

Circle of Sisters Ministry & Fellowship

"Change From The Inside Out!"

Romans 12:2



Girl Chat: Crypto-Scripture

Bible Study: Grace, Under Fire!

Girl Chat: Crypto-Scripture Memory Verse

Bible Study: *Grace, Under Fire!*

1. What does it mean to be "Under Fire?"

The phrase "Under Fire" is commonly used when someone is being attacked, judged, and/or receiving extreme criticism. Can you write and share about a time you felt you were "Under Fire?"

Let us examine Psalm 31 (written by David), and discover how it teaches how to maintain "Grace, Under Fire!" Psalm 31 is unique in that it is considered one of the "Messianic Psalms" meaning it is specifically about Christ, and they speak of the suffering and victory of the Messiah. You can also find these psalms quoted in the New Testament.

3 Grace Factors in "Grace, Under Fire!"

Grace Factor 1: Supreme Confidence... Read Psalms 31:1-8 and list the key factors Christ exhibited even when faced with conflict from the enemy.

A. How do you react when God allows troubles in your life? Do you react in anger and bitterness or with grace and understanding?

Grace Factor 2: Pray Hard, When It's Hardest to Pray... Read Psalms 31:9-18 and list the key behaviors that Christ exhibited in the depths of trouble.

B. How do you behave when you are confronted with troubles? Do you withdraw from God and shutdown or do you reach out in prayer?
