

# Central Life

*Central Presbyterian Church*

*February 26, 2020*



Today (February 26) we begin the liturgical season of Lent. Lent lasts 40 days (not including Sundays), and the liturgical color is purple, which is a reminder that it is a season of reflection and preparation. Oftentimes we associate Lent with a season of fasting or the giving up of something we like, for example, coffee or chocolate or caffeine or drinking soft drinks. It was originally a time to give up something that was in the way of your faith in God growing deeper. But Lent is more than just a season to give up something. It is a time to reflect on our journey with Jesus as we move toward Good Friday and the Crucifixion.

But what if, instead of giving up coffee or chocolate, we decided to fast from something in order to take on a new discipline. So I offer these words as a way to consider our journey in this Lenten season.

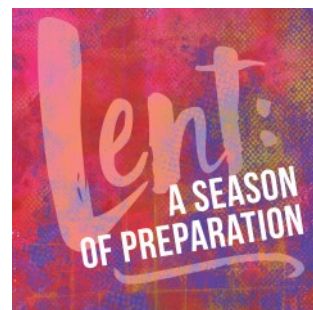
- ♦ Let us fast from speaking hurtful words and be willing to say kind words.
- ♦ Let us fast from sadness and be filled with gratitude.
- ♦ Let us fast from anger and be filled with patience for the other.
- ♦ Let us fast from pessimism and be filled with hope.
- ♦ Let us fast from worries and develop a trust in God.
- ♦ Let us fast from complaining and consider a simpler life.
- ♦ Let us fast from pressures and be more prayerful.
- ♦ Let us fast from self-criticism and offer ourselves grace to live in love.
- ♦ Let us fast from bitterness and allow our hearts to be filled with joy.
- ♦ Let us fast from selfishness and become compassionate toward others.
- ♦ Let us fast from holding onto grudges and seek to be reconciled to one another.
- ♦ Let us fast from speaking words and live with silence that we may improve our listening.

In this season you are invited to take on something that will deepen your faith and strengthen your commitment to follow Jesus. In this season may we as a church family grow in our love for God, for our world and community, for our neighbors and friends and for those whom God places in our life.

Ann Aichinger

## **Upcoming Sermons:**

March 1: Jesus in the wilderness and dealing with Temptation (Matthew 4:1-11)  
March 8: Dr. Brian Alderman preaching  
March 15: Dr. Brian Alderman preaching  
March 22: Raising of Lazarus (John 3:1-17)  
March 29: Man born blind (John 9)  
April 5: Palm Sunday (Reading the Passion story from Matthew's Gospel)





# ANNUAL MEETING



**SUNDAY, March 1, at 10:00 am**

All Adults and Youth are invited to join us in Central Hall during the Sunday School hour for the Annual Meeting of Central Presbyterian Church of Bristol, Inc.

We will hear a report on the State of the Church, hear a brief presentation about Realm (the new online church directory), and have a Congregational Meeting to elect a Nominating Committee.

For the Nominating Committee, from the congregation:  
Tim Landis, Jay Hall, Gena Prince, Alisa Harris, Lynn Butcher  
Appointed by the Session:  
Nancy Kiser and David White



## **PCUSA Blue Shirt Sunday, March 1:**

The first Sunday of Lent has been designated as “Wear your blue t-shirt Sunday.” This is a way for the PCUSA to recognize the work of the Presbyterian Disaster Assistance program. Whenever work teams from the PDA arrive on scene, they wear the uniform of blue t-shirts. This on-going work is supported through the One Great Hour of Sharing offering and enables assistance to arrive on site in the midst of disasters.

On March 1, everyone is invited to wear blue: your blue Central Presbyterian shirt or another blue shirt or sweater, blue jeans, or a blue flower or blue hat. For more information about Presbyterian Disaster Assistance, visit: [pcusa.org/blueshirtsunday](https://pcusa.org/blueshirtsunday).



### You're Invited to Richard & Summer's Home Dedication

Richard and Summer Mays and their children invite you to their home dedication ceremony on Saturday, February 29, at 12:00 noon at 117 Lilly Street, Bristol, TN. Join us as we celebrate Richard & Summer receiving the keys to their new home.

