

Central Life

Central Presbyterian Church

January 15, 2020



Recently, I answered a phone call from Tom Netherland, journalist for the Bristol Herald Courier. He wanted to ask me one question: “Why do you think worship attendance is decreasing? Do you think it is due to the increase in streaming services?” I thought this was a strange kind of question, because I can’t imagine people getting up on Sunday morning and thinking, “So should I go to worship today, or maybe I’ll just stay home and watch it on my computer?”

Now streaming is great for those who are homebound or not feeling well to keep connected to the community of faith. But as a regular event in a person’s life, I find that kind of interesting. But there is a decline in worship in churches in America, and I wonder why that is and what can the church do to encourage people to be engaged in worship more regularly.

Worship is a time for us to gather as a faith community to be encouraged and supported by one another as well as to set aside time to praise and worship the Lord. The word **worship** can be defined as “worth-ship.” The daily activities of our lives individually and corporately reveal the worth of the God that we serve. This is why it is so important to be a person of character when proclaiming to be a Christ follower. The world is watching us and they determine who God is by the actions of His followers. Each of us is the representative of God on the earth. What do you want people to believe about God? How much is God’s image and presence worth to you? How do we respond to the presence of the Creating, Redeeming, and Sustaining God in our life?

And we worship (give worth to) all kinds of things: our schedules, our job, our family, our friends, our hobbies, our sports teams, and even God. But to gather for a time to worship the Lord with the faith community is not about us getting something from that time. Instead worship is a time for us to come and offer to God—and God alone our praise.

If we as worshipers in our congregations fully understood that worship is not something done for us, but that we are the active participants before the One Lord, it can truly transform the worship experience in our church.

This is just something to think about. Hope to see you in worship on Sunday.

Ann Aichinger

January Souper Bowl of Caring Food Collection Challenge

During the month of January, until February 2, Central Presbyterian Church will be engaged in a month-long Souper Bowl food and money collection challenge to support the Bristol Emergency Food Pantry. This year we are inviting the whole congregation to work together to meet the goal of 5,000 food items and/or dollars. Each food item counts as \$1 toward the goal. Donnie Spurell will be encouraging everyone to participate.



There will be Food Pantry Barrels and blue buckets for your monetary gifts at the entry area. Throughout January, the amount collected will be posted on the bulletin board outside of Ann Aichinger's office. Then on Sunday, February 2 (Souper Bowl Sunday), we will have a unity service at 11 a.m. in the Sanctuary. Following worship, we will gather for a Soup lunch in Central Hall. Everyone is invited to bring your favorite soup, bread, or dessert to share.



Though our efforts will be within our church family, the real winner will be the **Bristol Emergency Food Pantry**. This is something every one of every age and ability can participate in. Let's make a difference, and continue to be about the work of Christmas (caring for the needy, feeding the hungry, welcoming the stranger and unwanted child).

Items needed: **(no glass jars or containers and preferably not individual size items)**

- Meal kits that don't require extra ingredients
- Pancake and muffin mix that only require water
- Canned soups
- Canned pasta meals (ravioli, spaghetti, etc.)
- Canned meat (tuna, ham, chicken, beef stew, spam)
- Canned vegetables (**no green beans are needed**)
- Canned pork and beans
- Canned fruit
- Dry Rice or Pasta
- Instant mashed potatoes
- Spaghetti sauce (no glass jars)
- Cereal (hot and cold)
- Peanut butter and Jelly (no glass jars)
- Breakfast bars/granola bars
- Macaroni and cheese (preferably the kind not needing milk or butter)
- Pantry staples (small containers of flour, salt and pepper, sugar, catsup, oil, etc.)



PLEASE DO NOT BRING RAMEN NOODLES OR GREEN BEANS!

Please do not bring anything in glass jars; they tend to break and are hard to handle.

