

# MARINERS CHURCH



More Than Enough JOY  
11.23-24.2019

Always be full of joy in the Lord. I say it again—rejoice! *Philippians 4:4*

I have learned to be **content** whatever the circumstances. *Philippians 4:11*

**Rejoice** in the Lord always. I will say it again: Rejoice! *Philippians 4:4*

And the **peace** of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. *Philippians 4:7*

## What's the difference between being "Joyful" and being "Happy?"

Whatever happens, my dear brothers and sisters, rejoice in the Lord.

I never get tired of telling you these things and I do it to safeguard your faith. *Philippians 3:1*

## JOY is essential to my faith.

I can have joy because...

## My past is over and I can move on.

Forgetting the past and looking forward to what lies ahead. *Philippians 3:13*

Remember not the sins of my youth. *Psalms 25:7*

[I am] found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith. *Philippians 3:9*

He has removed our sins as far from us as the east is from the west. *Psalms 103:12*



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I once thought these things were valuable, but now I consider them worthless because of what Christ has done. *Philippians 3:7*

## My life has promise and I can keep going.

I press on to take hold of that for which Christ Jesus took hold of me. *Philippians 3:12*

I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, *Philippians 3:10*

## I really don't belong here anyway.

We are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior. *Philippians 3:20*  
Yes, everything else is worthless when compared with the priceless gain of knowing Christ Jesus my Lord. *Philippians 3:8*

We are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior. *Philippians 3:20*

### For my LifeGroup and Accountability Time...

Talk about things that make you happy and things that make you joyful and talk about the difference.

Why is joy essential to your faith (3:1)?

Read *Philippians 3*. Talk together about the thoughts and insights you see, especially as it relates to having joy.

What do you think it means to 'run straight toward the goal' (vs. 14)?  
What does that look like?

Why does he say he has 'tears' in vs. 18, and what does that mean to us?

Make sure you give thanks this week!