

July 5, 2020



Wesley United Methodist Church

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Bishop Sally Dyck District Superintendent Rev. Dr. Jacques A. Conway

"God's Plan"

"God's plan, God's plan. I can't do this on my own, ay, no, ay" Drake

In our morning bible study class, we talked about the life of Moses and how everything that happened to him was a part of God's plan. From being born under a public policy of genocide for black boys; to his 'cruise' down the Nile River and being discovered by Pharaoh's daughter; to him being raised in Pharaoh's house; to him committing murder after seeing an Egyptian abuse a Hebrew, which led him to flee to Midian where ultimately he had his 'burning bush' encounter; and the rest is liberation history. Every high and low in his life was a part of God's plan.

The class discussion that evolved from this idea led us down a road we seldom like to think about. That road was this: "Even the bad things that happened to Moses or that Moses did willingly were a part of God's plan too?" This sparked some debate. One student's insight led us to some type of consensus when he emphatically said, "Everything that happened to Moses went according to God's plan." He then argued the 'sovereignty of God.' We paused. We reflected. I marinated on this for the next several days. I pondered the idea of God's sovereignty. Sovereignty means that God does what God wants to do and does not have to answer for it or to anybody. You could also say that God allows what God wants to allow to happen and God does not have to justify or explain God's self to anyone. That involves both good and bad experiences of life.

The scriptures say, *"For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope" (Jeremiah 29:11).* This scripture was originally addressed to the entire nation of Israel, but it has been re-appropriated to apply to individuals as well. Yes, God has a plan for all of us. Collective plans and individual plans. The challenge is discovering what those plans are and then doing all that we can to ensure that those plans become a reality. I believe that the mission of the church is not just to make disciples of Jesus Christ but to also help people to discover what God's plan is for their lives. Prayer, praise, proclamation, fasting, studying, seeking, serving, and surrendering can lead us down a path of discovering God's plan for our lives. Every baptized believer has been called by God to partner with God to make earth look like heaven. That is God's Plan. Where do you fit into that plan? I believe that if you ask God, God will tell you exactly where and how you fit. #WesleyForever

FIFTH SUNDAY OF PENTECOST

Please check the church website, now our 'virtual church,' and your email regularly for ongoing updates. www.wesleyumcchicago.org

SPIRITUAL THEME FOR JULY: *"Freedom to Flourish"*

ORDER OF WORSHIP

COLOR: GREEN

Scripture for the month:

¹⁷ Now, "the Lord" in this passage is the Spirit; and where the Spirit of the Lord is present, there is freedom. ¹⁸ All of us, then, reflect the glory of the Lord with uncovered faces; and that same glory, coming from the Lord, who is the Spirit, transforms us into his likeness in an ever greater degree of glory. (Good News Translation)

Call to Worship			
Invocation			
Scripture	Luke 17:11-19	see video, or page 4	
Psalm of Praise	Psalm 72: 1-8	see video, or page 5	
Announcements			
Offering			
Pastoral Prayer			
Sermon	"But Look at What I Have Left"	Rev. Charles A. Woolery, Sr.	
Invitation to Christian Disci	pleship		
Holy Communion	A Service of Word and Table II	see video, or hymnal (page 12)	
Affirmation of Faith			
Benediction			
	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	90-	
	66 th Church Anniverso Pledge Drive		



Thank you, to all who have given and continue to give sacrificially, during this challenging time.

## Morning Scripture Luke 17:11-19 (AKJV)

¹¹ And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee.

# ¹² And as he entered into a certain village, there met him ten men that were lepers, which stood afar off:

¹³ And they lifted up their voices, and said, Jesus, Master, have mercy on us.

# ¹⁴ And when he saw them, he said unto them, go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed.

¹⁵ And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God,

### ¹⁶ And fell down on his face at his feet, giving him thanks: and he was a Samaritan.

¹⁷ And Jesus answering said, were there not ten cleansed? But where are the nine?

