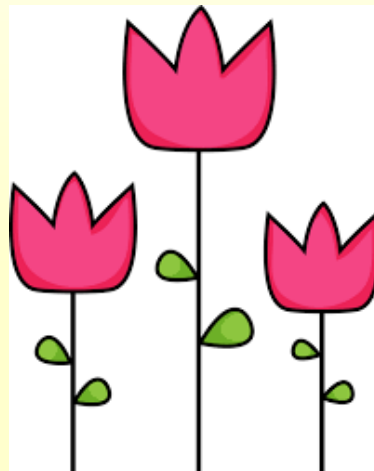




# The Window

May 2018 Newsletter



Pastor : Michael McInnis: [umcpastor@windomnet.com](mailto:umcpastor@windomnet.com)  
Christian Education Coordinator : Robin Snyder [umceducation@windomnet.com](mailto:umceducation@windomnet.com)  
Youth Leader: Robin Snyder [umcyouth@windomnet.com](mailto:umcyouth@windomnet.com)  
Treasurer: Jody Derickson [umctreasurer@windomnet.com](mailto:umctreasurer@windomnet.com)  
Volunteer Coordinator: Becki Wormstadt [umcvolunteer@windomnet.com](mailto:umcvolunteer@windomnet.com)  
Nursery Coordinator: Tammy Crowell [umcnursery@windomnet.com](mailto:umcnursery@windomnet.com)  
Office Manager: Laura Williams [umcoffice@windomnet.com](mailto:umcoffice@windomnet.com)

# DISCIPLINE IS THE PRICE WE PAY FOR FREEDOM



With the weather finally changing, many of us are planning to get outside more, exercise, and take off some of the weight we've "attracted" over these long winter months! Think about ***the value of discipline*** in various areas of your life:

- Exercise and diet regularly and you'll probably live better and longer.
- Focus 100 % on one task at a time, and generally you'll be less frazzled.

**Paradoxically, the same holds true in the spiritual realm.**

For example, when we:

- ***Take the time and effort to abide in God's word*** we are liberated from ***the tyranny of sin's bondage***:

*"If you continue in my word...you will know the truth and the truth shall make you free."* (John 8:31, 32)

- ***Joyfully endure trials***, God is then able to forge within us that inner quality of steel belted strength that results in ***personal freedom***:

*"When all kinds of trials and temptations crowd into your lives my brothers, don't resent them as intruders, but welcome them as friends. Realize that they have come to produce in you the quality of endurance. But let the process go on and you will realize that you have become men of mature character with the right kind of independence."* (James 1:2-4, Phillips Translation)

- ***Gain control over the dictates of our lower nature*** we are insured longevity in ***effective service***:  
*Everyone who competes in the games exercises self-control in all things...Therefore I run in such a way, as not without aim...I buffet my body and make it my slave, lest possibly, after I have preached to others, I myself should be disqualified (literally: "rendered ineffective"). ...for by what a man is overcome, by this he is enslaved.* (I Corinthians 9:25-27; II Peter 2:19)

**Paul speaks forcefully to this issue of discipline in stating,**

*Exercise daily in God - no spiritual flabbiness, please! Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever.* (I Timothy 4:7, The Message)

**I need to ask myself whether I AM WILLING TO PAY THE PRICE OF DISCIPLINE TO ACHIEVE FREEDOM.** The toll exacted upon me for the lack of discipline will, in the long run far exceed the price I now pay for freedom through discipline!

*May you experience God's freedom through his grace of discipline!*

*Pastor Mike*

# May

## First United Methodist Church

Pastor Michael McInnis  
974 6th Street, Windom MN 56101  
507-831-3284  
www.windomfumc.org

Office Hours  
Monday—Friday 9am-noon and 1:00—4:00pm  
Closed Holidays



### Memorial Day weekend through Labor Day weekend

8:30am Coffee Fellowship  
9:00am Worship Service

Our summer worship schedule starts Memorial weekend. Our service will start at 9:00am May 27th through Labor Day weekend.