This home was built in partnership with Agero, Central Presbyterian, Christ Fellowship, Living Waters Baptist, State Street UMC, and the community of Bristol. Thanks to all the individuals and group volunteers for helping Richard & Summer achieve their dream of homeownership.

Special thanks to Dirk Serfis and the Habitat Regulars for their hard work and to First Bank & Trust. Also, Holston Habitat appreciates Bill Lamie for his amazing guidance as site supervisor on this project.



## Wednesday Night Activities

Join us each week for Wednesday Night Supper and Activities.

Supper is at 5:30 PM (\$5.00 donation) with prayer and programs starting at 6:00 pm.

There will be informative and fun activities for all ages, including Children's Choir for age 3 to 4th graders. There is a nursery for under 3 year olds.

### Programs:

#### Wednesday Night Bible Study: Encounters on the Road to the Cross

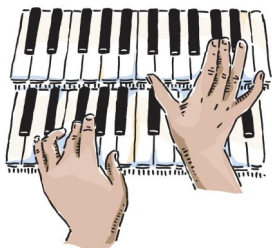
During the season of Lent and into the first Sunday of Eastertide, we will be meeting characters who were a part of the Journey to the Cross and who met Jesus on that way. Each character has his or her own story, and invites us to see Jesus in a unique way from their situation and circumstance in life.

- March 4: The Rich Young Man and dealing with the theme of self-denial
- March 11: The woman caught in adultery and the reality of forgiveness
- March 18: The Samaritan woman at the well and discovering New Life
- March 25: The mother of James and John and the pursuit of ambition
- April 1: Caiaphas the High Priest and issue of jealousy
- April 8: Simon of Cyrene and being one called to carry the cross
- April 15: Nicodemus and what it means to be reborn

### Menus:

- March 4 - BBQ, Baked Beans, Slaw, Salad Bar, and Dessert
- March 11 - Lasagna, Bread, Salad Bar, and Fruit Salad
- March 18 - Kielbasa with potatoes, peppers, and onions, Slaw, Salad Bar, St. Patrick Day Dessert





## Lenten Organ Meditations

It is time to mark your calendars for the Annual Lenten Organ Meditations at noon on Wednesdays during Lent. This is the 9<sup>th</sup> year of this series at Central Presbyterian Church. Out of curiosity, I made a list of the different organists we have had over those eight years and I discovered we have heard more than seventeen different organists. Only three of them have played more than once, the exception being Joan Keith and myself. I believe that is witness to the great diversity we have among church musicians in the Tri-Cities and their willingness to share their talents.

We will have three new organists this year. The first is Alice Sanders, organist at First Presbyterian, Kingsport, who will offer the first of the series on Wednesday, March 11.

Nick Andrews, who is the only 'repeat' organist this year, will play on March 18. Nick is employed full-time at St. John's Episcopal Church in Johnson City as Organist/Choirmaster and Administrative Assistant.

A remarkable young organist, Jacob Moorman, will be on the organ bench on Wednesday, March 25. Jacob is the youngest organist we have ever featured. He is currently a student of Dr. David Runner, with whom he has studied for 5 years. He is also a piano student of Dr. Sharon Rush. He will play selections by Brahms, Bach, and Pachelbel.

Stephanie Yoder, Organist/Choir Director at Emmanuel Episcopal Church in Bristol, VA will wind up the series with her presentation on Wednesday, April 1.

All of the meditations will start at 12:05 on Wednesdays and last from 30 to 45 minutes. There is no charge for the meditations, but donations to the music programs are gratefully accepted. CDs of all programs will be available.

Please join us for this time of contemplation and careful consideration of the meaning of Lent and the Easter that is to come.

*- Joy Briggs*





## Can you spare 30 minutes a week? Or Less?

Too busy? We all are, so we keep it short: playing in the Central handchime or handbell choir takes just 30 minutes a week. The handchimes meet on Wednesdays at 5:00 pm for half an hour, right before Wednesday night supper at church.