If you have any questions, please talk to Ann Aichinger. Let's work together to meet the GOAL!!!
For more information about the National Souper Bowl of Caring, see www.souperbowl.org

Wednesday Night Activities

- Join us each week for Wednesday Night Supper and Activities.
- Supper is at 5:30 PM (\$5.00 donation) with prayer and programs starting at 6:00 pm.

- There will be informative and fun activities for all ages, including Children's Choir for age 3 to 4th graders.
- There is a nursery for under 3 year olds.



Program:

- The Adult and Youth Study will be Max Lucado's Book and DVD program called Fearless.
- From the cover:

"Each sunrise seems to bring fresh reasons for fear. They're talking layoffs at work, slowdowns in the economy, flare-ups in the Middle East, turnovers at headquarters, downturns in the housing market, upswings in global warming. The plague of our day, terrorism, begins with the word terror. Fear, it seems, has taken up a hundred-year lease on the building next door and set up shop. Oversized and rude, fear herds us into a prison of unlocked doors. Wouldn't it be great to walk out?"

Imagine your life, wholly untouched by angst. What if faith, not fear, was your default reaction to threats? If you could hover a fear magnet over your heart and extract every last shaving of dread, insecurity, or doubt, what would remain? Envision a day, just one day, where you could trust more and fear less. Can you imagine your life without fear?"

- Come and be a part of the conversation and sharing.
- January 15: Fear of Not Matterng
- January 22: Fear of Disappointing God
- January 29: Fear of Life's Final Moments
- February 5: Fear of Global Calamity
- February 12: Fear of God Getting out of My Box

Menus:

- January 15 - Potato Soup, Cornbread, Salad Bar, and Fruit
- January 22 - Chicken and Wild Rice Soup, Garlic Bread, Salad Bar, and Ice Cream
- January 29 - Chicken Pot Pie, Salad, and Cookies

Don't miss this great time of good food (from Trish & crew), fellowship, and learning!



Martin Luther King Jr. Events 2020

Sunday, January 19:

Lee Street Baptist Church MLK, Jr. Service - 4:00 p.m. with Mass Choir and special speaker, Rev. Mary Buford, from Canaan Christian Church of Louisville, KY.

Monday, January 20:

Bristol's 3rd Annual MLK Jr. March and Program

Gathering at Paramount Theatre on State Street - 1:30 p.m.

Downtown March begins - 2:00 p.m. (including leaders from Central, Tim Landis & Robert Campbelle)

Program at Bristol Train Station - 2:30 p.m.

Special Speaker, Father Gregory Boyle - 7:00 p.m. at Lee St. Baptist Church

Father Boyle is the founder of "Home Boy Industries," Los Angeles, CA

Theme - "The Power of Extravagant Tenderness"

Tuesday, January 21:

Speaker, Father Gregory Boyle - 10:00 a.m. at King University Memorial Chapel

"Barking to the Choir: The Power of Radical Kinship"



King University Institute of Faith and Culture will present Shawn Okpebholo at Central Presbyterian Church on Monday, January 27, 7:00 p.m.

Described as "a beautiful artist ... who has enormous grace in his music, and fantasy and color," composer Shawn Okpebholo writes in a variety of genres ranging from full orchestra to solo voice—sometimes influenced by the African-American spiritual and music from his ethnomusicological field work in both East and West Africa.

He serves as Associate Professor of Music Composition and Theory at Wheaton College (IL).

Monday, January 27, 9:15 (King Memorial Chapel): *Reclaiming My Identity through the Negro Spiritual*

Monday, January 27, 7:00 (Central Presbyterian Church): *Reclaiming the Theology of the Negro Spiritual*



Faithful Friends

Faithful Friends is a small group experience open to all women. The next meeting will be on Saturday, January 18, 10-11:30 a.m. at the church. They will be looking at the first chapters of Lies We Believe about God by William Paul Young and to have prayer and fellowship. If you need a copy of the book, please talk to Ann Aichinger. Cost is \$4. All women are welcome to be a part of this event. Come and be a part of the conversation and fellowship.



