-going work and ministry.

Yes, I know this year has been very strange, but we have continued to serve in our local community, within our church family, and in the world. We have seen improvements around the church as well as the continuing of the Community Garden at the Boys and Girls Club. About 50 meals are delivered each month with Meals on Wheels, plus we have people volunteering at the Soup Kitchen and the Bristol Emergency Food pantry. We are seeking to **INgage** (we know it is EN—but it is the theme) as many people as we can in Bible studies and by providing worship each week. Our youth are **INviting** friends to be a part of gatherings on Zoom and in-person. And, our hope is that you will be **INCouraged** to make a commitment for 2021.

We have two events as a part of our Stewardship Campaign. One is this Sunday, October 25, from 2-4 p.m. We will have a Central Presbyterian Church Parking Lot Gathering! You can bring individually wrapped candy to be included in the candy bags for our Halloween Extravaganza on October 30 and 31. You will be offered Lemonade in the Shade To-Go refreshments, and you’re welcome to bring a chair, come sit near your car and visit with each other.

The second event will be on Sunday, November 15, from 2-4 p.m. when we will ask you to personally return your Commitment card for 2021. Why do we need commitment cards? So that as the Session plans and prepares for a new year of work and ministry, we are able to make a budget that this congregation is willing to help support. The problem with knowing what will happen in 2021 is that we don’t know what will happen. So we ask that you give in faith as you are called by God to share of what you have. The Session, in turn, will work in faith to dream dreams and see visions of where God is calling our church to serve, to extend grace and love, and to grow in new possible ministries. We need everyone to be willing to turn in a card with an estimate of what you hope to be able to give to support the work of Christ through the hands, feet and hearts of our church family.

So my question for you is: Are You **IN**? **I’m IN** and I **INvite** you to join me as we look with hope, faith and joy into the next year in how God will guide us forward. **I’M IN**---Are you? We hope to see you on October 25, 2-4 p.m. in the Church parking lot.

Grace and peace,
Ann Aichinger

At Home: Bob and Becky Ingram, Bill and Mary Kay English, Bob Stuart, Bessie Kitts

At Brookdale Bristol: Carol Duhaime for rehab and care

At Dominion Senior Care: Hugh and Linda Wise

At Elmcroft: Patsy Wampler, Jackie Phillips

At Encompass: Allen Vance (Kingsport), Guy Briggs (Bristol)

Bob Ingram, who had a tractor accident while mowing and was run over as the brakes gave out;

Joy Briggs' husband, Guy, is dealing with severe shingles and was hospitalized but is now at Encompass in Bristol;

Allen Vance was in the hospital and is now at Encompass in Kingsport;

Brian (Monica) Alderman and his family on the death of his father on Monday, October 19, from COVID-19 complications;

Rich Williams continues to deal with complications from his surgery;

Larry Surber as he recovers from shoulder surgery;

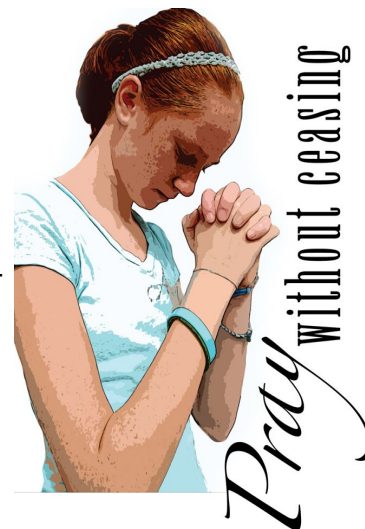
George Fitzgerald, Ann's father who is dealing with the healing of some skin cancer on his face;

Mark McCord will be going to UT on Tuesday to begin the work toward a kidney transplant;

Cheryl Clark will be having cataract surgery next week, October 28;

Frank Sikora is in Hospice care at home;

Jean Bane will be having shoulder surgery on October 27 to remove a cancer.



Continue in Prayer for renewed health and strength for...