### ¹⁸ There are not found that returned to give glory to God, save this stranger.

### ¹⁹ And he said unto him, Arise, go thy way: thy faith hath made thee whole.

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WEEKLY ATTENDANCE			
Morning Worship (6/28/20)	91 (views)		
Sunday Morning Worship Call	29 (callers)		
Sunday School	17 (callers)		
Prayer Group	6 (callers)		
Bible Study Call	21 (callers)		
ΤΟΤΑΙ	164		



Small businesses are the backbone of our community and many are rebuilding. Join this virtual conference to get the essential information you need to restart your operations. Topics include: accessing loans, managing insurance claims, receiving support from agencies, navigating the city's permitting process, and much more.

To RSVP, please visit: https://bit.ly/2Y9KGWL

## Psalm of Praise Psalm 72:1-8

### (R) Defend the needy and the poor; let justice and peace abound.

¹Give the king your justice, O God,

### and your righteousness to the royal son!

² May he judge your people with righteousness,

### and your poor with justice!

³ Let the mountains bear prosperity for the people,

and the hills, in righteousness!

## ⁴ May he defend the cause of the poor of the people, give deliverance to the needy,

### and crush the oppressor!

⁵ May he live while the sun endures,

and as long as the moon, throughout all generations!

⁶ May he be like rain that falls on the mown grass,

### like showers that water the earth!

⁷ In his days may righteousness flourish, and peace abound, till the moon be no more! ⁸ May he have dominion from sea to sea, and from the river to the ends of the earth!

(R) Defend the needy and the poor; let justice and peace abound.

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### PASTORAL ANNOUNCEMENTS

Please check your email weekly for a full list of announcements, scripture readings and updates.

- Multiple ways to worship! Our worship services are now available online! Go to: www.wesleyumcchicago.org and click/tap SUNDAY SERMON. The videos are also available on other platforms, such as our church app (see SERMONS), our YouTube channel (Wesley UMC Chicago), and will be posted on our Facebook page each Sunday afternoon (@WesleyUMCChicago). For those who prefer a more personal experience, join the Weekly Worship Conference Call at 10:30 am each Sunday! Call-in info: 1-425-436-6348: code 672500#
- Do you have the *GivePlus+* app? Electronic giving just got easier!! Vanco's *GivePlus+* app makes it as easy as 1-2-3! Just download the **GivePlus+** app, (click for **Apple**, or **Google**) complete your login and profile using your email address and password, provide your bank information and that's it! You can setup a recurring payment or enter the amount each time.
- NEW FEATURE! GivePlus+ also allows you to make contributions with a quick text message! Simply send a text to our <u>DEDICATED</u> text number, 1-833-595-0705, with the amount you would like to contribute. Make sure to include the dollar sign before the amount. Example: \$25. Within a few minutes, you'll be sent a text with a link to register. Click on the link and enter your cardholder name and credit or debit card information. Once your registration is complete, you will receive a text verification and a receipt via email. For future giving, simply send a text with the amount you wish to give, and it will process automatically!
- Sunday School's Returned! 9 am, Sunday mornings. Join us! Call 1-605-475-4000; code 260259#
- Our weekly support call has ended however, should anyone feel challenged during this time or feel you need assistance, help is available. Click <u>here</u> or call **(312) 563-0445** for assistance.
- 66th Church Anniversary Pledge Drive Wesley has kicked off our 66th Church Anniversary Pledge Drive! We are asking each member of the church to prayerfully sign a pledge, committing to one of two sacrificial giving program tiers for the first 6 months of the year: Contractor @ \$750; Bricklayer @ \$500, either of which may be submitted in installments or a single payment. Our faith-raising goal is \$60,000.

JOLI BIRTIDATS				
July 1 st	Gwendolyn Watkins	July 9 th		
July 1 st	Babatunde Agbaje-Williams	July 12 th		
July 1 st	Mattie Kellum	July 17 th		
July 1 st	Mecca Helm	July 18 th		
July 3 rd	Delilah Rucker	July 18 th		
July 3 rd	Jeffery Brunt	July 19 th		
July 4 th	Dwond Donahue	July 21 st		
July 5 th	Irett KoKo Madje	July 21 st		
July 5 th	Carla Davis	July 22 nd		
July 5 th	Samuel Graham	July 23 rd		
July 8 th	Patricia Greenwood	July 23 rd		
July 9 th	Troy Hodge	July 25 th		
July 9 th	Betty Petty	July 29 th		
Leighton Cullars	July 30 th			
	July 1 st July 1 st July 1 st July 3 rd July 3 rd July 5 ^{rh} July 5 th July 5 th July 5 th July 5 th July 9 th	July 1stGwendolyn WatkinsJuly 1stBabatunde Agbaje-WilliamsJuly 1stMattie KellumJuly 1stMecca HelmJuly 3rdDelilah RuckerJuly 3rdJeffery BruntJuly 4thDwond DonahueJuly 5thIrett KoKo MadjeJuly 5thCarla DavisJuly 8thPatricia GreenwoodJuly 9thTroy HodgeJuly 9thBetty Petty		