All are invited to come to our Friendly Fellowship at noon Tuesday, May 22nd. Our program will be provided by a representative from the Minnesota Department of Transportation to talk to us about local projects. Just bring food to share, and join us for a great lunch!

## Invitation to Ladies

**Fairmont UMC  
Salad Luncheon  
Noon, Thursday May 3rd**

You are invited to go to the Salad Luncheon at Fairmont UMC. We will carpool from our church parking lot, please be at our church by 10:30am. Questions? Call Jan Dehmlow at 831-5736.



### PRAY FOR OUR NATION

*"Blessed is the nation whose God is the Lord"*  
(Psalm 3:12)

National Day of Prayer—Thursday May 3  
The sanctuary will be open for prayer  
6:00am—7:00pm  
Prayer guides are provided



## Church Family News



Congratulations to Melissa and Brendon Pletcher on the birth of their baby boy Finley Arthur Pletcher on April 18th. Finley is welcomed home by big sister Brynnley and big brother Landrey. Proud grandparents are Glen and Denise Francis, and Brad and Joyce Pletcher.

We Rejoice with Luke and Emily Buresch on the baptism of their daughter Karina Ann on April 8th. Karina's grandparents are Keith and Pauline Buresch, and Dave and Rita Halverson.



A service to celebrate the life of Anne Griffin-Lewin was held at First UMC Saturday, April 28th.

*Cards and greetings* can be sent to Julia Bonneville and her family at:  
1103 N Springbrook Rd  
Unit 17  
Newberg OR 97132





Sunday, May 13 is a day to remember and honor the gift of all the Mothers in our lives. Thank you God for Mothers!

## Okoboji Bible Conference Women's Luncheon

The Women's Luncheon at OBC is always a wonderful event. The tickets sell out right away, so we will be ordering our tickets early. Any ladies who would like to go as a group are encouraged to contact the church office by **May 8th** to get tickets together.

Event details: Wednesday, August 8 @ 1:00pm

Tickets are \$20 per person



This year's luncheon speaker is Cindy Bultema. Cindy is a women's speaker, author and Bible teacher. But don't let her cheerful smile fool you. She has persevered as a single parent, overcome addiction, and survived tragic loss. Cindy lives in Michigan with her husband and their children. When she's not running her full household, you can find her walking her two dogs, meeting a friend for coffee, attending her son's hockey games, or trying to figure out what's for dinner. It will be wonderful—please join us!



**Thank you** to our April Coordinator Shirley Lyons, and to all volunteers who served Meals on Wheels for the month of April:

Pat & Ray Elston  
Jody Vanderwerf  
Mavis Thompson  
Jan Dehmlow  
Margaret Grunig  
Vay & Arleen Rodman  
John & Jan Duscher  
Bruce & Judy Rhoda  
Judi Ray  
Doris Curry  
Pat & Mary Lee Raverty  
Jerry Moon  
Bob Mayden  
Marlys Christensen  
Linda Dawson  
Terri Jones  
Barb Torkelson  
Richard Brown

As you can see, it takes many people to provide this ministry service. Our church provides the volunteers in April and August each year, as other churches and organizations serve the other months.

Thank you all!

## Volunteer Opportunity!

A Meals On Wheels Coordinator is needed for this August, for one time only. If you would be willing to fill in for this August (the planning is done in July), please contact our Volunteer Coordinator, Becki Wormstadt to volunteer. If you would like more info on what the Coordinator does, please talk to Shirley Lyons or Marlys Christensen.







### *Our 2018 Confirmation Class!*

Left to right, back row: Joshua Hedman, Andrew Steen, Pastor Michael McInnis, Hunter Walklin, Kaleb LaCanne  
Front row: Jessica Ambrose, Jadyn Wormstadt, Delaney Smith, Victoria Vesey, Alyssa Reisdorfer

Thank you to Karla Ambrose and Hot Shots Photography for the beautiful picture!

