

MARINERS CHURCH



You've Got This:
Begin Again
6.21.2020

His power has given us everything we need for life and godliness.
2 Peter 1:3

Psalm 77

1) Being Stuck Stuck

Psalm 77:1-9

7 Sticking Points that Keep People Stuck **(from Unstuck by Mark Jobe)**

- *Isolated Living*
- *Distorted Thinking*
- *Impaired Hearing*
- *Warped Identity*
- *Neglected Issues*
- *Blurred Vision*
- *Deferred Beginnings*

2) Changing Direction

Psalm 77:7-15

3) Beginning Again

Psalm 77:15-20



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For your LifeGroup, growth, and time with accountability partners...

- 1) Can you remember a time when you were stuck stuck? (Maybe physically, emotionally, financially, spiritually or in another way)
- 2) How did/are you finding freedom?
- 3) Review these 7 sticking points that keep people stuck (from Unstuck by Mark Jobe)
 - Isolated living – unhealthy, dark thinking with unresolved issues
 - Distorted thinking – a bad record that plays over & over again convincing me of a false reality
 - Impaired hearing – many sincere people of faith are frustrated by their inability to hear from God clearly. The voices of their own thoughts, fears, misperceptions often ring so loud that the calm, soothing voice of God is often imperceptible
 - Warped Identity – how I see myself & who I think I am will affect my life, my faith as deeply as any thoughts I will have
 - Neglected issues – what I have avoided to address in the past has a huge impact on me now
 - Blurred vision – allowing situations to pull me away from the thing that God has called me to do
 - Deferred Beginnings – everyone comes to a point where they know they must take the next step forward or remain stuck

Which of these are you most likely to struggle with personally?

4) Asaph changed his spiritual inertia from focusing on himself (his problems) to remembering God's character & previous acts. Can you describe a time when your crying turned into praise?

What impact did that have on your perspective or situation?

5) The main message of the gospel is God did for me what I could not do for myself. Read John 3:18-20. Why will humanity be judged by God?

How did God's light come into the world? (See John 3:16, 17)

Have you believed in God's Son, Jesus?