

MARINERS CHURCH



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Fear Not: You're not in Control

5/10/2020

I become fearful if I sense my life is in the hands of someone else.

How do I overcome the fear of losing control?

Realize how much of my life is out of your control.

Why, you do not even know what will happen tomorrow. James 4:13-14

Remember the sovereignty of our God.

God is sovereign over creation.

God is sovereign over nations

The Most High is sovereign over the kingdoms of men. Daniel 4:17

God is sovereign over people.

Many are the plans in a man's heart, but it is the Lord's purpose that prevails. Proverbs 19:21

God is in control of circumstances

The LORD works out everything for his own ends—even the wicked for a day of disaster. Proverbs 16:4

God is leading me through this.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; Psalm 23:4

I will lead the blind by ways they have not known, along unfamiliar paths I will guide them; I will turn the darkness into light before them and make the rough places smooth. These are the things I will do; I will not forsake them. Isaiah 42:16

The Son (Jesus) sustains all things by his powerful word. Hebrews 1:3

(Jesus) is before all things, and in him all things hold together. Colossians 1:17

Relax in God's plan.

For my LifeGroup and Accountability Time...

What "buttons have been pushed" in your life during this shelter in place time?

Talk about why loss of control can be so hard for us.

Search what the 'sovereignty of God' is all about and share what you've learned about it. How does it help in times like these?

Look up the following passages and talk about what they teach us about God's "sovereignty": Isaiah 40:12-15, 27; Isaiah 45:7-9; Isaiah 46:9-10; John 9:1-2;

We said that we become fearful if we sense our lives are in the hands of someone else. Talk about that in relation to God.

What areas of your life do you need to hand over to God's control this week? Take time to pray for each other.