Join us for a fundraiser event for ...



*Free-Will Offering will be taken*



Costa Rica's

**STRONG**  
MISSIONS

**Saturday, May 19<sup>th</sup>**

**6:00 - 8:00 PM**

Dinner served at 6 PM  
Tacos, Beans & Rice  
with Fixings, Fruit and Dessert  
followed by a concert featuring  
**World Beat Connection**

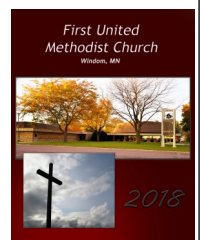
Meet founder Charlie Strong and hear about  
Strong Missions' impact in Costa Rica

**Glendale United Methodist Church**  
13550 Glendale Road, Savage, MN

### *New Picture Directories*

Our new Picture Directories are available at the Welcome Center. A big thank you to Karla Ambrose for all her work on the directory! There are plenty of books available, so if your family is not pictured, please feel free to still take a directory. We had a great turnout for this book, and we hope to have even more participate the next time around.

Please note that addresses and phone numbers are available in another book, the Church Directory. This book is updated each year, and is available on the information wall.





United  
Methodist  
Women

FAITH • HOPE • LOVE IN ACTION

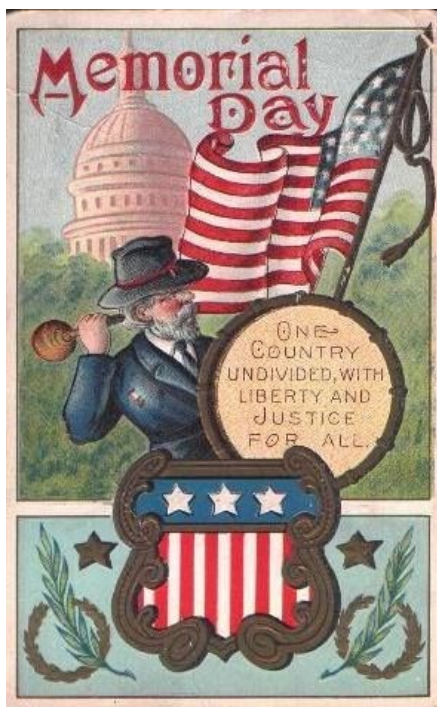
## UMW May Calendar

Tues 1st 9:30am Exec Meeting  
Wed 2nd 3:30pm Lois Circle  
Thurs 3rd 10:30am Fairmont UMC Salad  
Luncheon carpool—meet in our  
church parking lot  
Wed 9th 2:00pm Friendship Circle  
Thurs 17th Ubuntu Day—Columbus OH  
Fri-Sun 18-20th—Assembly—Columbus OH  
Tues 29th Pre-Conference Seminar with  
COSROW—Kelly Inn, St. Cloud



### *First Things Sponsors Needed*

Sponsors are needed for our First Things Radio ministry. A Sponsor is needed for May 27. Sponsorship openings are also available in July, August, September and December. If you would like to sponsor a broadcast, please let the church office know.



### *2018 Love Offering "Discover Joy: Live Deeply"*

The churches of the Minnesota Conference of the United Methodist Church have a tradition of collecting donations during the month of May each year for a few Minnesota missions. This year they have chose the following missions to receive the Love Offering....

- ⇒ Puerto Rico Hurricane Recovery Trips through Volunteers In Mission (VIM) trips
- ⇒ Park Avenue UMC Children's Defense Fund Freedom Schools Program
- ⇒ NUMAS Haus, an emergency shelter in New Ulm

More information on the Love Offering and this year's recipients can be found on the info wall—look for 2018 Love Offering for Missions.



### ***Host an International Student!***

Nacel Open Door student exchange programs are seeking people ready to open their lives, hearts, and homes to international students. If you are interested or have questions, contact Julianne Antes at 507-304-2143, 831-1469, or [bigroad7@windomnet.com](mailto:bigroad7@windomnet.com).

