

Self-Control is saying no to things that are not good for me. It means listening and acting how God wants me to rather than reacting or doing what I want.



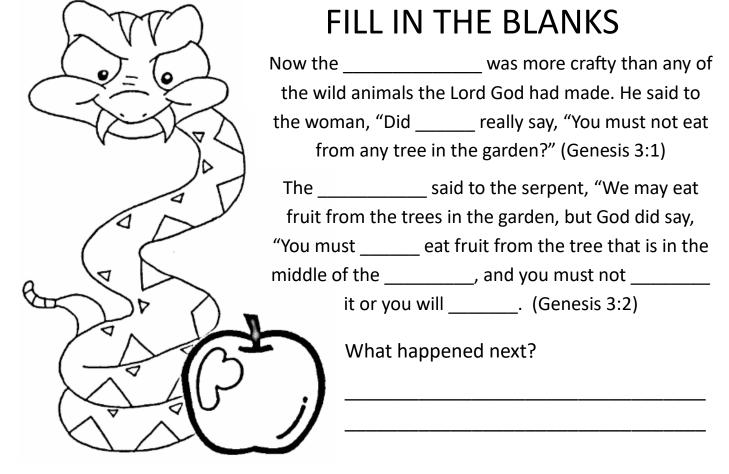
Galatians 5:22-23



List some ways you can show self-control:

- 1.
- 2.
- 3.
- 4.
- 5.





Use a pencil to make your way through the maze. When you finish use a colored pencil or marker to trace over the pencil.

What phrase do you see?