The handbells meet on Wednesdays at 6:15 pm for half an hour, right *after* Wednesday night supper. *AND*... we are rehearsing for one month—just 4 weeks—and taking the following month off, after playing in church.



It's a very small time commitment for a very satisfying experience. Ringing handbells or handchimes does not require great musical talent; just a willingness to make beautiful sounds. And for only 30 minutes a week, every other month. You can do it—you will be blessed, and you will bless others!

Call Robert Campbelle (276-623-3050) or Joy Briggs (248-804-1191) for more information. Or just speak to one of us at church.

### Youth Events for 5th-12th graders

#### WEDNESDAY NIGHTS

Special Wednesday Night on Feb. 26—Mardi Gras Dinner, King University Jazz Band followed by the Ash Wednesday Service

Wednesdays, March 4, 11, 18, 25, 5:30 p.m.-7:00 p.m.  
Dinner then lesson/activity

#### SUNDAY AFTERNOONS

March 8: 3-5 at the church  
March 29: 3-5 tentatively volunteering at Christian Care Center, but meet at the church.



**Josie Russell, Youth Director**

**[josieannrussell@gmail.com](mailto:josieannrussell@gmail.com)**

**423-383-9291**



## March



- 2 - Ben Arnold
- 4 - Kellie Campbell  
Larry Clarke
- 6 - Twana Meade  
Nicholas Wilson
- 8 - Eva McBride
- 9 - Jane Morison
- 10 - Brian Scott
- 11 - John Ellis  
Will Wampler
- 12 - Monica Alderman
- 13 - Donnie Spurell
- 15 - Gary Aday  
Lois Clarke  
Greg Taylor
- 17 - Bobby Davis
- 18 - Juleeauna Jones
- 19 - Winona Aday  
Ainsley Repass
- 20 - Jim Otis  
Gena Prince
- 21 - Tyler Franklin  
Bruce Hendricks  
Brie Kite  
Glenn Myers
- 22 - Courtney Reese
- 26 - Rebecca Meade
- 29 - Robbie Blanton  
Carter McCord
- 30 - Missy McCord
- 31 - Linda Waldron







## SESSION NOTES

The Session met on Tuesday, February 18, 2020. Excused were: David White, Nancy Kiser, Don Hagaman, Doris Hall, and Rob Hollo

### INFORMATION:

- Ann Aichinger will be on vacation from March 5-16. She will be out of the country for part of this trip. If you have any pastoral concerns, please call the church office.
- The Memorial Committee, along with Ed Whitehead and Linda Waldron, will be working on Frank Aichinger's pastor plaque for the Columbarium Room.
- APPLE Academy Preschool is needing 2-3 more staff members. If you know of anyone who might be interested, please have the contact Becky Widner at APPLE (276-669-9328).

### SESSION ACTIONS

- The April Session meeting was moved to April 28, 7:00 p.m. to accommodate Ann Aichinger's vacation and continuing education trip.
- John Barker was elected as commissioner to Abingdon Presbytery meeting at Bethel Presbyterian, Abingdon, VA, on March 12.
- The Annual PCUSA Statistical Report on Central Presbyterian was approved.
- The search committee for the Office Administrator position was approved. Those who have agreed to serve are: Gale Thompson, John Dodge, Briggs Allen, Janis Davis, and Helen Scott.
- Nomination committee was recommended and the Annual congregational Corporation meeting was set for Sunday, March 1, 10 a.m. in Central Hall. Those agreeing to serve on the nominating committee are: Appointed by the Session: Nancy Kiser and David White; to be elected from the congregation: Tim Landis, Jay Hall, Gena Prince, Alisa Harris, Lynn Butcher.
- Approval of the Backpack ministry requesting additional funds from the Abingdon Presbytery Hunger Committee.
- Approval of a Spring Fundraiser: Spring Cleaning for Loose change (watch for more details in April).
- Palm Sunday worship will be one service at 11 a.m. in the Sanctuary with both Sanctuary Choir and Praise Band leading the music.
- There will be a Harmon Memorial Concert on Sunday, April 5, at 7 p.m. in the Sanctuary. It will be "The Seven Last Words of Christ" by Dubois and given in memory of Kevin Flannagan.
- Summer worship schedule will be from May 24-September 27.