COMING UP...

Session - Tuesday, Jan. 21, 7:00 p.m.

Technology Committee - Monday, January 27, 12:00 p.m.

Men's Bible Study and Prayer Group - Each Monday, 7:00 a.m. at Shoney's. All men are invited!

Youth Events for 5th-12th graders

January 15

5:30 p.m.-7:00 p.m.

Dinner then continuing our group lesson on fearlessness

January 22

5:30 p.m.-7:00 p.m.

Dinner then continuing our group lesson on fearlessness



January 24-25

Youth Retreat in Pigeon Forge

We will leave after school on January 24 and return on the evening of January 25. We will also lead both worship services on January 26 using reflections and ideas from our retreat.

The cost for the retreat is \$100, and that money is due ASAP

January 29

5:30 p.m.-7:00 p.m.

Dinner then dessert and games at Blackbird Bakery

We have some really fun events planned for the summer, and we need to know who is coming along with us! A list of events was e-mailed on Tuesday with dates and costs. Please let Josie know ASAP if you are participating!

Montreat Youth Conference: We need commitments TODAY!

Montreat Middle School Conference: We need commitments ASAP!

Mission Trip: We need commitments and your preference for week/location ASAP. Josie sent out the information via e-mail listing potential dates and locations. Contact her if you need more information.

Josie Russell, Youth Director

josiannrussell@gmail.com

423-383-9291



Upcoming Sermons and Sunday events:

Jan. 19—*Come and See* John 1:29-42
 Jan. 26—*Let's Go Fishing* Matt. 4:12-23
 (Youth leading in worship)
 Feb. 2—Unity Worship at 11:00 am followed by
 church wide Souper Bowl Lunch (sign up soon)
Blessed are... Matt. 5:13-20
 Celebration of the Lord's Supper
 Feb. 9—*Salt and Light* Matt. 5:13-20
 Feb. 16—*One Way and Another* Matt. 5:21-31
 Feb. 23—*Transfiguration* Matt. 17:1-9

CENTRAL STAFF:

Ann Aichinger, Pastor
ann.cpc@bvumet.net
 Robert Campbell, Music Director
robertcampbelle@gmail.com
 Joy Smith-Briggs, Organist
gjbjoyb@btes.tv
 Josie Russell, Director of Youth & Young Adults
josieannrussell@gmail.com
 Patty Caldwell, Office Manager/Newsletter Editor
pcaldwell.cpc@bvumet.net
 Mary Moffatt, Finance Director
finance.cpc@bvumet.net
 Trish James, Food Service Director
tjames1234@charter.net
 Becky Widner, Director of APPLE Academy
applepreschool@yahoo.com
 Barbara Mann, Volunteer Parish Nurse
barbar632002@yahoo.com

OFFICE HOURS: 9:00 to 4:30, Monday-Friday

Volunteers

For Sunday, January 19:

Coffee helpers - Cindy & Ken Hale

Greeters

9:00 - Debbie Wagner, Casey McComish

11:00 - Glenn & Vicki Myers

Children's Church Leaders

9:00 - TBD

11:00 - TBD

Head Usher for January – Barret Blevins

For Sunday, January 26:

Coffee helpers - Trish James & Lois Clarke

Greeters

9:00 - Carolynn Anderson, Gena Prince

11:00 - Rich & Jackson Williams

Children's Church Leaders

9:00 - TBD

11:00 - TBD

Head Usher for January – Barret Blevins

For Sunday, February 2 (11:00 only):

Coffee helpers - Don & Bernice Hagaman

Greeters

11:00 - Diane Abbey, Lynn Butcher

Children's Church Leaders

11:00 - TBD

Head Ushers for February – Merrie & Danny McInnis

Looking to volunteer? For these opportunities or others? Contact Patty in the church office (276-669-3157) to get started.

