



Arise Nursery News

Volume 6, Number 3
Arise Church

July, 2019
Mountain View, Arkansas

Welcome to ARISE Lil' Sparks Nursery

"GOD IS PROVIDER" UNIT SCHEDULE

July 7&10: <i>Noah</i>	Gen. 5:28-10:18.
July 14 & 17: <i>Baby Moses</i>	Exodus 1:8-2:10.
July 21 & 24: <i>God gives water</i>	Exodus 17:1-7.
July 28 & 31: <i>God gives food</i>	Exodus 16:2-36.
August 4 & 7: <i>Jericho</i>	Joshua 5:13-6:27.
Aug 11 & 14: <i>Friends David & Jonathan</i>	1Sam.18:1-4; 19:1-7; 20:1-42; 31:2; 2Sam.4:4; 9:1-13.
Aug 18 & 21: <i>Daniel in the Lions Den</i>	Daniel 5:30-6:28.
Aug 25 & 28: <i>Lilies of the Field</i>	Matthew 6:25-30, Luke 12:22-27.
Sept. 1 & 4: <i>Jairus' Daughter</i>	Matthew 9:18-19, 25-26; Mark 5:21- 43, Luke 8:40-56.
Sept. 8 & 11: <i>Lost Coin</i>	Luke 15:8-10.
Sept. 15 & 18: <i>Centurion's Servant</i>	Matthew 8:5-13.
Sept. 22 & 25: <i>Philip & the Ethiopian</i>	Acts 8:26-40.
Sept 29 & Oct 2 <i>Jesus is #1 (review)</i>	Jesus is #1 gift from Heavenly Father. Review all stories.



We are so happy that you have joined our Arise Nursery family. We have enjoyed meeting your children & look forward to ministering God's Love to them every day in our Arise Nursery. Join us every Sunday (9:45am) & Wednesday @ 6:15pm. This quarter will be all about God, our Provider. What we will be teaching your children is listed on the schedule to the left. Please consider using these lessons at home in your family devotions.

Contact us, come visit:
ARISE CHURCH
(where you can become who you were born to be)

1601 East Main St.
Mtn. View, AR 72560
(870) 269-8488
www.facebook.com/arisechurchmv

BONDING WITH CHILDREN (Part #1 of 2)

*Ask about our Nursery News archives

Chances are that you may have children of several ages in your home. In this newsletter & the next I'd like to share some ways that you may not have thought about bonding with your children. Bonding is a natural instinct put into us by the Lord. But that instinct isn't just in us, it's in our children, too. We are all "hardwired" to be drawn to each other. After all, didn't Jesus tell us that we are to "LOVE" one another? It really is the most natural thing to do. So the next time you look into those little eyes, use that time to take advantage of what the Lord has put into both of you.

1-Breastfeeding. Although this may not be possible for every-one, it is the first natural way to bond with a newborn child.

2-Keep eye contact with your child, or with baby while bottle feeding. At every opportunity look straight into your child's eyes, even when they are older.

3-Give a massage. The benefits of taking the time to rub the back or feet of any child are great. There's research on this.

4-Put your phone away. Other caring adults won't mind if they get a return call later. You are spending time with your #1 priority-your child.

5-Look in the mirror together. Babies don't understand about reflection, but they'll remember what love looks like.

6-Listen to baby's heartbeat. It will be "Music to YOUR ears" whenever you want it.

7-Sleep when your child sleeps & DON'T FEEL GUILTY! A well-rested parent is a happy parent & you both will benefit.

8-Do something "nice" for your spouse. Your child will see the bonding you two share.

9-Don't stress over milestones. All babies develop at their own pace. Enjoy the "here & now" with your child.

10-Go skin-on-skin. Kangaroo care helps regulate baby's breathing & heart beat.

11-Respond to baby's cries. Picking baby up does NOT spoil, but builds trust.

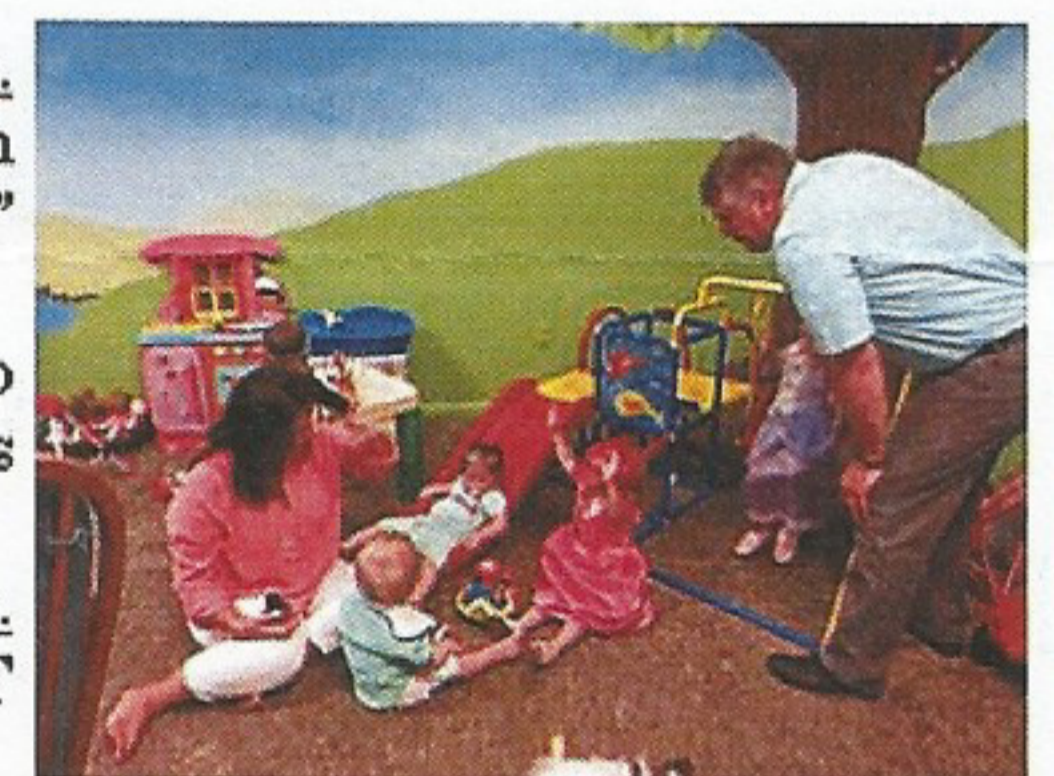
12-Swaddle your young infant to gently soothe him to sleep. <https://www.parents.com/baby/care/newborn/how-to-swaddle-baby/>

13-Take in your baby's smell for an "intoxicating" scent.

14-Spend extra time in the glider together when possible.

15-Play dress-up fashion show with baby's new or old outfits. Such fun for both of you.

It's normal to think you will instantly fall in love with your new baby. But there are times when that red-faced, wrinkled little stranger makes you wonder. That's also normal, but don't think you've failed to bond with your child. There is no one right way to bond. As long as you're having fun & feeling happy around your child & he is happy & safe....bonding will naturally occur. Enjoy!
Sincerely, Donna Deppe



**SOW THESE SEEDS
OF GOD'S WORD
INTO YOUR
CHILD'S HEART!**

**Everything good
comes from our
Heavenly Father.**

(James 1:16)