John and Linda Barker and their family, Daphne McCord, Bobby Davis, Alice Owenby, Candy Ellis, Coleen Wheeler, Randy Broyles, Jim Matson, and Heather Kiser.

We Extend our Christian sympathy to...

"Blessed are those who die in the Lord; they will rest from their labors and their deeds will follow them."

Revelation 14:13

Brian (Monica) Alderman and family on the passing of Brian's father, Donnie Alderman, on October 19, 2020 in Winston-Salem, NC.

Thank You...

Jean Thomason wishes to express her thanks for all the prayers, cards, and food received from the church family. "It's good to be home and receiving your in-home therapy." Blessings, Jean

Memorials...

To the Food Pantry given in Honor of Patty Caldwell, by Nancy Kiser

To the Food Pantry given in Honor of Patty Caldwell, by Jean Thomason



Andrew and Alice Clark
who were married on Saturday, October 17, 2020.
They will be living in Knoxville, TN.
Andrew is the son of Steve and Vickie Clark.

“And now faith, hope, and love abide, these three; and the greatest of these is love.”
1 Corinthians 13:13

Congregational Parking Lot Party: Sunday, October 25, 2-4 p.m.



Have you been wanting to see others from our church family and have time to visit? Have you been keeping your distance from others for fear of the virus? We all have sought to be careful, but there is a need for community, and to have a chance to visit with one another---at a distance.

So...YOU are invited to come and park at the church, roll down the windows, or bring a chair to sit outside at a distance from others and visit. We will have Lemonade in the Shade TO-GO bags as refreshments (or you can bring your own snacks.) Please do bring a mask to wear, and dress appropriately. You can stay the entire time or come for a few minutes. But make a plan to come and join us.

We invite you to **bring a bag or two of candy** to be used to make Trick or treat bags for the following week for the children of our church. Please make sure it is individually wrapped candy. Our youth will be working on assembling them and then they will given out on October 30 as a part of our Central caravan for trick or treating (see page 6 for more details!)

Upcoming Sermons...



Oct 25: I'm IN! Are you IN?
Nov 1: I'm Influenced
Nov 8: I'm Included
Nov 15: I'm Invested
Nov 22: I'm Instructed

Thessalonians 2:1-8; Matthew 22:34-40
1 Thessalonians 2:9-13; Matthew 23:1-12
1 Thessalonians 4:13-18; Matthew 25:1-13
1 Thessalonians 5:1-11; Matthew 14:30
Ephesians 1:15-23; Matthew 25: 31-46

November Birthdays



Happy birthday! Happy birthday! Happy birthday!

Nancy Kiser	1	Avery Herold	18
Verle Sutphin	1	Christa Anderson	18
Tyler Wycoff	4	Nicholas Fuller	18
Eleanor Rampe	6	Terry Stone	19
Jackie Phillips	6	Josie Russell	19
Danny Clark	7	Nancy Arnold	21
Phyllis Morris	8	Finley Sims	21
Rob Blanton	10	Terri Davis	22
Terri Surber	15	Debbie Wagner	22
Connie Addison	15	Harper Ellis	24
Joseph Timp	15	John Dodge	25
Clayton Kiser	16	Vickie Clark	28
Mark McCord	17	Kelly McBride	30

Happy birthday! Happy birthday! Happy birthday!

Happy birthday!

Happy birthday!

Have you set up your account? It is not too late! Each week, you are invited to watch various videos to extend understanding for Worship and for the "Wonderful Wednesdays" Bible Study. So check it out now!

If you have family members or neighbors you want added to our subscription, please send their email addresses to annaichinger@gmail.com and they will be added as soon as possible. An email invitation will be sent to them to set up their account. Let us know what you have found to be helpful and inspiring. Feel free to browse around the site and continue to grow in your Biblical understanding. www.RightNowMedia.org



RIGHTNOW MEDIA MINISTRY RESOURCES



Join us for “Wonderful Wednesdays” in October/November on ZOOM. You can join us with video or you can call in and be part of the group. We will have time to chat and catch up on life as well as spend time in prayer for one another and those on our hearts.