### JULY BIRTHDAYS

### PRAYER LIST

### Below is this week's prayer list. Please keep these persons in your prayers! (* = Church member, followed by Class Number)

SHUT-IN					
*Minnie Thompson (20)	*Bessie Alford-Moore (18)				
*Lucille Sanders (16)	*Doris Anderson (1)				
*Clarence Sanders (16)	*Spencer Plaxico (17)				
*Barbara Shepherd (18)	*Jessie Stokes (19)				
*Eric Geralds (3)	*Helen Tuck (7)				
*Fred Williams (20)	*Lucious Smith (12)				
	GENERAL				
*Callie Dulaney & Family (12)	Leslie Carey Kirk				
*LaRue Grizzard (4)	Byron Agnew, Jr.				
*Y. Shorter-Darden & Family (4)	Sam Agnew				
*Gloria Banks (20)	Nannie Agnew				
*Doris Echols (16)	Juanita Weatherspoon				
*Mary Alice Lovely & Family (19)	Annie Lois Robinson				
*Diamond Jones (12)	Jessica Smith Crenshaw				
*Trinity Jones (12)	Joyce Chisem-Davis				
*Lawrence Moore (13)	Carolyn Ransom				
*Wilena Campbell-Watkins (5)	Sylvia Nichols				
*Mark Garrett (5)	Milton Kellum				
*The Plaxico Family (17)	Rosie Howard				
*Denise Richardson (20)	Natesha Smith				
*Clarence Rogers, II & Family (4)	James Sanders				
*Jessie Gilmore (16)	Joanna Lennhardt Martha Muhs				
*Maurice & Faye Smith (17) *Theresa Bradshaw (12)	Muriel Bolden				
*The Hudson/Bradshaw Families					
*The Moss Family (13)	Norbert Sanders				
*Darlene Clark and Family (1)	Brittany Porter				
*Lorraine Forbes and Family (3)	Rhonda Monique Miller				
*B.J. Curtis and Family (3)	Ashley Parks				
*Betty Jenkins and Family (5)	Kathy Jenkins				
*Dorothy Williamson and Family					
*Donna/Deborah Lomax and Farr	nily (13) John Anderson				
Katherine Evans	Jerry Simmons				
Vinelle Myrie	Rochelle Johnson				
Alexandria Ward	The Ford & Robinson Families				
Davion McNeal	Mila Kuntu				
Rashaud Thompson	Ron Birton				
Mae Gilliams Fizer and Family	Aiden Combs				
Robert A. Watkins	Michael Miller				
Aaron Thomas, Jr.	Angel Acosta				
James Taylor	Anna Young				
Carl Frazier	Dorothy Williams				
The Baker Family	Lois Tucker				
Belinda Starks	David Williams				
Katherine Thompson	Owen McPherson				
Shatarah Ridley	James Williams				

# Sunday Morning

# Health Corner With Dr. Soo

### Resolve to change your eating habits via Vegan Diet

#### What is the Vegan Diet?

The Vegan diet is one that is from meat, fish and poultry as well as dairy and eggs. For some it is a lifestyle change in that one may stay away from clothes, make-up, medication and anything else made with animal products.

#### What are the advantages of the Vegan Diet?

Like the other diets mentioned this month, there a number of advantages to this diet. Some of the benefits include: Weight loss Lowers blood sugar levels Improves kidney function Reduces blood pressure Protects against some cancers and heart disease Reduces pain from arthritis Better digestion and sleep A diet filled with vitamins A, C and E, potassium and magnesium.

### What are the disadvantages of the Vegan Diet?

Aside from missing animal protein from their diets, the vegan diets are missing nutrients such as calcium, omega 3 fatty acids, vitamin D and B-12 as well as certain amino acids. However taking supplements can help.