There is a poster from Nacel Open Door with more information in our west hall. If you are interested and would like the church office to contact them through a referral, that is also available. Nacel will make a donation to the church if someone the church refers becomes a host family.





# Christian Education News

May 2018

## Special points of interest:

- May 2nd: KFC right after school until approximately 6:30pm.
- May 13th: Mother's Day!
- May 13th VBS Registrations are due.
- May 20th: Senior Recognition Sunday
- May 20th: Last Day of Sunday School—SS Volunteer/Student Recognition Breakfast at 9:00am
- June 3rd-7th: VBS!! 6:00-8:30pm each Night.

## JOIN US FOR VACATION BIBLE SCHOOL!

### Ready for the adventure of a lifetime?

We have an adventure for everyone at FUMC! Join us for our VBS Program – Shipwrecked, Rescued By Jesus– June 3rd-7th.

At Shipwrecked, kids will learn to look for God's creativity in the world around them!

We will participate in a hands-on mission project. Our offerings will be used to provide drought resistant seeds for families in Haiti.

Invite your children's friends to attend. VBS is open to children Pre-school age through 5th grade.



JOIN US FOR VBS—  
June 3rd-7th

**We couldn't do this program without our great volunteers. Please consider helping out this year. This includes youth and adults.**

lobby or call Robin at 831-3284. Mark these dates on your calendar: June 3rd-7th. The fun starts at 6:00 PM and goes until 8:30 PM each night. Parents and all of our Church family, please join us during the Fanfare Finale each night at 8:15 to see all that the kids have experienced that night at VBS. After the Sail Away Sendoff on June 7th, we will enjoy a sweet treat together! Everyone is invited!

## CONGRATULATIONS TO THIS YEAR'S GRADUATES!

Danielle Ambrose  
Tessla Crowell  
Sam Diemer  
Dalton Smith  
Emily Steen  
Zach Wormstadt

*We wish you all the best!!*



## SUNDAY SCHOOL CELEBRATION

Everyone is invited to join us on Sunday, May 20th for our end of year Sunday School Celebration! We will be enjoying breakfast during the regular Sunday School hour at 9:00am. We will enjoy eating together, as a church family, and take time to thank all of our Sunday School volunteers, recognize our graduating seniors, and honor our Sunday School students.

**COME CELEBRATE WITH US!**



# KFC



The **FINAL** KFC of the school year will be on Wednesday, May 2nd. The year went SO fast!! We will have some special fun planned for the last session of the year!

KFC is for all kids (and their friends) in grades 3rd, 4th, and 5th. We will pick the kids up after school and head to *The Garage*, in Springfield for bowling and pizza.



## 2018

Camping Brochures are  
in  
the information area  
in the church lobby.

You also can find  
camping  
scholarship  
applications there  
as well.

If you need any more  
information  
please see Robin.





# REGISTRATION FORM

All students in grades Pre-school-5th grade are welcome!  
June 3rd-7th from 6:00-8:30pm each night.

Permission to photocopy this resource from Group's Shipwrecked VBS granted for local church use.  
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# Campership Application Form

Camp & Retreat Ministries

Minnesota Annual Conference of the United Methodist Church

The Camp & Retreat Board feels strongly that everyone who wants to attend camp can do so, and that no camper will ever be turned away because they can't afford to pay. Camp Minnesota provides campership funds to individuals who need them most, based on the individual's and family's needs. Our expectation is that your local church, personal funds, other sources of support and conference support will combine to cover the registration cost for one conference camping event of your choice. Please allow enough time for this application to be reviewed prior to your camp experience.