We will begin a new, 5-week study discussing Bob Goff’s book, **Love Does: When you love like Jesus does, you will live like Jesus lived.** The video portion will be shown as a part of our study, but if you want to watch it before we gather on Wednesday, you can find it on *RightNow Media* (rightnowmedia.org) in the Central Presbyterian Church library resources.

Oct 21: I Am With You	Matthew 1:18-23; Matthew 5:13-16
Oct 28: Free to Fail	John 21:15-19; Matt 5:21-26, 16:17-19
Nov 4: Audacious Love	1 John 4:7-12; Genesis 28:10-17
Nov 11: Be Not Afraid	Matthew 6:25-34; Mark 6:45-52
Nov 18: Follow Me	Matthew 4:18-20; Luke 18:18-22

Below is the Zoom information. The invite will also be emailed out to the church family on Wednesday mornings. **Remember:** This is the same meeting information from week to week. **Join Zoom Meeting at:**

<https://us02web.zoom.us/j/82923591544?pwd=MTIHMENVwWnlWZ3dPRGIXUIZaRlpqQT09>

Meeting ID: 829 2359 1544

Passcode: 787706



Youth Day at Montreat!

We had a wonderful group of four middle school youth attend our day trip to Montreat on Saturday, October 17th.

Josie, Ann, and Ann’s son, Chauncy, joined them. The weather was perfect for a hike up Lookout Trail where we snapped some gorgeous photos. The group also enjoyed fellowship, pizza from our favorite “My Fathers Pizza”, shopping, fairy hair, and a trip through the iconic Montreat gate so we could shout “Hi” to Frank as we drove by the columbarium!

We love these opportunities to grow as a group, especially in a place as special to us as Montreat! Pictured are:

Vivian Wycoff, Becka Reese, Isla Searcy, and Julee Jones.





Halloween at Central will be a little bit different this year! We have created two different events for the kiddos in our church, and we hope your family will participate! We are asking for RSVP's if you are planning to participate so we can keep you informed and have enough goodies for everyone. You can send your RSVP to josieannrussell@gmail.com. Here are the details:

Saturday, October 31st
Virtual Halloween Party 4:00 p.m.-5:00 p.m.

Beginning at 4:00 p.m., we will host a Virtual Halloween Party complete with a scavenger hunt, dance party, and costume contest (really just a chance for each kid to show off their costume), and other FUN Halloween activities. See you there!

Friday, October 30th
Trick-or-Treat Caravan 5:30 p.m.

Families can meet at the church at 5:30 p.m. for a little socially distanced fellowship and a photo opportunity for each kid in their costume. We are setting up a cute photo booth area and will share the photos on social media with parent's permission. From there, we are going to form a caravan so that each family can drive their own vehicle and stop at the houses of other designated church members. These houses will serve as Trick-or-Treat stops so the kids can grab a yummy treat and wave hello to church members they haven't seen in a while. Each vehicle will receive a map with all the Trick-or-Treat stops and some guidelines to keep this event as safe as possible for all the participants.

It is October, which means it is **Pastor Appreciation Month**. Central has so many reasons to celebrate our Pastor, Ann. As many of you know, Pastor Ann was a child of our church. Her dad, George Fitzgerald, was the pastor here at Central a number of years ago. Ann participated in our youth programs and was confirmed in our Church. After the Fitzgerald family moved on, several members of our congregation stayed in touch with them. Ann grew up, and followed along in the family tradition.

At a time when our Church needed direction, some members of our congregation reached out to Frank and Ann Aichinger. Frank and Ann were co-pastors working in an unconventional, but innovative pastoral model in another congregation. God knew that our Church needed new directional and spiritual leadership. Thank goodness Frank and Ann accepted God's call! God knew that Ann had a deep seeded love and knowledge of Central. God also knew Frank and Ann were a dynamic duo that could lead our congregation back to together; stronger than ever.