### BRISTOL FAITH IN ACTION, NEEDS IN MARCH:

Toilet Paper	Bath Soap	Bring to Central or take directly to BFIA, 1534 Euclid Ave (10-2 Tu-F)
Feminine Hygiene items		
Toothpaste	Shampoo	
Cleaners	Dish Soap	
Disinfecting Wipes	Also Volunteers for receptionist and appointments	

Dear Central Church family,

I will be on vacation from March 5-16, and I wanted to let you know that

I am going on a trip and checking off one of the top experiences on my bucket list. I am going to Ecuador and the Galapagos Islands. My mother will be going with me and I am looking forward to being with her and experiencing this amazing place in the world. I have been reading up on the area and watching documentaries and preparing for this trip.

Some people have asked me why I want to go to the Galapagos Islands. It is unique place where hundreds of species of animals live and many are found nowhere else in the world. As a college student I studied botany (study of plants) and I'm looking forward to looking for and identifying some of the unique plants as well as animals on the islands we will visit. Information says that the animals have no natural fear of humans and so you can get very close to them—to get pictures and to watch their behaviors. Though you cannot touch any of them, just to be in their natural habitat will be awesome.

Four days before Frank died, he sent me an email with this trip laid out, and he said that he wanted to send me on this journey in October, 2019. But I declined that trip saying that I wanted to get to a place where he would be able to go with me. So after he died, the trip came around again, and I decided I would go. Yes, I will make a presentation on my trip to a Wednesday evening group. Also I am sure I will have pictures galore, so be ready to hear all about it. As I am out of country, I ask for your prayers for safe travel and that it is a trip of a lifetime. I hope that you will be in worship and at Wednesday evenings and continue to be involved in the life of Central. I will continue to hold you in my prayers as I do each day, and look forward to coming home and sharing my time away with you.

Grace and peace,  
Ann Aichinger



## Volunteers

### For Sunday, March 1:

**Coffee helpers** - Bernice & Don Hagaman  
**Greeters**

9:00 - Caroline Jones, Jean Thomason

11:00 - Allen & Retta Vance

### **Children's Church Leaders**

9:00 - TBD

11:00 - TBD

**Head Usher for March** – Casey McComish

### For Sunday, March 8:

**Coffee helpers** - David & Cathy White  
**Greeters**

9:00 - Niki McGrew, Sydney Collier

11:00 - Nancy Kiser, Casey McComish

### **Children's Church Leaders**

9:00 - TBD

11:00 - TBD

**Head Usher for March** – Casey McComish

**Food Pantry Volunteers** for March 12 -  
Diane Abbey, Laurel Broadfoot,  
Laraine Williams

### For Sunday, March 15:

**Coffee helpers** - Ken & Cindy Hale  
**Greeters**

9:00 - Larry & Lois Clarke

11:00 - Randy & Phyllis Morris

### **Children's Church Leaders**

9:00 - TBD

11:00 - TBD

**Head Usher for March** – Casey McComish

## Attendance:

February 16, 2020 - 140 in worship

February 23, 2020 - 99 in worship



## News for the Church family

### Hospital...

Jean Thomason and Bessie Kitts, BRMC



### Continue in prayer for...

Daphne McCord, Bobby Davis, Hugh & Linda Wise (Dominion Senior Care), Candy Ellis, Patsy Wampler (Elmcroft), Bill English, Randy Broyles, Jim Matson, Darla & Jonathon Vandyke, Jackie Phillips (Elmcroft), and Alice Owenby (Rehab in Asheville).