### If you are considering becoming vegan, below are 7 tips you should try first:

Read your labels Find an accountability partner(s) Find substitutes Take supplements Be prepared for this change Focus on adding not taking foods away Be kind to yourself

# As always, do your research, consult your doctor and seek a registered dietitian before starting this or any other regiment.

www.greatist.com	A beginners guide to going vegan and living your best plant based life
www.healthline.com	6 Science-based health benefits of eating vegan
www.livestrong.com	Disadvantages of eating vegan
www.self.com	The pros and cons of eating vegan

Please **NOTIFY** the church office of ALL meetings or events scheduled in the church buildings.

# **JULY 2020** + Event occurs after worship service

* Event occurs at alternate site

Please check bulletin and emails regularly for schedule changes.

S	М	Т	W	Т	F	S
28 9 am Sunday School Call 1.605.475.4000 Access code: 260259# <i>Remote Worship &amp;</i> 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	29	30	1 Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	2 Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	3	4 Happy 4 th of July!
5 9 am Sunday School Call 1.605.475.4000 Access code: 260259# <i>Remote Worship &amp;</i> 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	6	7	8 Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	9 Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	10	11 UMW Meeting via Tele-Video Conference 10 am Church Council Mtg 1 pm via Zoom Tele-Video Conference
12 9 am Sunday School Call 1.605.475.4000 Access code: 260259# <i>Remote Worship &amp;</i> 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	13	14	15 Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	16 Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	17	18
19 9 am Sunday School Call 1.605.475.4000 Access code: 260259# <i>Remote Worship &amp;</i> 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	20	21	22 Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	23 Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	24	25 Trustee Meeting (via Zoom) 9 am
26 9 am Sunday School Call 1.605.475.4000 Access code: 260259# <i>Remote Worship &amp;</i> 10:30 am Call Call-in number: 1.425.436.6348 Access code: 672500#	27	28	29 Remote Bible Study 11 am 1-312-626-6799; Mtg ID: 2951017709# (Call/email the church for ZOOM video link)	30 Remote Prayer Group 11 am Call-in number: 1.425.436.6348 Access code: 672500#	31	1

## **Social Commentary**

### The Hottest Spectator Sport in America: Watching Biden Choose a Running Mate

by Laura Washington



Who needs basketball, baseball or all our other beloved, now-banished, spectator sports? America's vice-presidential sweepstakes is the hottest sport of the moment (except maybe ping-pong). Joe Biden, the presumptive 2020 Democratic presidential nominee, will soon choose a running mate. It is the most crucial decision he will make in the campaign to defeat President Donald J. Trump (except maybe leaving his basement). The former vice-president is deep into an intense, multi-pronged vetting process with a least 13 women reportedly in the mix. They represent a diverse and wide swath of America. When registered voters nationwide were asked, "Who?" no clear favorite emerged, according to New York Times/Siena College poll released Friday.

While a slew of Democratic Party influencers is calling on Biden to pick an African American, four in five registered voters said "race should not be a factor in his decision," the Times reports. That included three quarters of Black voters polled, and more than 8 in 10 white and Hispanic voters. Only a few of those reportedly under consideration have "prominent national profiles," the Times noted. U.S. Sen. Elizabeth Warren, of Massachusetts, who competed with Biden for the nomination, is known to 86 percent of voters, and is "seen favorably" by 45 percent of those surveyed. Kamala Harris, the California senator and another former presidential competitor, was known to 74 percent of the voters; 40 percent had a favorable impression.

Could Biden choose an unknown wild card to generate excitement and media coverage, in the John McCain/Sarah Palin mode? Given how "well" that worked out, highly unlikely. One brand-new entry intrigues me. I have followed U.S. Rep. Karen Bass' career since I profiled her years ago, as she mounted her 2008 bid campaign for speaker of the California Assembly, to become the first African American woman in the nation to lead a legislative body. Bass is a no-nonsense, feet-on-the ground legislator who knows how to work the hustings. She is now in her fifth term representing a Los Angeles district and chairs the Congressional Black Caucus.