We have so much to be thankful for in our Pastor, and that is why I reached out to the Central family to write this article. Many wonderful things have been said about her, and there are many reasons why she is so appreciated. Ann always has Central's best interest at heart. She always has our community, our Country and our World on her mind and in her prayers as well. She is our spiritual leader and our business leader. She works closely with our Session to ensure we are taking care of the Church business and the leaders are caring for our spiritual community. She leads her staff with love and compassion. She leads with exemplary example. She leads us forward with the Church of tomorrow in mind, while not forgetting our rich traditions and ensuring we share those with our younger generations.

Ann continues to educate herself so that she can continue to grow, and in turn, help her congregation and community to grow as well. She has been keen to the problems in our Country, and she has been attending seminars and Zoom meetings relevant to the issues, such as racism. She has learned how to manage technology, learn new strategies to keep our Church running and our community connected, all while working from home in the middle of a pandemic! Ann has continued pastoral care remotely in times where hospital and care centers were not allowed. She has worked with grieving families in a time where funerals were not permitted or simply just limited. She has worked with benefactors who were willing to gift our Church community with resources to use remotely through **RightNow Media**. Ann offers daily encouragement via our social media platforms and is reaching folks far and wide across our Country. Few will know how much she has truly done this year, alone, to keep us moving forward.

Ann has shown us that caring is crying. She is a sensitive person, but is always consoling and comforting. She shares her happy tears, too. She has shown us how to grieve with grace in the face of her own loss and how to keep moving forward. One of the best compliments that was shared with me as I was preparing to write this article, was that "Ann is REAL." Ann is always a real person first. She shows us that she is human while also being our Pastor and church leader. She is love and caring. She is a communicator. She is funny and has an infectious laugh. She loves her people and her people love her. She loves our children fiercely. She shows us through Children's Sermons, Apple Chapel, reading buddies, in-person greetings, and especially with the baptism of our children. She glows with love when she parades with a newly baptized baby.

I, myself, and so many others love our Pastor. We appreciate all of the hours she gives to us. She prays over us, teaches us, leads us and shows by example what Christ teaches us. She emits light and love as she has been commanded by our Creator. Thank you Pastor Ann.

With gratefulness,
Niki McGrew





The Soup Kitchen: A Different Setup

The Soup Kitchen is undergoing some changes because of Covid-19. For the past few months, food has been purchased from **Feed Southwest Virginia** and then distributed. However, that is no longer possible or feasible. Canned food has been purchased in bulk from Food City at a better price and with more variety, and bags have been donated by the Robinette Company.

We are now in need of volunteers to bag those items, other volunteers to transport the bags on a pull-cart, and arranging the bags at the distribution area. The bags will weigh approximately 15 lbs. This is now being done in shifts: **1:00-3:00 and 3:00-5:00 on Tuesdays and Thursdays**. The proper protocols are in place with each table spaced the required distance apart, masks required, temperatures taken, hands sanitized, and gloves provided. Plus, all the questions are being asked just like entering your medical facility. Hopefully this will be a temporary set up, but it will be at least for the next 2 or 3 months. We need 8 people per shift; 4 to bag, 3 to transport and arrange the bags, and one person to be the supervisor and help where needed.

Individuals are needed but what about a team of individuals...your family, your neighbors, and friends? Could you, as an individual, commit to one shift per week? That's just 8 hours per month or any time you can give, **starting in November**, will be greatly appreciated. Please contact Nancy Kiser at 423-956-5289 or npkiser@charter.net if you have questions or wish to volunteer.

Church Work Day!



Bring your rake and wear your overalls!

We will be working on the church grounds getting ready for the fall and winter seasons. We need volunteers to help us with landscaping, mulching, leaves, and anything else we can "dig up!" All are welcome to join us on: Friday, October 30th at 9:00 a.m.

If the weather does not cooperate (it will!) we will give all volunteers a "rain check" for another opportunity to help beautify our church. See you then for this FUN work day!

Help Wanted!

