



THE
Joy of Joy

PHILIPPIANS

Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved. ² I entreat Euodia and I entreat Syntyche to agree in the Lord. ³ Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

Philippians 4:1-3

⁴ Rejoice in the Lord always; again I will say, rejoice.

Philippians 4:4

Choice #1

Am I going to be selfless or selfish?

5 Let your **reasonableness** be known
to everyone. The Lord is at hand;

Philippians 4:5

Choice #2

Am I going to trust Jesus or doubt him?

⁶ do not be anxious about anything, but in everything by **prayer** and **supplication** with **thanksgiving** let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

Cure for worry:

❖ Pray believing

Cure for worry:

- ❖ Pray believing

- ❖ Pray with pleading

Cure for worry:

- ❖ Pray believing

- ❖ Pray with pleading

- ❖ Pray with appreciation

⁷ And the peace of God, which surpasses all understanding, will **guard** your hearts and your minds in Christ Jesus.

Philippians 4:7

Choice #3

Am I going to prepare or react?

⁸ Finally, brothers, whatever is **true**, whatever is **honorable**, whatever is **just**, whatever is **pure**, whatever is **lovely**, whatever is **commendable**, if there is any excellence, if there is anything worthy of praise, think about these things.

⁹ What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Philippians 4:8-9

How to prepare for a worry free life:

- ❖ True

How to prepare for a worry free life:

- ❖ True
- ❖ Honorable

How to prepare for a worry free life:

- ❖ True
- ❖ Honorable
- ❖ Just

How to prepare for a worry free life:

- ❖ True
- ❖ Honorable
- ❖ Just
- ❖ Pure

How to prepare for a worry free life:

- ❖ True
- ❖ Honorable
- ❖ Just
- ❖ Pure
- ❖ Lovely

How to prepare for a worry free life:

- ❖ True
- ❖ Honorable
- ❖ Just
- ❖ Pure
- ❖ Lovely
- ❖ Commendable

²⁷ And which of you by being anxious
can add a single hour to his span of
life?

Matthew 6:27

Three choices to live with joy:

- ❖ Am I willing to be selfless or selfish?
- ❖ Am I going to trust Jesus or doubt him?
- ❖ Am I going to prepare or react?

What will you choose?