

## Sermon Discussion Guide



Date: **July 5, 2020**

Sermon Title: **Relying on God**

Scripture Text: **Psalms 46**

In our current climate, there is lots of tension and unrest. Our nation is polarized over multiple issues. Our culture must determine who/what they rely on. Is it the government, policy, history, conservative, liberal, or God? In today's text, we find God's people in a situation of great need. Their situation demanded an answer, 'who do they rely on?'. As Christians, we find ourselves in a similar situation, which requires an answer, '*who are you relying on?*'.

### I. Rely on God's Protection (Ps. 46:1-3)

The psalmist proclaims that God is his refuge and strength (place of protection and shelter). God is the faithful Helper that can *always* be found in times of trouble. As a result, in our times of trouble, we do not need to be afraid. We can rely on God's protection!

- **How do you answer the question; \_\_\_\_\_ is my refuge and strength?**
- **How quick are you to turn to God for His protection?**
- **Describe a time when you were slow to turn to God for protection.**
- **What are some activities to help you be quicker to rely on God's protection?**

### II. Rely on God's Presence (Ps. 46:4-7)

This passage describes how God is present, regardless of our circumstances. As the world around us swirls with unrest, we can have inner peace, because God is with us. We must rely on Him to experience that peace.

- **How does the '*river*' mentioned in verse 4 represent God's presence and peace?**
- **Describe a time when you experienced God's peace, even in the midst of troubling times.**
- **How can you experiencing God's peace during times of trouble be a witness or encouragement to someone else?**

### III. Rely on God's Power (Ps. 46:8-11)

In these verses, the psalmist encourages his readers to pause and recognize the works of God. By doing so, is an opportunity to experience the power of God. Many times, our initial response is to fight our own battles. Only when we fail, do we turn and rely on God. We will not experience Him if we are fighting our battles on our own strength.

- **From these verses, list examples of the power of God.**
- **When was a time you tried to fight a battle on your own strength and failed?**
- **How can you do a better job relying on God's power, and experiencing Him through those battles?**

Today's sermon described relying on God's protection, presence, and power. What/who are you relying on? By relying on God, you will experience Him firsthand, and be better equipped to encourage others to do the same when they face their battles.

If you have a need or a prayer request, contact the church office at 850.878.5503 or complete the [Prayer Request Form](#)