### Memorial Gifts...

To the Memorial Fund for Sara Burleson by Ann Aichinger, Ralph & Terri Davis, Mary Moffatt, George & Beth Parks, Linda & Jim Rainero, Tom & Barbara Smith, Jim & Karen Warren, John & Sandee Woolley, Jean Thomason, Fred D. Slaughter, Peggy Nicar, Ron & Joan Guest, Mr. & Mrs. Robert L. Blevins, Jr., Louise & Jim Bonner, Kathy & Ted DuBose, Betty & Richard Hechenbleikner, Louise & Ed Lucas, Scott & Connie Bullock, Tweedie & Matt Griswold, Terri & Steve Huntley, and Caroline Jones; for Ruby Brown by Robert W. Smith;

To the Backpack Ministry for Mary Geiger, Ruby Brown, Sara Burleson by Jim and Lynn Butcher;

### Honorary Gift...

Given to the General Fund for Ed Updyke by the Family of Sara Burleson.

### Thank you...

All the kind notes and words of sympathy during this time in the passing of my grandmother have been so appreciated. I give thanks for my church family.

Beth Parks and family

This is a women's small group gathering, and the next meeting will be on **Saturday, March 21, at 12:30 p.m. at Machiavelli's restaurant for lunch. This is a change, so please make note of date, time, and place.** We are looking at William Paul Young's book, The Lies We Believe about God. This month we will look at and discuss Chapters 7-9. If you need a book, they are available for \$4 from Ann Aichinger.

All women are invited to join us for this time of prayer, fellowship, and study.

#### CENTRAL STAFF:

Ann Aichinger, Pastor

[ann.cpc@bvumet.net](mailto:ann.cpc@bvumet.net)

Robert Campbell, Music Director

[robertcampbell@gmail.com](mailto:robertcampbell@gmail.com)

Joy Smith-Briggs, Organist

[gjbjoyb@btes.tv](mailto:gjbjoyb@btes.tv)

Josie Russell, Director of Youth & Young Adults

[josieannrussell@gmail.com](mailto:josieannrussell@gmail.com)

Patty Caldwell, Office Manager/Newsletter Editor

[pcaldwell.cpc@bvumet.net](mailto:pcaldwell.cpc@bvumet.net)

Mary Moffatt, Finance Director

[finance.cpc@bvumet.net](mailto:finance.cpc@bvumet.net)

Trish James, Food Service Director

[tjames1234@charter.net](mailto:tjames1234@charter.net)

Becky Widner, Director of APPLE Academy

[applepreschool@yahoo.com](mailto:applepreschool@yahoo.com)

Barbara Mann, Volunteer Parish Nurse

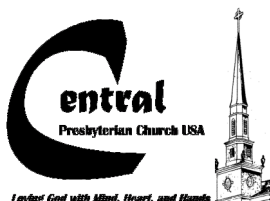
[barbar632002@yahoo.com](mailto:barbar632002@yahoo.com)

OFFICE HOURS: 9:00 to 4:30, Monday-Friday

Central Presbyterian Church  
301 Euclid Ave  
Bristol, VA 24201-4013

276-669-3157

[www.CentralPresBristol.org](http://www.CentralPresBristol.org)



**SPRING FORWARD!**

**On Sunday, March 8, 2:00 a.m.,  
we begin Daylight Saving Time.**

**Set your clocks  
AHEAD one hour  
before you go to bed  
so that you are in time for  
church on Sunday!**

#### **Schedule of Services & Rehearsals:**

##### **Sunday:**

Coffee Time	8:45 and 9:45 a.m.
Informal Worship	9:00 a.m.
Sunday School for all ages	10:00 a.m.
Liturgical Worship	11:00 a.m.

##### **Wednesday Night Activities:**

Supper	5:30 p.m.
Programs for all ages	6:00 p.m.

##### **Youth Group (5 to 12 graders):**

Wednesday Night	5:30 p.m.
Special Events as scheduled	

##### **Music Rehearsals:**

Praise Team, Sunday	7:45 a.m.
Sanctuary Choir	
Wednesday rehearsal	7:15 p.m.
Sunday warm-up	10:30 a.m.
Handchime Choir, Wednesday	5:00 p.m.
Handbell Choir, Wednesday	6:15 p.m.
Children's' Choir, Wednesday	6:00 p.m.
Central Brass	
Various times, ask Robert Campbelle	