## I. Personal Information:

Name \_\_\_\_\_ Camper Name(s) *(if different from applicant)* \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

My local church name (if a member or affiliated) \_\_\_\_\_

Pastor \_\_\_\_\_ Phone \_\_\_\_\_

## II. Camp Information

I am attending Camp # \_\_\_\_\_ Camp Title \_\_\_\_\_

Camp Location \_\_\_\_\_ Dates \_\_\_\_\_

## III. Campership Request – Please check all that apply

- ☐ **General Campership Fund** – Need based camperships for United Methodist members.
- ☐ **Religion and Race Campership Fund** – Need based camperships for campers of the following ethnic groups: African-American, Asian, Hispanic, and Native-American
- ☐ **Our Future Kids in Camp Fund** – Special outreach camperships for youth & families not connected to a church.

Camper Name(s):		
Total Cost of Camp Event:		
	\$	\$
Sources of Income Available to Me	Personal Funds:	- \$
	My Local Church Support:	- \$
	Other Sources:	- \$
Balance Needed*:		= \$

**\*I understand that funds are limited and I will be notified of my actual campership award.**

## IV. Questions & Reference

1. Please briefly explain your reason for request of funds in support of the above camper(s).

2. Is this the only camp/retreat event this camper will attend this calendar year? **YES** **NO**

If not, please share the other camp/retreat events this camper has or will attend, if you have received a campership grant, and how much that campership grant was for.

3. Please share briefly what your local church or other resource agency is doing to help you, or what you have attempted to use as a resource.

Please list a reference (non-family) who we can contact who would have some knowledge of your situation. Suggestions are your church pastor, secretary, youth worker, Sunday school teacher, school counselor, social worker, scout leader or other such person.

Reference Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Reference Email: \_\_\_\_\_

Signature of reference (required): \_\_\_\_\_

**V. Completion** - Please complete all fields. Incomplete applications may not be accepted. Campers with no connection to a local church may contact the Camping Office for information on available support. Some special limitations may apply to camp events held outside the Minnesota conference. Your privacy in this matter is important and we will do all we can to maintain that integrity.

We hope to see you this summer at camp, a life-changing and faith shaping experience, and promise to do whatever we can to make this possible!

God's blessings,  
Camp & Retreat Board

**Return Completed Applications to:**

Camp Minnesota  
122 W. Franklin Ave Suite 400  
Minneapolis, MN 55404  
Fax: (612) 870-1260  
camps@campminnesota.org





2018 Camping Scholarship Application Form  
Windom First United Methodist Church

**I. Personal Information:**

Camper Name \_\_\_\_\_ Parent's Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**II. Camp Information:**

I am attending Camp(camp title) \_\_\_\_\_

Is this a Methodist Church Camp? \_\_\_\_\_

Camp Location \_\_\_\_\_ Dates of Camp \_\_\_\_\_

Cost of Camp \_\_\_\_\_

Is this the only camp/retreat event this camper will attend this calendar year:      **YES**                      **NO**

Please share briefly why you would enjoy going to this camp?

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\*I understand that funds are limited and I will be notified of my actual campership award.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date



Minnesota Annual Conference of the United Methodist Church

## CONFERENCE CONNECTIONS

All United Methodist churches are connected through shared mission and ministry and united in their efforts to grow in love of God and neighbor, reach new people, and heal a broken world. Check out these news tidbits from the Minnesota Annual Conference, which serves all 360 United Methodist churches in the state.

- **Bishop Ough: 'The Risen Christ is Coming':** Christ is risen! Christ is risen, indeed! Easter is about Jesus standing among us in every circumstance, in every place, Bishop Bruce R. Ough said in his Easter message. "Easter is about Jesus reaching out to us across the great dark abysses of despair, doubt, and death, and saying, 'Peace be with you.' Easter is about realizing that our story, our journey, with Jesus is beginning rather than ending. Easter is about God making it irrefutably clear that 'God's dwelling place is here with humankind' (Revelation 21:2-3)."
- **Your generosity makes a difference:** Last year, you helped one church launch, one church expand to a second location, nine churches start one of two key revitalization processes, and 35 churches create new ministries through congregational development grants. That's just the beginning of what was made possible through apportionments, the share each local church pays to support international, national, and local missions. Locally, apportionments help fund new churches, training opportunities for clergy and laity, grants to support churches' ministry and outreach efforts, the conference camping ministry, and much more. Thank you for your giving, which helps us reach new people for Christ and live into John Wesley's belief that "the world is my parish."

