

Just Breathe
Mark 2:27
November 15, 2020
Pastor Kyle Murphy

Mark 2:27

Genesis 2:2
Exodus 20:8
Exodus 20:11

Rest is a Spiritual Rhythm
Luke 5:15-16
Matthew 11:28-30

Rest is a Spiritual Discipline
Matthew 11:28-30
Luke 4:1-3

Rest is a Spiritual Necessity
Mark 2:27

Jonny Diaz - "Breathe"

Francis Chan

"There is no substitute for being alone with God. If you don't have time, you need to quit something to make room. Skip a meal. Cancel a meeting. End some regular commitment. There is literally nothing more important you could do today."