



Overcoming Fear

July 27-28, 2019

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7 (NLT)

What you fear the most reveals what you value the most.

What you fear the most reveals where you trust God the least.

"I am not trusting God with

"

"fan into flames the spiritual gift God gave you."

I am constantly hounded by those who slander me, and many are boldly attacking me. But when I am afraid, I will put my trust in you. I praise God for what he has promised. I trust in God, so why should I be afraid? What can mere mortals do to me? Psalm 56:2-4 (NLT)

What shall we say about such wonderful things as these? If God is for us, who can ever be against us? Romans 8:31 (NLT)

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Romans 8:15 (NLT)

Power

Love

Self-control

"I sought the Lord, and He answered me, and He delivered me from all of my fear." Psalm 34:4 (NIV)

When I am afraid, I put my trust in you. Psalm 56:3

Your unknown is not unknown to God

Talk it Over!

How did you feel about the idea that "fear is faith in the wrong things"?

Read 2 Timothy 1:7. Where does fear come from? Why do you think power, love, and a sound mind are alternatives to fear?

If what you fear the most reveals what you value the most, then what do you value most?

If what you fear the most reveals where you trust God the least, then where do trust God the least? How do you think you came to lack trust in these areas?

As you spend time with God each day this week, ask Him to show you where He'd like more trust from you.



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