- **2018 Annual Conference—Discover Joy: Live Deeply:** May 29-June 1, St. Cloud. Join us at the 2018 Annual Conference (as a voting member or a visitor) as we connect to our collective story of how God has named and claimed us, and explore how we have found life in Jesus. It will be a meaningful time of worship, learning, and discerning. Register by May 1 for the best rates. Learn more: [www.minnesotaumc.org/annualconference](http://www.minnesotaumc.org/annualconference)

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## BRIGHT SPOTS IN OUR MIDST

- **MN United Methodists advocate for Liberian refugees:** Thousands of Liberian refugees who have been legally living in the U.S. for years are facing the possibility of being deported in 2019. Several Minnesota United Methodists are working to change that through advocacy in Washington, D.C. and locally. Wynfred Russell, who worships at Brooklyn UMC in Brooklyn Park and North UMC in Minneapolis, and three clergy are actively pushing for a path to citizenship for those with Deferred Enforced Departure (DED) status, and Brooklyn UMC has brought in volunteer lawyers to consult with impacted Liberians. Meanwhile, Bishop Bruce R. Ough has called on the Trump administration and all United Methodists to see the face of Christ in the refugee.
- **200 youth explore faith, call through retreats:** More than 200 Minnesota United Methodist youth explored their unique call and what it means to commit their lives to Christ at two separate March retreats—a Confirmation gathering at Koronis Ministries in Paynesville and a Southern Prairie District event at a camp near Iowa. "It was a way to really take some time apart and think about who they are in relationship with Jesus," said Rev. Tony Fink, who serves Fairmont UMC and brought youth to the Confirmation retreat. "They can build on this for the rest of their life."

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## STAY CONNECTED!

"Like" the Minnesota Annual Conference on Facebook, follow the conference on Twitter and Instagram (@MinnesotaUMC), and sign up (at [www.minnesotaumc.org](http://www.minnesotaumc.org)) for e-newsletters. For more information about any of the items listed above, visit [www.minnesotaumc.org](http://www.minnesotaumc.org).

	Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
	Taco Salad: 3oz Taco Meat 1/2oz. Cheese, 2 Tbsp Salsa 1c. Shred lettuce & chopped Tomatoes 1Tb. Sour Crm, Dinner Roll/Marg 1/2 c. Fresh Fruit, Dessert 8 oz. Low Fat Milk	6oz. Chicken in Cream Sauce 1/2 c. Mashed Potatoes 1/2 c. Peas Bread/Margarine Dessert 8 oz. Low Fat Milk	3 oz. Pork Loin 1/2 c. Buttered Boiled Potatoes 1/2 c. Creamed Carrots Bread/Margarine Dessert 8 oz. Low Fat Milk	4 oz. Italian Meat Sauce 4 oz. Spaghetti Noodles 1/2 c. Lettuce/Drsg/1/2c Gr. Beans Garlic Bread/Margarine Dessert 8 oz. Low Fat Milk
<b>Monday, May 7</b>	<b>Tuesday, May 8</b>	<b>Wednesday, May 9</b>	<b>Thursday, May 10</b>	<b>Friday, May 11</b>
3 oz. Salisbury Steak 1/2 c. Mashed Potatoes 1/2 c. Mixed Vegetables Bread/Margarine Dessert 8 oz. Low Fat Milk	3 oz. BBQ Pork 1/2 c. Potato Salad 1/2 c. Cauliflower Bun/Margarine Dessert 8 oz. Low Fat Milk	6 oz. Baked Rigatoni & Beef 1/2 c. Corn 1/2 c. Fruit Salad Bread/Margarine Dessert 8 oz. Low Fat Milk	4 oz. Ham Slice 1/2 c. Macaroni & Cheese 1/2 c. Green Beans Bread/Margarine Dessert 8 oz. Low Fat Milk <b>COOKS CHOICE</b>	8 oz. Tator Tot hotdish 1/2 c. Country Blend Veg 1/2 c. Fresh Fruit Bread/Margarine Dessert 8 oz. Low Fat Milk <b>Minnesota Day</b>
<b>Monday, May 14</b>	<b>Tuesday, May 15</b>	<b>Wednesday, May 16</b>	<b>Thursday, May 17</b>	<b>Friday, May 18</b>
4 oz. Beef Tips/Gravy 1/2 c. Noodles/1/2 Peaches 1/2 c. Country Blend Veget. Bread/Margarine Dessert 8 oz. Low Fat Milk <b>Mother's Day</b>	4 oz. Swedish Meatballs 1/2 c. Paprika Potatoes 1/2 c Creamed Spinach Bread/Margarine Dessert 8 oz. Low Fat Milk	3 oz. Roast Turkey 1/2c. Mashed Potatoes/Gravy 1/2c. Green Beans Cranberry Sc. Garnish Dessert 8 oz. Low Fat Milk	3oz. Country Steak/Country Gravy 1/2 c. Whole Potatoes 1/2 c. Squash Bread/Margarine Dessert 8 oz. Low Fat Milk	4 oz. BBQ Chicken Brst Sandwich 1/2c. Creamy Cucumber Salad 1/2 c. Fresh Fruit Bun/Margarine Dessert 8 oz. Low Fat Milk
<b>Monday, May 21</b>	<b>Tuesday, May 22</b>	<b>Wednesday, May 23</b>	<b>Thursday, May 24</b>	<b>Friday, May 25</b>
6 oz. Chicken Chow Mein 1/2c. Rice/Chow Mein Noodles 1/2 c. Oriental Vegetables 1/2 c. Mandarin Oranges Dessert 8 oz. Low Fat Milk	3 oz. Roast Pork 1/2 c. Whole Potatoes 1/2 c. Buttered Cabbage Bread/Margarine Dessert 8 oz. Low Fat Milk <b>\$2 Tuesday</b>	Chef Salad 1 oz. each Turkey, Ham, Cheese on 1 cup Lettuce/Salad Drsg. 1/2 c. Tomato & Cucum. Slices Muffin/Marg./Dessert 8 oz. Low Fat Milk	3 oz. Roast Beef 1/2 c. Mashed Potatoes 1/2 c. Carrots Dinner Roll/Margarine Dessert 8 oz. Low Fat Milk <b>Birthday Lunch</b>	5 oz. Parmesan Chicken Baked Potato Sr. Crm. 1/2 c. California Blend Veg Bread/Margarine Dessert 8 oz. Low Fat Milk
<b>Monday, May 28</b>	<b>Tuesday, May 29</b>	<b>Wednesday, May 30</b>	<b>Thursday, May 31</b>	<b>GIFT CERTIFICATES</b> <b>for meals available at</b> <b>your site or</b> <b>purchase on line at</b> <a href="http://www.lssmn.org/nutrition">www.lssmn.org/nutrition</a> <b>WINDOM SENIOR DINING</b> <b>831-6161</b>
<b>CLOSED</b>	3 oz. Liver or Pepper Steak 1/2 c. Buttered Boiled Potatoes 1/2 c. Peas Bread/Margarine Dessert 8 oz. Low Fat Milk	4 oz. Meatloaf/Catsup 1/2 c. Mashed Potatoes 1/2 c. Green Beans Bread/Margarine Dessert 8 oz. Low Fat Milk	5 oz. Oven Crispy Chicken 1/2 c. Sweet Potatoes 1/2 c. Mixed Vegetables Bread/Margarine Dessert 8 oz. Low Fat Milk	

This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging.


Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by: Terri Weyer, RD, LD

Posted menu is regular diet & provides average of 700-800 calories. Diabetic, sodium and fat restricted menus available upon request.


MENU SUBJECT TO CHANGE.



# First United Methodist Church ~May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30a UMW Executive Meeting 6:00p Service Broadcast Ch 3	<b>2</b> 9:00a Bible Study 3:30p Lois Circle After School – Kids For Christ 6:30 Bible Study	<b>3</b> National Day of Prayer – Church open for prayer 6a-7p 6:30a Men's Breakfast @ Hardee's	<b>4</b> 6:30a McPrayer @ McDonald's	<b>5</b>
<b>6 Confirmation</b> 9:00a Coffee 9:00 Sunday School 9:00 Adult Groups 10:30 Worship Service 11:30 First Things	<b>7</b>	<b>8</b> 12:30p Missions 6:00p Service Broadcast Ch 3 5:00p Okoboji BC Women's Luncheon Ticket Deadline	<b>9</b> 9:00a Bible Study 2:00p Friendship Circle 6:30 Bible Study 7:00 Trustees Meeting 7:30 Finance Meeting 7:30 SPRC Meeting	<b>10</b> 6:30a Men's Breakfast @ Hardee's	<b>11</b> 6:30a McPrayer @ McDonald's	<b>12</b>
<b>13 Mother's Day</b> 9:00a Sunday School 9:00 Adult Groups 9:00 Coffee 10:30 Worship Service 11:30 First Things	<b>14</b>	<b>15</b> 6:00p Service Broadcast Ch 3	<b>16</b> 9:00a Bible Study 6:30p Bible Study 7:30p ReThink Team	<b>17</b> 6:30a Men's Breakfast @ Hardee's	<b>18</b> 6:30a McPrayer @ McDonald's	<b>19</b> Breakfast Prep
<b>20 Sunday School Celebration</b> 9:00a Sunday School Breakfast/Awards 9:00 Coffee 10:30 Worship Service Graduate Recognition 11:30 First Things	<b>21</b>	<b>22</b> 12:00p Friendly Fellowship 6:00p Service Broadcast Ch 3	<b>23</b> 7:00p Baccalaureate at High School	<b>24</b> 6:30a Men's Breakfast @ Hardee's	<b>25</b>	<b>26</b> Summer church schedule starts this weekend!
<b>27</b> 8:30a Coffee 9:00 Worship Service 11:30 First Things	<b>28</b>  <b>Memorial Day</b> Church office closed	<b>29</b> 6:00p Service Broadcast Ch 3	<b>30</b> Annual Conference St Cloud	<b>31</b> Annual Conference St Cloud	<b>1</b> Annual Conference St Cloud	

# 1<sup>st</sup> UMC Birthdays & Anniversaries ~May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Julie Diemer Jerome & Marcia Smith	2 Ken Paulson Gavin Zamzow	3 Saydie Raverty	4 Jennifer Jeffrey Wayne & Su Jeffrey	5 Kaleb Curry Mike Simon
6	7 Jeremy Green Andrew Pfeffer Scott Zamzow	8	9 Elaine Bramstedt Teigen Wormstadt Brian & Kristi Hedman	10	11 Julie Donchez	12
13 Kody & Shaina Johnson	14	15	16 Marv Grunig	17 Jan Duscher Le Krumrey	18 Nicole Inman	19 Glenda Defries Kristi Hedman
20 Leah Hollon	21 Harold Caviness	22 Amanda Buresch Loren Defries Brynnley Pletcher Mary Lee Raverty	23 Riley Inman	24	25	26
27 Landrey Pletcher Peggy Roll	28	29 Samantha Branch Deloy & Ellen King	30 Marlene Simon	31 Shaina Johnson	Are we missing anyone? Please let the church office know.	Birthdays Anniversaries