My mother is coming back to her home in Abingdon and I am in need of caregivers for her. She requires 24/7 care, and I am looking for live-ins. But, I am open to shifts too. If you are, or know anyone who might be interested, please call or email me at the church. Thank you so much, and peace to you. Lynn Gilbert

The session met on Tuesday, October 20 at 7:00 p.m. by Zoom. As a part of the Session sharing, we talked about the things we have learned during the pandemic situation.

John Barker will be the Commissioner, from Central, to the November 12 Abingdon Presbytery Meeting (virtual by Zoom.)

Reports from Committees:

- * Administration and staff approved Ann Aichinger's health benefits (no change from 2020.)
- * Becky Widner, Director of Apple Academy, is back after her heart surgery.
- * Christian Education reported on the plans for the Halloween Extravaganza Weekend on October 30-31, and the Advent Sunday Gathering on November 29.
- * Fellowship and Dining will be helping with refreshments and/or food for the Congregational Parking lot gatherings.
- * Finance, Budget and Stewardship reported that the budget continues to do well and we are very appreciative of everyone's faithful financial support of the church in this time. T

The theme for the 2021 Financial Campaign will be ***I'm IN.***

There will be a Commitment Sunday Parking Lot gathering and Take-Out dinner on Sunday, Nov. 15.

- * Worship Committee will set up of the labyrinth during Advent in Central Hall as a way to Journey to Bethlehem;

Provide Christmas music at specified times to be presented in the sanctuary with screening, masking and spacing of participants ;

Commitment Sunday in the church parking lot - Ann Aichinger proposed this as a parking lot gathering with a meal (in to-go boxes) and a time for people to drop off their commitment cards and visit with one another.

- * Technology is working on improving the sound as well as other aspects of the environment in the Sanctuary for future worship times and live streaming and broadcasting.
- * Christmas Eve Communion Service will be held on December 24 at 7 p.m. in the church parking lot.

Thank You...



Thank you to Larry Clarke, David White, and Mike Vollmer for overseeing the repairs to the church steeple. Leonard's Roofing did the work, and Randy Mercer did the painting. Hopefully, this will help for years to come.



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CENTRAL LIFE

How to Keep in Touch:

www.facebook.com/CPCBristol: You do not have to sign-in or log on. Just click “not now” and the site will pop up. Scroll down to find the latest message.

www.CentralPresBristol.org: Click on “View Sermons” then scroll down to see Pastor Ann’s videos for each day.

Options for giving to the work and ministry of Central Presbyterian:

- * You can give in a check, or cash, in the offering plate, dropped by the office, or mailed to:

Central Presbyterian Church
301 Euclid Avenue
Bristol, VA 24201-4013
- * You can give through your online banking to Central.
- * You can set up an automatic deposit from your account; please talk with the Finance Director on how to do this.
- * You can TEXT to **CentralPres** (no spaces and Capital C and P) to **73256**. You will be directed to make your donation through Realm.
- * You can give one time, or regularly, through your **Realm Connect** profile.



Reminder: Please continue to send in your pledges and financial support for Central Presbyterian. Although the church building may not be fully operational, the work and ministry is still happening.

How to contact us:

Ann Aichinger, Pastor	ann.cpc@bvuv.net
Robert Campbelle, Music Director	robertcampbelle@gmail.com
Joy Smith-Briggs, Organist	gjbjoyb@btes.tv
Josie Russell, Youth & Young Adult Dir.	josieannrussell@gmail.com
Lynn Gilbert, Admin. Asst. Newsletter Editor	office.cpc@bvuv.net
Mary Moffatt, Finance Director	finance.cpc@bvuv.net
Trish James, Food Service Director	tjames1234@charter.net
Becky Widner, Dir. of APPLE Academy	applepreschool@yahoo.com
Barbara Mann, Volunteer Parish Nurse	barbar632002@gmail.com

Office Hours:

The current office hours are 9:00 a.m. to 2:30 p.m., Monday-Friday. Please call 276-669-3157 for office hour changes and updates.