At a time when Black lives might finally matter, Harris still stands out. She can eloquently and resolutely speak out for women and people of color, those hit hardest by the vast array of racial and social injustices plaguing America. The former California's attorney general and federal prosecutor is best equipped to slash and burn through Donald Trump's lies. Biden is one of a handful of people in the world

truly know the VP game. Those who served in that role, and those who chose them. He knows what the wise political sages say. When making a big decision in politics, the wise sages say, "do no harm."

# Little Known Black History Fact

## Natalie Hinderas

By D. L. Chandler



The late **Natalie Hinderas** was one of the first Black classical musicians to establish themselves in the world. Hinderas was born on June 15, 1927 in Oberlin, Ohio. Her father was a jazz pianist and her mother was a classical pianist and instructor. The Henderson family was well-known for their musical accomplishments, with Hinderas' great-grandfather also teaching and playing music.

She began playing piano at the age of three and had her first recital at the age of eight. Hinderas was the youngest person to graduate from the Oberlin Conservatory's Special Student's School, and went on to New York to study at the Julliard School of Music. She completed her formal training at the Philadelphia Conservatory of Music in 1953.

One of Hinderas' chief aims was to expose audiences to classical music, especially Black audiences. In the '60's, she became an instructor at Temple University and toured historically Black colleges and universities lecturing about Black classical musicians and performing works from that group. Hinderas also toured around the world with the U.S. State Department as part of an ongoing musical diplomacy program, and made certain to center Black musicians in her presentations.

In 1971, Hinderas became the first Black woman to appear as an instrumental soloist in a regular series of a major U.S. symphony when she appeared with the Philadelphia Orchestra. Hinderas worked as a lecturer and instructor beyond her playing days but still performed up until she died of cancer in 1987 at the age of 60.

In a 1977 interview with Contemporary Keyboard, Hinderas believed that Black music was narrowly confined to just R&B or the Blues. In her view, if a Black person composed the work and lived through their experience, it didn't matter what the genre was.

"It's very hard to define Black music. Today, the Black identity is often indistinguishable from anybody else's in [classical] music," Hinderas said. "Black music, I suppose, is music written by a black person who has gone through the black experience."

<u>Wesley United Methodist Church</u> 201 East 95 th Street Chicago, IL 60619 Rev. Charles A. Woolery, Sr., Pastor	SAVE these Conference Call NumbersSunday 10:30 am - LIVE Service1.425.436.6348Thursday 11 am - Prayer CallCode: 672500#		
	Wednesday 11 am - Bible Study:	1.312.626.6799 ID/code: 295 101 7709#	
	Sunday School 9 am – Conf Call:	1.605.475.4000 Code: 260259#	Scan the QR code on the left to donate to Wesley via smartphone or other mobile device!

## Wesley's 66th Church Anniversary!

This year we will celebrate **Wesley's 66th Church Anniversary**! We are so very grateful for the years of service to this community, yet we know there is still much left to be done.

We've kicked-off our **66th Church Anniversary Pledge Drive**, "Building for the Future." Program details will be shared periodically via email. Please prayerfully consider participating in this sacrificial giving program. These special gifts can be given in a single payment or in installments over several months. We need your sober commitment to support our church and serve the Lord through this ministry!

### 2020 Daily Bible Readings (One Year Bible Reading Plan) Week of July 5th – July 11th

### <u>July 5</u>

1 Chronicles 1:1-2:17 Acts 23:11-35 Psalm 3:1-8 Proverbs 18:14-15

### <u>July 6</u>

1 Chronicles 2:18-4:4 Acts 24:1-27 Psalm 4:1-8 Proverbs 18:16-18

### <u>July 7</u>

1 Chronicles 4:5-5:17 Acts 25:1-27 Psalm 5:1-12 Proverbs 18:19 2020 Vision: *"The Year of the Child"* (Matthew 19:14)

### <u>July 11</u>

2 Kings 23:31-25:30 Acts 22:17-23:10 Psalm 2:1-12 Proverbs 18:13

### <u>July 8</u> 1 Chronicles 5:18-6:81 Acts 26:1-32 Psalm 6:1-10 Proverbs 18:20-21

### <u>July 9</u>

1 Chronicles 7:1-8:40 Acts 27:1-20 Psalm 7:1-17 Proverbs 18:22

### <u>July 10</u>

1 Chronicles 9:1-10:14 Acts 27:21-44 Psalm 8:1-9 Proverbs 18:23-24