

Instafam
“How to Change the Environment of Your Home”
selected scripture
May 13, 2018 / Kim Shannon

The Environment of our Homes can be changed through Us
being changed from a: thermometer

Thermos: hot, glowing, boiling

Metron: measure

A *Thermometer* reflects the temperature of the environment.
It simply reacts to what's happening around it.

You may be a Thermometer
if you are:

screamer
lecturer
argumentative
critical

prideful
easily angered
selfish
over-extended in
commitments

The Environment of our Homes can be changed through Us
being changed to a: thermostat

Thermos: hot, glowing, boiling

Statos: standing, stationery

A *Thermostat* regulates the environment. It sets the desired
temperature of the room and actively works to maintain it
within a given range. It's always monitoring the environment
and decides what to do to correct the situation, if it's too hot or
cold.

You may be a Thermostat
if you are:

Calm
Good listener
Not argumentative
Not easily angered

Encourager
Humble
Think the best of others
Seek God's will in
commitments

4 Steps to Becoming the Thermostats in our Homes

1. Begin or restart a relationship with God.

The Romans Road to Salvation. (See the insert in the bulletin)
Therefore, if anyone is in Christ, the new creation has come: The old has
gone, the new is here! 2 Cor. 5:17

2. Read His Word Daily.

For the word of God is alive and active. Sharper than any double-edged
sword, it penetrates even to dividing soul and spirit, joints and marrow;
it judges the thoughts and attitudes of the heart. Hebrews 4:12

3. Practice what I hear or learn.

Do not merely listen to the word, and so deceive yourselves. Do what it
says. James 1:22

4. Pray regularly for my family.

The prayer of a righteous person is powerful and effective. James 5:16b

**Be encouraged! It's never too late to become a thermostat as
long as you are breathing!**

Discussion Questions

1. What would you say you were, a thermometer (reactor) or thermostat (regulator)? What would your family say you were?
2. Are there Thermometer attributes you are dealing with? Share them with another person or your small group. Pray for each other.
3. How is your time in the Word? Do you need to begin reading? How can your group help you?
4. Share with your group or someone how God's Word has spoken to you recently about something He is working on in your life to change the environment of your home.
5. How have you put God's Word into practice this week? How will you put His Word into practice this week?
6. What can your group or another person join you in praying for your children or family?
7. Who do you know that needs to know God can help change the environment in their home? When will you share the Good News with them?

Instafam
“How to Change the Environment of Your Home”
selected scripture
May 13, 2018 / Kim Shannon

The Environment of our Homes can be changed through Us
being changed from a: _____

Thermos: _____

Metron: _____

A **Thermometer** reflects the temperature of the environment.
It simply reacts to what's happening around it.

You may be a Thermometer
if you are:

screamer
lecturer
argumentative
critical

prideful
easily angered
selfish
over-extended in
commitments

The Environment of our Homes can be changed through Us
being changed to a: _____

Thermos: _____

Statos: _____

A **Thermostat** regulates the environment. It sets the desired
temperature of the room and actively works to maintain it
within a given range. It's always monitoring the environment
and decides what to do to correct the situation, if it's too hot or
cold.

You may be a Thermostat
if you are:

Calm
Good listener
Not argumentative
Not easily angered

Encourager
Humble
Think the best of others
Seek God's will in
commitments

4 Steps to Becoming the Thermostats in our Homes

1. _____ a relationship with God.

The Romans Road to Salvation. (See the insert in the bulletin)
Therefore, if anyone is in Christ, the new creation has come: The old has
gone, the new is here! 2 Cor. 5:17

2. _____ His Word Daily.

For the word of God is alive and active. Sharper than any double-edged
sword, it penetrates even to dividing soul and spirit, joints and marrow;
it judges the thoughts and attitudes of the heart. Hebrews 4:12

3. _____ what I hear or learn.

Do not merely listen to the word, and so deceive yourselves. Do what it
says. James 1:22

4. _____ regularly for my family.

The prayer of a righteous person is powerful and effective. James 5:16b

**Be encouraged! It's never too late to become a thermostat as
long as you are breathing!**

Discussion Questions

1. What would you say you were, a thermometer (reactor) or thermostat (regulator)? What would your family say you were?
2. Are there Thermometer attributes you are dealing with? Share them with another person or your small group. Pray for each other.
3. How is your time in the Word? Do you need to begin reading? How can your group help you?
4. Share with your group or someone how God's Word has spoken to you recently about something He is working on in your life to change the environment of your home.
5. How have you put God's Word into practice this week? How will you put His Word into practice this week?
6. What can your group or another person join you in praying for your children or family?
7. Who do you know that needs to know God can help change the environment in their home? When will you share the Good News with them?