Attendance:

January 5, 2020 - 131 in worship

January 12, 2020 - 113 in worship

News for the Church family



Continue in prayer for...

Randy Broyles, Jim Matson, Darla & Jonathon Vandyke, Jackie Phillips (Elmcroft), Sara Burleson (Oakmont), Daphne McCord, Bobby Davis, Hugh (Dominion Senior Care) & Linda Wise, Candy Ellis, Patsy Wampler (Elmcroft), Bill English, and Alice Owenby (Rehab in Asheville).

Sympathy...

Long time Central member, Ruby Brown, died on January 6, 2020. We offer our Christian sympathy to son, Chris Brown, daughter, Cheryl Perry, and their families as well as her many friends.

We also offer sympathy to Linda Waldron and family on the death of her mother, Ethel Shaver, on January 13, in Piney Flats, TN. Ethel had celebrated her 100th birthday last Fall.

Memorial Gifts...

To the Memorial Fund for Tom Parsons by Ed & Verle Sutphin;
 To the Childrens Fund for Hannah Roosen by Ed & Verle Sutphin;
 To the Youth Scholarship Fund for Frank Aichinger by Ed & Verle Sutphin;
 To the General Fund for Don Shields, Musser Warren, Joan Bussart, Kathy Story, Frank Aichinger, Frank Tilden, and Mary Geiger by Larry & Lois Clarke.

• FLOWER CHART •



The 2020 Flower Calendar is now posted outside the church office.

If you would like to place a flower arrangement in the Sanctuary in the upcoming year, you may do so by:

- ♦ Reserving your desired date on the flower calendar;
- ♦ Speak with Patty Caldwell who will place your order with the local florist;
- ♦ Arrangements start at \$50.00 if ordered through the church and you may request certain colors or flowers to be included in the arrangement.

Thank you in advance for your offering of beautiful flowers to enhance our worship space.



To Pastor Ann and the church family of Central:

You always go above and beyond to make me and my family feel special. I am so grateful that you have welcomed "All of Us" at Central Presbyterian.

Thank you and lots of love, Kellie Campbell

Central Presbyterian Church
301 Euclid Ave
Bristol, VA 24201-4013

276-669-3157

www.CentralPresBristol.org



SNOW POLICY FOR CENTRAL PRES...

Always check the website, Facebook, and your email for last minute changes and updates.

The policy Central follows is:

- * Information will be posted at www.CentralPresBristol.org
- * If Bristol, VA schools are closed (or are dismissed early), large group weekday activities at the church likely will be cancelled, including Presbyterian Women and Wednesday Night Activities
- * Committees, Music Rehearsals, Small Groups, etc. please contact your leader to decide whether to meet;
- * 11:00 am Sunday Worship will almost always be held though 9:00 am Worship could be canceled. Come if you can get here safely, but be aware that the parking lot can be extremely slick even when the roads are clear.

Before coming to church when the weather is challenging, always check the above sources or call the church for updated information.



Schedule of Services & Rehearsals:

Sunday:

Coffee Time	8:45 and 9:45 a.m.
Informal Worship	9:00 a.m.
Sunday School for all ages	10:00 a.m.
Liturgical Worship	11:00 a.m.

Wednesday Night Activities:

Supper	5:30 p.m.
Programs for all ages	6:00 p.m.

Youth Group (5 to 12 graders):

Wednesday Night	5:30 p.m.
Special Events as scheduled	

Music Rehearsals:

Praise Team, Sunday	7:45 a.m.
Sanctuary Choir	
Wednesday rehearsal	7:00 p.m.
Sunday warm-up	10:30 a.m.
Handchime Choir, Wednesday	5:00 p.m.
Handbell Choir, Wednesday	6:20 p.m.
Children's' Choir, Wednesday	6:00 p.m.
Central Brass	
Various times, ask Robert Campbelle	