



Guilt is Good for Me

10/18/2020

"For freedom Christ has set us free."
Galatians 5:1 (ESV)

Guilt Bags we wear & where they come from:

Guilt Bags giver: People

Guilt Bags giver: Society's Rules

"Why do you obey such rules as, 'Don't handle this,' 'Don't taste that,' 'Don't touch the other'? These are only man made rules and teachings." Colossians 2:20-22 (GNV)

Guilt Bag giver: Yourself

What does my GUILT BAG cause me to do?

I stop being truthful.

I become more concerned about my outside then my inside.

My Guilt Bag keeps me from God and others.

"I heard...you in the garden, & I was afraid...I hid myself."
Genesis 3:10 (ESV)

"Fear has to do with punishment." 1 John 4:18 (ESV)

Does God ever speak about guilt?

"For all have sinned and fall short of the glory of God."
Romans 3:23 (ESV)

God gives Grace

"God puts people right through their faith in Jesus Christ. God does this to all who believe in Christ. Everyone has sinned and is far away from God's saving presence. But by the free gift of God's grace all are put right with Him through Christ Jesus, who sets them free."
Romans 3:22-24 (GNB)

My Response to God's Grace:

I need to own my False Guilt

Forgive whoever is Controlling You

Grow in Love, not Fear

"There is no fear in love, but perfect love casts out fear. Fear has to do with punishment & whoever fears has not been perfected in love."
1 John 4:18 (ESV)

Break the GUILT BAG cycle & Give Freedom & Grace

"Everyone who believes is freed from everything". Acts 13:39

For your LifeGroup and personal growth...

Of the 3 Guilt Bags givers Curt spoke about which ones have you experienced the most?

How have these experiences shaped who you are now?

Which of these "givers" impact you today? How do you manage the impact?

Curt said that God sees guilt as a condition not an emotion. Because we have sinned we are guilty. What do you think about that?

God doesn't hand out guilt bags He offers His grace in the form of Jesus, His Son. Read Romans 3:22-24.

Have you ever said yes to God's gift of grace? If not, what is stopping you? Would you be ready to reply "yes" now?

Which response to God's grace seems most difficult for you? Which one seems easier?