

MARINERS CHURCH



**IF I'M SPIRITUAL ENOUGH I
SHOULDN'T HAVE ANY
PROBLEMS.**

September 20, 2020

Ways we cope with this myth...

- #1 We ignore and deny.**
- #2 We try harder.**
- #3 We condemn ourselves for it.**

HOW DO I BREAK THIS MYTH?

I need to change my view of life.

Truth: Life is broken, and things go wrong.

"In this world you will have trouble." –Jesus (John 16:33)

Acts 12:1-2

Hebrews 11:39-40

I may be just picking what I've planted.

Don't be misled. You will always harvest what you plant. Galatians 6:7

**Truth: I can take ownership for the problems I've caused and
with God's provision get on track.**

1 John 1:8-10 (NLT)

**I can find joy and purpose in my
problems.**

James 1:2-4

TRUTH: God allows problems to make me better.

For when I am weak, then I am strong. 2 Corinthians 12:8-10

Romans 5:3-5



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I CAN CHANGE HOW I FEEL ABOUT GOD.

Truth: God is for me, not against me.

*So now there is no condemnation for those who belong to Christ Jesus.
Romans 8:1*

*What can we say about such wonderful things as these? If God is for us,
who can ever be against us? Romans 8:31*

1 Peter 3:18

*Closing:
Hebrews 10:22-26*

For Your LifeGroup Discussion...

Share how you might have experienced this myth trap and which coping method(s) you've tried.

Read *Hebrews 10:19-26*

Verses 19-21 set up a basis for why we can take actions in the verses 22-26. Discuss what Christ has done for us and the impact on how we can "change how we feel about God".

Verses 22-26 have four "Let us..." action items. What are they? Discuss the importance of each.

Discuss how having a sincere heart (the posture of humility, owning our brokenness) vs appearance or actions is key to what happens in our relationship with God.

In relationship to this verse, discuss the quote, "Any feeling or behavior that we feel condemned for is a signal that we have not accepted the grace of God." -Henry Cloud, John Townsend

What steps will you take to keep this myth from taking root in your life? How can your group pray and support (spur) you to living fully in God's grace and freedom?